

| Pl            | tnr | Name                      | Kat  | Zeit           | 1,9 km        |             |              |              |              |              |              |              |              |              |              | Ziel         |
|---------------|-----|---------------------------|------|----------------|---------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
|               |     |                           |      |                | 1(101)        | 2(102)      | 3(103)       | 4(104)       | 5(105)       | 6(106)       | 7(107)       | 8(108)       | 9(109)       | 10(110)      | 11(111)      |              |
| <b>1 (17)</b> |     |                           |      |                | <b>11 P</b>   |             |              |              |              |              |              |              |              |              |              |              |
| 1             |     | <b>Anton Bernhardt</b>    | H10  | <b>13:58</b>   | 1:31          | 2:51        | 4:11         | 5:30         | 6:18         | 6:51         | 8:24         | 9:36         | <b>10:49</b> | <b>12:02</b> | <b>12:58</b> | <b>13:58</b> |
|               |     | ASC Breidenbach           |      |                | 1:31          | 1:20        | 1:20         | <b>1:19</b>  | <b>0:48</b>  | <b>0:33</b>  | <b>1:33</b>  | 1:12         | <b>1:13</b>  | <b>1:13</b>  | <b>0:56</b>  | <b>1:00</b>  |
| 2             |     | <b>Erik Rathje</b>        | H10  | <b>14:29</b>   | <b>1:19</b>   | <b>1:58</b> | <b>2:58</b>  | <b>4:34</b>  | <b>5:30</b>  | <b>6:23</b>  | <b>8:14</b>  | <b>9:25</b>  | 11:01        | 12:21        | 13:26        | 14:29        |
|               |     | TGM Budenheim             |      |                | <b>1:19</b>   | <b>0:39</b> | <b>1:00</b>  | 1:36         | 0:56         | 0:53         | 1:51         | <b>1:11</b>  | 1:36         | 1:20         | 1:05         | 1:03         |
| 3             |     | <b>Julius Dingwerth</b>   | H10  | <b>18:32</b>   | 1:35          | 2:28        | 3:42         | 5:05         | 6:04         | 6:52         | 8:42         | 10:24        | 11:59        | 13:56        | 16:54        | 18:32        |
|               |     | TGM Budenheim             |      |                | 1:35          | 0:53        | 1:14         | 1:23         | 0:59         | 0:48         | 1:50         | 1:42         | 1:35         | 1:57         | 2:58         | 1:38         |
| 4             |     | <b>Emil Simminger</b>     | H10  | <b>19:20</b>   | 1:56          | 2:51        | 4:31         | 6:12         | 7:22         | 8:40         | 10:27        | 12:16        | 14:02        | 16:20        | 17:36        | 19:20        |
|               |     | OLV Steinberg             |      |                | 1:56          | 0:55        | 1:40         | 1:41         | 1:10         | 1:18         | 1:47         | 1:49         | 1:46         | 2:18         | 1:16         | 1:44         |
| 5             |     | <b>Swantje Zühlke</b>     | D10  | <b>20:18</b>   | 2:01          | 2:53        | 4:17         | 6:19         | 7:33         | 8:16         | 9:49         | 11:40        | 13:33        | 17:50        | 19:10        | 20:18        |
|               |     | TGM Budenheim             |      |                | 2:01          | 0:52        | 1:24         | 2:02         | 1:14         | 0:43         | <b>1:33</b>  | 1:51         | 1:53         | 4:17         | 1:20         | 1:08         |
| 6             |     | <b>Gabriel Wegscheide</b> | H10  | <b>22:52</b>   | 2:32          | 4:01        | 5:53         | 8:21         | 10:05        | 11:11        | 13:06        | 15:08        | 17:02        | 19:26        | 21:09        | 22:52        |
|               |     | OLV Steinberg             |      |                | 2:32          | 1:29        | 1:52         | 2:28         | 1:44         | 1:06         | 1:55         | 2:02         | 1:54         | 2:24         | 1:43         | 1:43         |
| 7             |     | <b>Mieke Höfer</b>        | D10  | <b>22:56</b>   | 3:27          | 4:35        | 6:09         | 8:50         | 10:13        | 11:02        | 13:15        | 14:57        | 17:09        | 19:37        | 21:16        | 22:56        |
|               |     | OLV Steinberg             |      |                | 3:27          | 1:08        | 1:34         | 2:41         | 1:23         | 0:49         | 2:13         | 1:42         | 2:12         | 2:28         | 1:39         | 1:40         |
