

Ergebnis – LM und DHM Lang, Sandkrug, 18.05.2023

2023-05-18

DHM Damen		(16 / 19)	Zeit	Rückstand	Zeit verloren
1.	Emma Caspari	WG Göttingen	57:23		1:51
	2:34 (2:34)	3:01 (5:35)		7:19 (15:15)	9:10 (24:25)
	7:10 (35:12)	6:21 (41:33)		2:05 (45:17)	2:58 (48:15)
	3:46 (53:32)	1:27 (54:59)		0:20 (57:23)	1:31 (49:46)
2.	Anna Wartewig	TU Dresden	58:15	+0:52	0:34
	2:26 (2:26)	3:11 (5:37)		6:11 (14:47)	9:39 (24:26)
	6:22 (34:28)	6:59 (41:27)		2:18 (45:28)	3:12 (48:40)
	3:37 (54:35)	1:20 (55:55)		0:19 (58:15)	2:18 (50:58)
3.	Isabel Seeger	WG München	1:00:55	+3:32	2:06
	2:45 (2:45)	3:02 (5:47)		6:33 (15:06)	10:56 (26:02)
	6:46 (36:38)	8:12 (44:50)		2:03 (48:22)	3:20 (51:42)
	3:55 (57:15)	1:15 (58:30)		0:22 (1:00:55)	1:38 (53:20)
4.	Marit Wersin	WG Mainz	1:03:24	+6:01	0:00
	2:38 (2:38)	3:10 (5:48)		6:39 (15:05)	10:22 (25:27)
	6:55 (36:42)	7:40 (44:22)		2:31 (48:40)	3:48 (52:28)
	4:23 (58:48)	1:30 (1:00:18)		0:28 (1:03:24)	4:20 (29:47)
5.	Meike Hennseler	WG Jena	1:06:56	+9:33	4:59
	2:40 (2:40)	3:09 (5:49)		6:41 (14:55)	11:57 (26:52)
	6:54 (37:41)	8:59 (46:40)		2:33 (51:16)	3:38 (54:54)
	3:48 (1:01:42)	2:33 (1:04:15)		0:23 (1:06:56)	3:00 (57:54)
6.	Hannah Hänsel	Uni Leipzig	1:08:42	+11:19	7:52
	2:47 (2:47)	3:16 (6:03)		6:26 (15:05)	10:54 (25:59)
	6:37 (36:24)	6:46 (43:10)		3:46 (48:51)	4:11 (53:02)
	9:41 (1:04:47)	1:20 (1:06:07)		0:25 (1:08:42)	3:48 (29:47)
7.	Annika Strauß	WG Hannover	1:10:21	+12:58	1:49
	3:09 (3:09)	3:45 (6:54)		7:25 (17:23)	13:27 (30:50)
	7:16 (42:34)	7:56 (50:30)		2:39 (55:16)	4:14 (59:30)
	4:27 (1:05:52)	1:45 (1:07:37)		0:26 (1:10:21)	1:55 (1:01:25)
8.	Anke von Gaza	WG Göttingen	1:11:58	+14:35	1:54
	2:54 (2:54)	3:36 (6:30)		7:39 (17:13)	11:16 (28:29)
	7:34 (40:53)	8:21 (49:14)		3:14 (55:11)	5:01 (1:00:12)
	4:33 (1:07:06)	1:46 (1:08:52)		0:28 (1:11:58)	4:50 (33:19)
9.	Hanne Kaufmann	WG Halle	1:13:01	+15:38	2:36
	3:42 (3:42)	3:45 (7:27)		7:25 (17:44)	13:50 (31:34)
	8:17 (44:42)	8:55 (53:37)		2:46 (58:14)	4:08 (1:02:22)
	4:13 (1:08:40)	1:32 (1:10:12)		0:23 (1:13:01)	2:05 (1:04:27)
10.	Felicitas Vogt	Uni Leipzig	1:16:35	+19:12	2:52
	3:03 (3:03)	4:09 (7:12)		7:54 (18:07)	12:41 (30:48)
	8:43 (44:11)	8:39 (52:50)		3:40 (58:46)	5:13 (1:03:59)
	4:34 (1:11:39)	1:52 (1:13:31)		0:28 (1:16:35)	4:40 (35:28)
11.	Pia Buchholz	WG Göttingen	1:19:21	+21:58	2:43
	3:03 (3:03)	3:46 (6:49)		8:37 (18:38)	12:30 (31:08)
	9:02 (45:03)	8:56 (53:59)		3:04 (59:24)	4:39 (1:04:03)
