

Pl	Name	Zeit													
D10 (Damen bis 10) (1)			1,6 km 45 Hm		7 P										
		1(31)	2(32)	3(97)	4(44)	5(34)	6(35)	7(100)	Ziel						
1	Kabbert Emilia DJK Adler 07 Bottrop	31:19	9:07	12:37	17:07	20:14	26:03	29:41	30:59	31:19					
			9:07	3:30	4:30	3:07	5:49	3:38	1:18	0:20					
D12 (Damen bis 12) (2)			1,6 km 45 Hm		7 P										
		1(31)	2(32)	3(97)	4(44)	5(34)	6(35)	7(100)	Ziel						
	AK Bohl Sabine Ski-Club Unna Reindl Alva DJK Adler 07 Bottrop	Fehlst	----	6:42	20:42	33:11	----	----	----	14:26	28:05				
		N Ang		6:42	14:00	12:29				*92	*33				
D14 (Damen bis 14) (1)			2,9 km 75 Hm		11 P										
		1(91)	2(97)	3(40)	4(32)	5(37)	6(33)	7(39)	8(34)	9(35)	10(42)	11(100)	Ziel		
1	Caspari Lola OL Team Lippe	49:36	9:36	14:30	21:39	24:22	27:12	30:15	39:15	43:01	46:47	47:39	49:17	49:36	
			9:36	4:54	7:09	2:43	2:50	3:03	9:00	3:46	3:46	0:52	1:38	0:19	
D16 (Damen bis 16) (1)			4,4 km 135 Hm		11 P										
		1(37)	2(85)	3(82)	4(86)	5(87)	6(84)	7(40)	8(34)	9(41)	10(35)	11(100)	Ziel		
1	Hamich Philin Bielefelder TG	1:03:46	8:39	26:41	31:43	32:45	39:22	41:49	55:16	59:33	1:00:54	1:02:04	1:03:23	1:03:46	
			8:39	18:02	5:02	1:02	6:37	2:27	13:27	4:17	1:21	1:10	1:19	0:23	
D18 (Damen bis 18) (3)			5,6 km 180 Hm		13 P										
		1(85)	2(82)	3(86)	4(84)	5(93)	6(94)	7(54)	8(55)	9(40)	10(95)	11(94)	12(35)	13(100)	
		Ziel													
1	Kollenbach Louisa Ski-Club Helsa	1:08:16	17:27	20:56	21:38	27:20	30:25	36:39	44:19	46:03	49:25	56:10	58:43	1:06:31	1:07:52
			17:27	3:29	0:42	5:42	3:05	6:14	7:40	1:44	3:22	6:45	2:33	7:48	1:21
		1:08:16													
		0:24													
2	Harms Lisa WOLF Haltern	1:09:58	22:44	25:29	26:20	32:10	34:33	41:44	49:31	50:14	52:50	58:10	1:00:21	1:08:05	1:09:32
			22:44	2:45	0:51	5:50	2:23	7:11	7:47	0:43	2:36	5:20	2:11	7:44	1:27
		1:09:58													
		0:26													
3	Pfromm Chiara WOLF Haltern	1:17:07	23:49	29:16	30:49	37:57	42:08	48:36	55:45	56:41	59:19	1:05:36	1:07:51	1:15:21	1:16:44
			23:49	5:27	1:33	7:08	4:11	6:28	7:09	0:56	2:38	6:17	2:15	7:30	1:23
		1:17:07													
		0:23													
D19- (Damen ab 19) (5)			6,7 km 230 Hm		17 P										
		1(55)	2(54)	3(84)	4(87)	5(81)	6(88)	7(83)	8(80)	9(82)	10(86)	11(90)	12(96)	13(95)	
		14(40)	15(41)	16(42)	17(100)	Ziel									
1	Caspari Emma OL Team Lippe	1:03:53	1:41	2:35	11:03	11:43	15:09	27:07	29:08	29:56	39:32	40:19	48:59	54:02	54:56