| 8             |     | <b>Leon Hübinger</b>      | H10  | <b>23:47</b>   | 1:50          | 3:18        | 4:48         | 6:15         | 7:29         | 8:36         | 10:35        | 11:58        | 13:19        | 16:15        | 18:10        | 23:47        |
|               |     | (ohne Verein)             |      |                | 1:50          | 1:28        | 1:30         | 1:27         | 1:14         | 1:07         | 1:59         | 1:23         | 1:21         | 2:56         | 1:55         | 5:37         |
| 9             |     | <b>Rhea Kontos</b>        | D10  | <b>24:38</b>   | 2:21          | 4:20        | 6:16         | 8:30         | 10:28        | 12:02        | 14:35        | 16:08        | 18:07        | 22:12        | 23:38        | 24:38        |
|               |     | TGM Budenheim             |      |                | 2:21          | 1:59        | 1:56         | 2:14         | 1:58         | 1:34         | 2:33         | 1:33         | 1:59         | 4:05         | 1:26         | <b>1:00</b>  |
| 10            |     | <b>Lucas Gros</b>         | H10  | <b>26:34</b>   | 2:03          | 4:02        | 5:29         | 7:33         | 9:15         | 10:31        | 13:20        | 15:37        | 17:38        | 23:16        | 25:13        | 26:34        |
|               |     | OLF Mainz                 |      |                | 2:03          | 1:59        | 1:27         | 2:04         | 1:42         | 1:16         | 2:49         | 2:17         | 2:01         | 5:38         | 1:57         | 1:21         |
| 11            |     | <b>Leo Hoffmann</b>       | H10  | <b>26:38</b>   | 2:50          | 4:51        | 6:38         | 9:21         | 11:11        | 12:20        | 15:04        | 17:55        | 19:46        | 22:54        | 24:54        | 26:38        |
|               |     | TGM Budenheim             |      |                | 2:50          | 2:01        | 1:47         | 2:43         | 1:50         | 1:09         | 2:44         | 2:51         | 1:51         | 3:08         | 2:00         | 1:44         |
| 12            |     | <b>Linus Kerner</b>       | H10  | <b>27:14</b>   | 2:30          | 3:44        | 5:42         | 9:12         | 11:20        | 12:39        | 14:49        | 18:09        | 20:24        | 23:45        | 25:38        | 27:14        |
|               |     | OLV Steinberg             |      |                | 2:30          | 1:14        | 1:58         | 3:30         | 2:08         | 1:19         | 2:10         | 3:20         | 2:15         | 3:21         | 1:53         | 1:36         |
| 13            |     | <b>Tilda Ehrlich</b>      | D10  | <b>27:45</b>   | 1:57          | 3:32        | 5:18         | 7:40         | 9:38         | 10:39        | 12:44        | 14:52        | 16:36        | 19:54        | 21:55        | 27:45        |
|               |     | OLV Steinberg             |      |                | 1:57          | 1:35        | 1:46         | 2:22         | 1:58         | 1:01         | 2:05         | 2:08         | 1:44         | 3:18         | 2:01         | 5:50         |
| 14            |     | <b>Lasse Ehrlich</b>      | H10  | <b>27:50</b>   | 2:18          | 3:25        | 5:33         | 8:22         | 9:41         | 10:37        | 12:55        | 14:50        | 17:09        | 19:52        | 22:00        | 27:50        |
|               |     | OLV Steinberg             |      |                | 2:18          | 1:07        | 2:08         | 2:49         | 1:19         | 0:56         | 2:18         | 1:55         | 2:19         | 2:43         | 2:08         | 5:50         |
| 15            |     | <b>Filipp Harston</b>     | H10  | <b>51:23</b>   | 6:15          | 8:39        | 15:02        | 0:00         | 0:00         | 0:00         | 0:00         | 0:00         | 0:00         | 0:00         | 0:00         | 0:00         |
|               |     | OLG Lummerland            |      |                | 6:15          | 2:24        | 6:23         |              |              |              |              |              |              |              |              |              |
|               |     | <b>Veronika Simonovs</b>  | D10  | <b>N Ang</b>   |               |             |              |              |              |              |              |              |              |              |              |              |