	4:56 (1:12:28)	3:17 (1:15:45)		0:27 (1:19:21)	3:29 (1:07:32)
12.	Solia Stamer	TU Braunschweig	1:20:53	+23:30	9:01
	3:56 (3:56)	3:47 (7:43)		7:27 (19:40)	13:39 (33:19)
	7:35 (45:20)	15:05 (1:00:25)		2:51 (1:05:20)	4:27 (1:09:47)
	4:21 (1:16:40)	1:30 (1:18:10)		0:26 (1:20:53)	2:32 (1:12:19)
13.	Inga Hollmann	WG Hannover	1:44:27	+47:04	12:02
	4:35 (4:35)	5:22 (9:57)		8:25 (22:04)	23:36 (45:40)
	10:55 (1:03:16)	9:57 (1:13:13)		4:21 (1:24:37)	5:07 (1:29:44)
	6:00 (1:38:08)	2:11 (1:40:19)		0:37 (1:44:27)	6:41 (52:21)
	Charlotte Leonhardt	TU Dresden	Fehlst.		2:24 (1:32:08)
	3:03 (3:03)	3:09 (6:12)		7:02 (15:49)	– (–)
	– (–)	– (29:16)		– (40:44)	– (–)
	– (–)	– (–)		– (1:17:59)	– (–)
	Charlotte Pottkamp	TU Dresden	Fehlst.		
	16:45 (16:45)	3:11 (19:56)		11:00 (35:09)	– (–)
	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)		– (1:16:15)	– (–)
	Kaatje Fantini	TU Braunschweig	Nicht Ang.		
	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)		– (–)	– (–)

DHM Herren		(24 / 28)	Zeit	Rückstand	Zeit verloren
1.	Ole Hennseler	WG Göttingen	1:02:15		0:00
	2:19 (2:19)	5:36 (10:08)		1:20 (11:28)	7:59 (19:27)
	1:44 (23:16)	1:22 (24:38)		3:16 (29:02)	3:32 (32:34)
	9:28 (48:58)	1:12 (50:10)		2:59 (54:46)	1:50 (56:36)
	0:54 (1:00:23)	1:35 (1:01:58)		0:17 (1:02:15)	2:53 (59:29)
2.	Lucas Imsweiler	WG Karlsruhe	1:04:39	+2:24	0:00
	2:48 (2:48)	5:38 (11:01)		1:21 (12:22)	7:49 (20:11)
	1:39 (23:53)	1:29 (25:22)		3:18 (29:53)	3:59 (33:52)
	9:36 (50:43)	1:22 (52:05)		3:01 (56:40)	1:45 (58:25)
	1:09 (1:02:37)	1:43 (1:04:20)		0:19 (1:04:39)	3:03 (1:01:28)

3.	Markus Grätsch	TU Dresden	1:09:01	+6:46	0:00		
	2:16 (2:16)	1:56 (4:12)	5:35 (9:47)	1:14 (11:01)	9:17 (20:18)	2:39 (22:57)	
	1:44 (24:41)	1:35 (26:16)	1:27 (27:43)	3:25 (31:08)	4:51 (35:59)	8:06 (44:05)	
	10:06 (54:11)	1:20 (55:31)	1:46 (57:17)	3:02 (1:00:19)	2:35 (1:02:54)	3:10 (1:06:04)	
	0:59 (1:07:03)	1:41 (1:08:44)	0:17 (1:09:01)				
4.	Konrad Stamer	TU Braunschweig	1:09:29	+7:14	0:48		
	2:52 (2:52)	2:33 (5:25)	5:56 (11:21)	1:26 (12:47)	9:34 (22:21)	2:15 (24:36)	
	1:29 (26:05)	1:35 (27:40)	1:30 (29:10)	3:12 (32:22)	3:54 (36:16)	7:34 (43:50)	
	10:46 (54:36)	1:22 (55:58)	1:57 (57:55)	3:20 (1:01:15)	1:54 (1:03:09)	3:20 (1:06:29)	
	1:03 (1:07:32)	1:38 (1:09:10)	0:19 (1:09:29)				
5.	Florian Pasda	TU Dresden	1:16:29	+14:14	1:02		
	2:46 (2:46)	2:28 (5:14)	6:33 (11:47)	1:56 (13:43)	9:34 (23:17)	3:33 (26:50)	
	1:55 (28:45)	1:47 (30:32)	1:29 (32:01)	3:47 (35:48)	5:14 (41:02)	7:46 (48:48)	