			1:41	0:54	8:28	0:40	3:26	11:58	2:01	0:48	9:36	0:47	8:40	5:03	0:54
			59:39	1:01:50	1:02:34	1:03:37	1:03:53								
			4:43	2:11	0:44	1:03	0:16								
2	Stölting Lea OL Team Lippe	1:22:04	2:06	3:22	13:50	14:33	18:18	33:15	36:01	37:24	51:15	52:01	1:03:01	1:09:32	1:10:32
			2:06	1:16	10:28	0:43	3:45	14:57	2:46	1:23	13:51	0:46	11:00	6:31	1:00
			1:17:11	1:19:42	1:20:35	1:21:43	1:22:04								
			6:39	2:31	0:53	1:08	0:21								
3	Grunau Ines DJK Adler 07 Bottrop	1:31:33	2:26	3:57	15:37	16:28	21:58	39:42	43:01	44:28	58:27	59:35	1:10:42	1:17:18	1:18:29
			2:26	1:31	11:40	0:51	5:30	17:44	3:19	1:27	13:59	1:08	11:07	6:36	1:11
			1:24:21	1:28:44	1:29:55	1:31:10	1:31:33								
			5:52	4:23	1:11	1:15	0:23								
4	Hollmann Inga Bielefelder TG	1:34:30	3:46	4:59	16:41	17:18	22:17	40:35	42:57	43:59	56:43	57:45	1:10:52	1:19:12	1:20:35
			3:46	1:13	11:42	0:37	4:59	18:18	2:22	1:02	12:44	1:02	13:07	8:20	1:23
			1:26:59	1:30:54	1:32:28	1:34:04	1:34:30								
			6:24	3:55	1:34	1:36	0:26								
	Tausendfreund Anna WOLF Haltern	N Ang													
D35 (Damen ab 35) (3)			5,6 km 180 Hm		13 P										
		1(85)	2(82)	3(86)	4(84)	5(93)	6(94)	7(54)	8(55)	9(40)	10(95)	11(94)	12(35)	13(100)	
		Ziel													
1	Depta Monika OLG Siegerland	48:11	14:17	17:28	18:15	23:08	25:04	29:59	34:09	34:44	36:43	40:26	41:56	46:43	47:50
			14:17	3:11	0:47	4:53	1:56	4:55	4:10	0:35	1:59	3:43	1:30	4:47	1:07
			48:11												
			0:21												
2	Niederland Asja DJK Adler 07 Bottrop	1:07:38	21:31	25:08	26:07	32:18	35:25	41:26	47:41	48:35	51:52	56:49	59:13	1:05:43	1:07:11
			21:31	3:37	0:59	6:11	3:07	6:01	6:15	0:54	3:17	4:57	2:24	6:30	1:28
		1:07:38													
		0:27													
	Kabbert Annika DJK Adler 07 Bottrop	N Ang													

Pl	Name	Zeit													
D45 (Damen ab 45) (3)		4,6 km 145 Hm			12 P										
		1(84)	2(87)	3(85)	4(82)	5(86)	6(81)	7(90)	8(96)	9(95)	10(39)	11(42)	12(100)	Ziel	
1	Caspari Pia	1:24:33	20:50	21:51	30:42	34:36	36:02	45:32	56:54	1:09:31	1:10:47	1:16:53	1:22:10	1:24:12	1:24:33
	OL Team Lippe		20:50	1:01	8:51	3:54	1:26	9:30	11:22	12:37	1:16	6:06	5:17	2:02	0:21
2	Harms Martina	1:28:03	23:45	25:00	33:51	38:02	39:14	48:30	1:00:25	1:12:06	1:13:45	1:20:13	1:25:28	1:27:31	1:28:03
	WOLF Haltern		23:45	1:15	8:51	4:11	1:12	9:16	11:55	11:41	1:39	6:28	5:15	2:03	0:32