|               |     | (ohne Verein)             |      |                |               |             |              |              |              |              |              |              |              |              |              |              |
|               |     | <b>Valentin Ball</b>      | H10  | <b>N Ang</b>   |               |             |              |              |              |              |              |              |              |              |              |              |
|               |     | OLV Steinberg             |      |                |               |             |              |              |              |              |              |              |              |              |              |              |
| <b>2 (7)</b>  |     |                           |      |                | <b>4,4 km</b> |             |              |              |              |              |              |              |              |              |              |              |
|               |     |                           |      |                | <b>11 P</b>   |             |              |              |              |              |              |              |              |              |              |              |
|               |     |                           |      |                | 1(104)        | 2(115)      | 3(135)       | 4(134)       | 5(120)       | 6(119)       | 7(138)       | 8(112)       | 9(108)       | 10(117)      | 11(111)      | Ziel         |
| 1             |     | <b>Richard Nitze</b>      | TL   | <b>39:18</b>   | <b>3:38</b>   | <b>7:47</b> | <b>11:44</b> | <b>15:20</b> | <b>22:21</b> | <b>24:18</b> | <b>28:50</b> | <b>32:19</b> | <b>35:16</b> | <b>37:04</b> | <b>38:29</b> | <b>39:18</b> |
|               |     | (ohne Verein)             |      |                | <b>3:38</b>   | <b>4:09</b> | <b>3:57</b>  | <b>3:36</b>  | <b>7:01</b>  | 1:57         | <b>4:32</b>  | <b>3:29</b>  | <b>2:57</b>  | <b>1:48</b>  | <b>1:25</b>  | <b>0:49</b>  |
| 2             |     | <b>Matthias Kühlewein</b> | TL   | <b>48:53</b>   | 5:43          | 10:37       | 15:28        | 19:41        | 27:55        | 29:50        | 36:40        | 40:44        | 44:02        | 46:17        | 47:46        | 48:53        |
|               |     | OL-Team Filder            |      |                | 5:43          | 4:54        | 4:51         | 4:13         | 8:14         | <b>1:55</b>  | 6:50         | 4:04         | 3:18         | 2:15         | 1:29         | 1:07         |
| 3             |     | <b>Tatjana Kimmel</b>     | TL   | <b>1:02:44</b> | 6:22          | 13:15       | 20:13        | 25:28        | 36:19        | 39:04        | 47:16        | 52:05        | 55:47        | 58:51        | 1:00:59      | 1:02:44      |
|               |     | Oberenthaler SC           |      |                | 6:22          | 6:53        | 6:58         | 5:15         | 10:51        | 2:45         | 8:12         | 4:49         | 3:42         | 3:04         | 2:08         | 1:45         |
| 4             |     | <b>Gerhard Garbas</b>     | Wand | <b>1:13:58</b> | 7:49          | 15:12       | 23:01        | 29:09        | 40:45        | 44:24        | 55:11        | 1:01:00      | 1:05:42      | 1:09:16      | 1:11:55      | 1:13:58      |
|               |     | TV Oberbexbach            |      |                | 7:49          | 7:23        | 7:49         | 6:08         | 11:36        | 3:39         | 10:47        | 5:49         | 4:42         | 3:34         | 2:39         | 2:03         |
|               |     | <b>Anke Hoth</b>          | Wand | <b>Fehlst</b>  | 9:52          | 18:16       | 27:51        | 35:15        | 50:47        | 1:06:05      | 1:16:14      | 1:22:43      | 1:27:50      | 1:32:01      | -----        | 1:36:30      |
|               |     | TuS Saulheim              |      |                | 9:52          | 8:24        | 9:35         | 7:24         | 15:32        | 15:18        | 10:09        | 6:29         | 5:07         | 4:11         |              | 4:29         |
|               |     | <b>Familie Dingwerth</b>  | Wand | <b>Fehlst</b>  | 13:40         | 23:27       | 50:45        | 58:20        | 1:19:46      | 1:23:04      | -----        | -----        | 1:44:11      | 1:47:37      | 1:50:33      | 1:53:27      |