	11:34 (1:00:22)	1:25 (1:01:47)	1:55 (1:03:42)	3:08 (1:06:50)	2:22 (1:09:12)	3:40 (1:12:52)	
	1:23 (1:14:15)	1:54 (1:16:09)	0:20 (1:16:29)				
6.	Kolya Sass	WG Karlsruhe	1:17:42	+15:27	1:51		
	2:32 (2:32)	2:03 (4:35)	6:31 (11:06)	1:37 (12:43)	10:04 (22:47)	2:30 (25:17)	
	2:05 (27:22)	1:52 (29:14)	1:38 (30:52)	4:16 (35:08)	5:03 (40:11)	8:21 (48:32)	
	11:01 (59:33)	1:26 (1:00:59)	2:16 (1:03:15)	4:21 (1:07:36)	2:18 (1:09:54)	3:22 (1:13:16)	
	2:06 (1:15:22)	2:00 (1:17:22)	0:20 (1:17:42)				
7.	Till Geiler	TU Dresden	1:19:44	+17:29	2:11		
	4:00 (4:00)	2:08 (6:08)	6:37 (12:45)	1:39 (14:24)	9:15 (23:39)	2:37 (26:16)	
	1:58 (28:14)	1:51 (30:05)	1:28 (31:33)	4:00 (35:33)	5:00 (40:33)	8:46 (49:19)	
	12:41 (1:02:00)	1:34 (1:03:34)	2:40 (1:06:14)	4:09 (1:10:23)	2:27 (1:12:50)	3:29 (1:16:19)	
	1:08 (1:17:27)	1:55 (1:19:22)	0:22 (1:19:44)				
8.	Nils Javier Elbing	WG Weingarten	1:25:19	+23:04	4:58		
	2:49 (2:49)	3:08 (5:57)	6:51 (12:48)	1:24 (14:12)	9:02 (23:14)	3:04 (26:18)	
	2:14 (28:32)	1:57 (30:29)	1:47 (32:16)	3:51 (36:07)	5:23 (41:30)	8:45 (50:15)	
	12:03 (1:02:18)	2:11 (1:04:29)	4:23 (1:08:52)	4:42 (1:13:34)	3:01 (1:16:35)	3:32 (1:20:07)	
	2:48 (1:22:55)	2:03 (1:24:58)	0:21 (1:25:19)				
9.	Emil Sasse	WG Göttingen	1:28:38	+26:23	6:58		
	3:23 (3:23)	2:39 (6:02)	6:44 (12:46)	1:54 (14:40)	10:57 (25:37)	2:47 (28:24)	
	1:51 (30:15)	1:54 (32:09)	1:36 (33:45)	4:13 (37:58)	5:44 (43:42)	8:34 (52:16)	
	12:03 (1:04:19)	1:42 (1:06:01)	2:12 (1:08:13)	8:40 (1:16:53)	2:37 (1:19:30)	3:26 (1:22:56)	
	3:20 (1:26:16)	2:00 (1:28:16)	0:22 (1:28:38)				
10.	Marek Klein	TU Dresden	1:30:25	+28:10	3:12		
	3:05 (3:05)	2:39 (5:44)	8:15 (13:59)	1:58 (15:57)	10:49 (26:46)	2:50 (29:36)	
	2:06 (31:42)	2:08 (33:50)	1:53 (35:43)	4:23 (40:06)	5:19 (45:25)	9:06 (54:31)	
	14:20 (1:08:51)	1:37 (1:10:28)	2:58 (1:13:26)	4:56 (1:18:22)	2:57 (1:21:19)	4:44 (1:26:03)	
	1:32 (1:27:35)	2:23 (1:29:58)	0:27 (1:30:25)				
11.	Leon Kollenbach	WG Göttingen	1:33:18	+31:03	4:59		
	2:57 (2:57)	2:36 (5:33)	8:33 (14:06)	2:12 (16:18)	10:08 (26:26)	3:08 (29:34)	
	2:36 (32:10)	2:20 (34:30)	2:07 (36:37)	5:20 (41:57)	6:46 (48:43)	10:28 (59:11)	
	13:09 (1:12:20)	1:47 (1:14:07)	2:24 (1:16:31)	5:40 (1:22:11)	2:36 (1:24:47)	3:58 (1:28:45)	
	1:50 (1:30:35)	2:20 (1:32:55)	0:23 (1:33:18)				
12.	Nilas Stamer	HS Stralsund	1:33:56	+31:41	6:43		
	7:28 (7:28)	2:02 (9:30)	7:51 (17:21)	1:48 (19:09)	9:55 (29:04)	2:52 (31:56)	