3	Höfner Sylke	2:17:43	27:18	28:40	41:15	46:51	48:40	1:04:49	1:31:36	1:48:42	1:51:12	2:01:42	2:11:37	2:14:34	2:17:43
	OLV Uslar		27:18	1:22	12:35	5:36	1:49	16:09	26:47	17:06	2:30	10:30	9:55	2:57	3:09
D55 (Damen ab 55) (8)		4,4 km 135 Hm			11 P										
		1(37)	2(85)	3(82)	4(86)	5(87)	6(84)	7(40)	8(34)	9(41)	10(35)	11(100)	Ziel		
1	Korff Ulrike	51:54	4:31	21:05	23:49	25:02	30:54	31:53	43:56	46:08	47:40	49:51	51:29	51:54	
	SC Achmer		4:31	16:34	2:44	1:13	5:52	0:59	12:03	2:12	1:32	2:11	1:38	0:25	
2	Rihko-Struckmann Liisa	53:18	5:18	22:36	26:38	27:33	33:26	34:16	45:16	47:55	49:40	51:04	52:47	53:18	
	Braunschweiger MTV		5:18	17:18	4:02	0:55	5:53	0:50	11:00	2:39	1:45	1:24	1:43	0:31	
3	Setzer-Britwum Ulrike	59:33	6:40	24:34	28:58	29:57	36:01	37:05	49:42	53:34	55:06	56:55	59:12	59:33	
	OLG Siegerland		6:40	17:54	4:24	0:59	6:04	1:04	12:37	3:52	1:32	1:49	2:17	0:21	
4	Hohberg Iris	1:09:22	8:05	29:37	34:26	35:56	42:05	43:24	57:50	1:01:27	1:03:43	1:06:55	1:08:55	1:09:22	
	ASG Teutoburger Wald		8:05	21:32	4:49	1:30	6:09	1:19	14:26	3:37	2:16	3:12	2:00	0:27	
5	Hollmann Martina	1:10:38	6:34	29:31	34:49	35:51	43:16	44:30	1:00:25	1:03:32	1:06:09	1:08:09	1:10:13	1:10:38	
	Bielefelder TG		6:34	22:57	5:18	1:02	7:25	1:14	15:55	3:07	2:37	2:00	2:04	0:25	
6	Schulte Theresia	1:22:47	7:24	30:26	35:19	37:02	45:56	54:31	1:11:40	1:15:44	1:18:21	1:20:17	1:22:17	1:22:47	
	SC Melle 03		7:24	23:02	4:53	1:43	8:54	8:35	17:09	4:04	2:37	1:56	2:00	0:30	
7	Dersch-Kollenbach Brigitte	1:28:36	8:07	36:12	42:33	44:12	53:10	54:29	1:14:05	1:18:56	1:22:05	1:25:29	1:27:49	1:28:36	
	Ski-Club Helsa		8:07	28:05	6:21	1:39	8:58	1:19	19:36	4:51	3:09	3:24	2:20	0:47	
8	Gierlach Maria	2:14:17	16:12	1:02:45	1:10:28	1:12:47	1:24:46	1:32:49	1:56:34	2:04:04	2:07:10	2:10:03	2:13:45	2:14:17	
	WOLF Haltern		16:12	46:33	7:43	2:19	11:59	8:03	23:45	7:30	3:06	2:53	3:42	0:32	
D65 (Damen ab 65) (3)		2,7 km 80 Hm			11 P										
		1(43)	2(91)	3(90)	4(96)	5(95)	6(40)	7(34)	8(41)	9(35)	10(42)	11(100)	Ziel		
1	van Straaten Ute	48:11	1:55	11:42	18:00	28:31	30:14	37:50	41:31	43:37	45:11	46:05	47:43	48:11	
	TuS Stewede		1:55	9:47	6:18	10:31	1:43	7:36	3:41	2:06	1:34	0:54	1:38	0:28	
2	Friedl Jessica	1:44:53	2:30	18:09	45:03	1:03:16	1:06:01	1:22:16	1:27:42	1:31:39	1:37:26	1:39:15	1:43:49	1:44:53	
	TuS Stewede		2:30	15:39	26:54	18:13	2:45	16:15	5:26	3:57	5:47	1:49	4:34	1:04	
	Willmann Renate	N Ang													