	2:19 (34:15)	2:09 (36:24)	1:14 (37:38)	4:25 (42:03)	6:09 (48:12)	9:39 (57:51)	
	15:26 (1:13:17)	1:54 (1:15:11)	2:46 (1:17:57)	4:18 (1:22:15)	3:18 (1:25:33)	4:04 (1:29:37)	
	1:42 (1:31:19)	2:17 (1:33:36)	0:20 (1:33:56)				
13.	Aaron Wandelt	Jade-HS	1:37:37	+35:22	7:50		
	2:58 (2:58)	2:37 (5:35)	7:43 (13:18)	1:52 (15:10)	11:05 (26:15)	3:15 (29:30)	
	3:03 (32:33)	1:48 (34:21)	8:31 (42:52)	4:00 (46:52)	5:20 (52:12)	9:42 (1:01:54)	
	14:16 (1:16:10)	2:22 (1:18:32)	2:24 (1:20:56)	4:49 (1:25:45)	3:26 (1:29:11)	4:00 (1:33:11)	
	1:29 (1:34:40)	2:31 (1:37:11)	0:26 (1:37:37)				
14.	Luis John	WG Mainz	1:40:53	+38:38	7:55		
	3:06 (3:06)	2:52 (5:58)	9:12 (15:10)	2:06 (17:16)	10:36 (27:52)	2:51 (30:43)	
	2:17 (33:00)	3:03 (36:03)	2:21 (38:24)	6:15 (44:39)	6:10 (50:49)	10:06 (1:00:55)	
	16:08 (1:17:03)	2:14 (1:19:17)	3:52 (1:23:09)	5:49 (1:28:58)	3:09 (1:32:07)	4:26 (1:36:33)	
	1:35 (1:38:08)	2:20 (1:40:28)	0:25 (1:40:53)				
15.	Markus Weller	WG Aachen	1:41:13	+38:58	12:15		
	4:26 (4:26)	3:33 (7:59)	7:37 (15:36)	3:14 (18:50)	9:40 (28:30)	3:00 (31:30)	
	2:19 (33:49)	2:56 (36:45)	1:50 (38:35)	5:28 (44:03)	6:04 (50:07)	13:09 (1:03:16)	
	13:01 (1:16:17)	2:06 (1:18:23)	5:21 (1:23:44)	6:55 (1:30:39)	2:35 (1:33:14)	4:00 (1:37:14)	
	1:21 (1:38:35)	2:12 (1:40:47)	0:26 (1:41:13)				
16.	Lorenzo Wormer	WG Karlsruhe	1:43:58	+41:43	8:21		
	4:07 (4:07)	3:59 (8:06)	11:42 (19:48)	3:08 (22:56)	12:10 (35:06)	3:51 (38:57)	
	3:02 (41:59)	2:56 (44:55)	3:02 (47:57)	5:10 (53:07)	6:35 (59:42)	8:50 (1:08:32)	
	12:47 (1:21:19)	2:31 (1:23:50)	3:26 (1:27:16)	4:58 (1:32:14)	2:59 (1:35:13)	4:20 (1:39:33)	
	1:43 (1:41:16)	2:18 (1:43:34)	0:24 (1:43:58)				
17.	Maksim Feldmann	WG Aachen	1:48:44	+46:29	5:25		
	4:20 (4:20)	2:56 (7:16)	9:25 (16:41)	2:34 (19:15)	14:44 (33:59)	3:09 (37:08)	
	2:36 (39:44)	3:11 (42:55)	1:49 (44:44)	5:06 (49:50)	6:27 (56:17)	12:52 (1:09:09)	
	15:22 (1:24:31)	2:06 (1:26:37)	3:45 (1:30:22)	6:34 (1:36:56)	2:50 (1:39:46)	4:28 (1:44:14)	
	1:42 (1:45:56)	2:26 (1:48:22)	0:22 (1:48:44)				
18.	Gian Luca Spitz	WG Aachen	2:03:23	+1:01:08	10:11		
	3:34 (3:34)	2:46 (6:20)	9:44 (16:04)	2:12 (18:16)	16:22 (34:38)	3:44 (38:22)	
	3:18 (41:40)	4:33 (46:13)	2:54 (49:07)	6:07 (55:14)	7:37 (1:02:51)	12:11 (1:15:02)	
	20:21 (1:35:23)	2:18 (1:37:41)	4:44 (1:42:25)	7:29 (1:49:54)	3:39 (1:53:33)	4:46 (1:58:19)	
	1:50 (2:00:09)	2:48 (2:02:57)	0:26 (2:03:23)				
19.	Finn Ole Hänsel	HS Emden-Leer	2:03:27	+1:01:12	8:49		

	4:21 (4:21)	2:46 (7:07)	9:59 (17:06)	2:10 (19:16)	17:31 (36:47)	3:49 (40:36)
	3:31 (44:07)	2:17 (46:24)	2:27 (48:51)	5:25 (54:16)	11:32 (1:05:48)	13:11 (1:18:59)
	17:58 (1:36:57)	2:45 (1:39:42)	5:09 (1:44:51)	5:19 (1:50:10)	3:13 (1:53:23)	5:00 (1:58:23)
	1:33 (1:59:56)	2:56 (2:02:52)	0:35 (2:03:27)			
20.	Nikolaus Risch	Uni Paderborn		2:16:13	+1:13:58	14:36
	5:33 (5:33)	3:49 (9:22)	10:09 (19:31)	8:08 (27:39)	13:46 (41:25)	4:07 (45:32)
	3:04 (48:36)	3:57 (52:33)	2:23 (54:56)	6:26 (1:01:22)	8:06 (1:09:28)	13:01 (1:22:29)
	19:09 (1:41:38)	5:07 (1:46:45)	3:01 (1:49:46)	8:24 (1:58:10)	7:02 (2:05:12)	5:35 (2:10:47)
	1:51 (2:12:38)	3:06 (2:15:44)	0:29 (2:16:13)			
21.	Simon Neukamp	HS Stralsund		3:20:12	+2:17:57	34:43
	4:29 (4:29)	5:04 (9:33)	12:07 (21:40)	2:40 (24:20)	37:02 (1:01:22)	6:15 (1:07:37)
	3:23 (1:11:00)	2:47 (1:13:47)	2:35 (1:16:22)	10:18 (1:26:40)	27:00 (1:53:40)	16:47 (2:10:27)
	22:07 (2:32:34)	4:19 (2:36:53)	4:47 (2:41:40)	9:08 (2:50:48)	6:42 (2:57:30)	— (—)
	— (—)	— (3:19:25)	0:47 (3:20:12)			
	Martin Scheuermann	TU Dresden		Nicht Ang.		
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)			
	Maximilian Bell	HS Stralsund		Nicht Ang.		
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)			
	Rasmus Koch	HS Stralsund		Nicht Ang.		
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)			

DHM Pokal A			(2 / 5)	Zeit	Rückstand	Zeit verloren
1.	Torsten Kaufmann	TU Dresden		1:11:57	3:03	
	3:30 (3:30)	3:59 (7:29)	10:23 (17:52)	2:44 (20:36)	13:44 (34:20)	4:12 (38:32)
	10:49 (49:21)	2:40 (52:01)	3:19 (55:20)	6:04 (1:01:24)	5:23 (1:06:47)	1:54 (1:08:41)
	2:50 (1:11:31)	0:26 (1:11:57)				
2.	Sebastian Maschek	WG Halle		1:20:36	+8:39	12:18
	5:01 (5:01)	12:02 (17:03)	9:45 (26:48)	2:15 (29:03)	15:59 (45:02)	3:13 (48:15)
	8:24 (56:39)	2:34 (59:13)	4:13 (1:03:26)	7:09 (1:10:35)	5:11 (1:15:46)	1:46 (1:17:32)
	2:41 (1:20:13)	0:23 (1:20:36)				

DHM Pokal B			(3 / 6)	Zeit	Rückstand	Zeit verloren
1.	Franka Dietze	WG Göttingen		44:18	0:00	
	3:29 (3:29)	3:58 (7:27)	4:07 (11:34)	5:34 (17:08)	8:21 (25:29)	2:58 (28:27)
	2:40 (31:07)	5:09 (36:16)	1:36 (37:52)	2:57 (40:49)	3:05 (43:54)	0:24 (44:18)
2.	Tomke Luks	TU Braunschweig		1:48:18	+1:04:00	47:54
	18:39 (18:39)	30:25 (49:04)	8:58 (58:02)	8:53 (1:06:55)	10:43 (1:17:38)	3:30 (1:21:08)
	3:53 (1:25:01)	14:57 (1:39:58)	1:46 (1:41:44)	3:12 (1:44:56)	2:52 (1:47:48)	0:30 (1:48:18)
	Lydia Heidemann	WG Göttingen		Nicht Ang.		
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)