	TuS Stewede														
D75 (Damen ab 75) (1)		2,7 km 80 Hm			11 P										
		1(43)	2(91)	3(90)	4(96)	5(95)	6(40)	7(34)	8(41)	9(35)	10(42)	11(100)	Ziel		
1	Breckle Uta	1:33:42	3:05	18:45	41:12	53:59	56:20	1:08:23	1:21:51	1:24:39	1:27:10	1:30:20	1:33:04	1:33:42	
	Bielefelder TG		3:05	15:40	22:27	12:47	2:21	12:03	13:28	2:48	2:31	3:10	2:44	0:38	
H10 (Herren bis 10) (1)		1,6 km 45 Hm			7 P										
		1(31)	2(32)	3(97)	4(44)	5(34)	6(35)	7(100)	Ziel						
	Reindl August-Friedrich	N Ang													
	DJK Adler 07 Bottrop														
H14 (Herren bis 14) (1)		2,9 km 75 Hm			11 P										
		1(91)	2(97)	3(40)	4(32)	5(37)	6(33)	7(39)	8(34)	9(35)	10(42)	11(100)	Ziel		
1	Harms Matthias	46:36	6:47	11:11	17:23	20:46	23:58	26:51	36:07	40:13	43:45	44:37	46:15	46:36	
	WOLF Haltern		6:47	4:24	6:12	3:23	3:12	2:53	9:16	4:06	3:32	0:52	1:38	0:21	
		41:41													
		*41													
H16 (Herren bis 16) (2)		5,6 km 180 Hm			13 P										
		1(85)	2(82)	3(86)	4(84)	5(93)	6(94)	7(54)	8(55)	9(40)	10(95)	11(94)	12(35)	13(100)	
		Ziel													
1	Wiebelitz Sönke	57:38	21:02	23:24	24:19	28:36	31:33	38:45	43:08	43:40	45:15	49:09	50:35	56:28	57:21
	OLG Siegerland		21:02	2:22	0:55	4:17	2:57	7:12	4:23	0:32	1:35	3:54	1:26	5:53	0:53
		57:38													
		0:17													
2	Lindemann Malte	59:02	18:02	20:31	21:13	26:18	28:30	35:26	40:04	40:41	42:31	47:05	48:40	57:28	58:44
	Bielefelder TG		18:02	2:29	0:42	5:05	2:12	6:56	4:38	0:37	1:50	4:34	1:35	8:48	1:16
		59:02													
		0:18													
H17k (Herren bis 17 kurz) (4)		4,6 km 145 Hm			12 P										
		1(84)	2(87)	3(85)	4(82)	5(86)	6(81)	7(90)	8(96)	9(95)	10(39)	11(42)	12(100)	Ziel	
1	Schulte Florian	52:48	14:50	15:36	21:36	24:43	25:34	30:55	38:01	43:55	45:12	47:43	51:30	52:27	52:48
	SC Melle 03		14:50	0:46	6:00	3:07	0:51	5:21	7:06	5:54	1:17	2:31	3:47	0:57	0:21
2	Gödde Tobias	1:01:52	15:01	15:34	22:02	24:59	25:46	32:28	44:06	50:43	51:46	55:07	1:00:07	1:01:33	1:01:52
	DJK Adler 07 Bottrop		15:01	0:33	6:28	2:57	0:47	6:42	11:38	6:37	1:03	3:21	5:00	1:26	0:19
3	Gieseler Christian	1:06:38	16:20	17:14	24:07	28:13	29:18	36:50	47:30	54:33	55:50	59:26	1:04:16	1:06:00	1:06:38
	OLG Siegerland		16:20	0:54	6:53	4:06	1:05	7:32	10:40	7:03	1:17	3:36	4:50	1:44	0:38
4	Bersuck Lukas	1:08:05	16:33	17:40	25:09	28:26	29:30	36:51	47:06	56:32	57:55	1:01:29	1:06:10	1:07:39	1:08:05