|               |     | TGM Budenheim             |      |                | 13:40         | 9:47        | 27:18        | 7:35         | 21:26        | 3:18         |              |              | 21:07        | 3:26         | 2:56         | 2:54         |
|               |     | <b>Linus Girke</b>        | Wand | <b>N Ang</b>   |               |             |              |              |              |              |              |              |              |              |              |              |
|               |     | TSG Schwabenheim          |      |                |               |             |              |              |              |              |              |              |              |              |              |              |
| <b>3 (16)</b> |     |                           |      |                | <b>2,6 km</b> |             |              |              |              |              |              |              |              |              |              |              |
|               |     |                           |      |                | <b>11 P</b>   |             |              |              |              |              |              |              |              |              |              |              |
|               |     |                           |      |                | 1(101)        | 2(112)      | 3(113)       | 4(114)       | 5(115)       | 6(116)       | 7(106)       | 8(107)       | 9(108)       | 10(117)      | 11(111)      | Ziel         |
| 1             |     | <b>Timur Syguda</b>       | H12  | <b>17:53</b>   | <b>1:15</b>   | <b>2:22</b> | 5:01         | <b>7:14</b>  | <b>8:36</b>  | <b>10:16</b> | <b>11:53</b> | <b>13:07</b> | <b>14:26</b> | <b>15:58</b> | <b>17:12</b> | <b>17:53</b> |
|               |     | SC Königstein             |      |                | <b>1:15</b>   | 1:07        | 2:39         | 2:13         | <b>1:22</b>  | <b>1:40</b>  | 1:37         | <b>1:14</b>  | 1:19         | 1:32         | 1:14         | <b>0:41</b>  |
| 2             |     | <b>Ellen Wilson</b>       | D12  | <b>18:40</b>   | 1:28          | 2:30        | <b>4:58</b>  | 7:25         | 8:49         | 10:44        | 12:24        | 13:39        | 14:53        | 16:48        | 17:49        | 18:40        |
|               |     | TGM Budenheim             |      |                | 1:28          | <b>1:02</b> | <b>2:28</b>  | 2:27         | 1:24         | 1:55         | 1:40         | 1:15         | 1:14         | 1:55         | <b>1:01</b>  | 0:51         |
| 3             |     | <b>Sinica Oehlke</b>      | D12  | <b>18:53</b>   | 1:30          | 2:32        | 5:16         | 7:32         | 8:54         | 10:43        | 12:24        | 13:46        | 15:18        | 16:48        | 17:54        | 18:53        |
|               |     | TGM Budenheim             |      |                | 1:30          | <b>1:02</b> | 2:44         | 2:16         | <b>1:22</b>  | 1:49         | 1:41         | 1:22         | 1:32         | <b>1:30</b>  | 1:06         | 0:59         |
| 4             |     | <b>Milla Cronau</b>       | D12  | <b>19:40</b>   | 1:26          | 2:34        | 5:18         | 7:42         | 9:08         | 11:06        | 12:53        | 14:18        | 15:36        | 17:37        | 18:49        | 19:40        |
|               |     | TGM Budenheim             |      |                | 1:26          | 1:08        | 2:44         | 2:24         | 1:26         | 1:58         | 1:47         | 1:25         | 1:18         | 2:01         | 1:12         | 0:51         |
| 5             |     | <b>Tilda Gustafsson</b>   | D12  | <b>20:28</b>   | 1:27          | 2:35        | 5:20         | 7:30         | 8:57         | 10:51        | 12:23        | 13:43        | 14:56        | 17:52        | 19:12        | 20:28        |
|               |     | Göteborg-Majorna O        |      |                | 1:27          | 1:08        | 2:45         | <b>2:10</b>  | 1:27         | 1:54         | <b>1:32</b>  | 1:20         | <b>1:13</b>  | 2:56         | 1:20         | 1:16         |
| 6             |     | <b>Levke Höfer</b>        | D12  | <b>21:48</b>   | 1:39          | 2:44        | 5:26         | 7:55         | 9:29         | 11:37        | 13:33        | 14:59        | 16:22        | 19:31        | 20:57        | 21:48        |
|               |     | OLV Steinberg             |      |                | 1:39          | 1:05        | 2:42         | 2:29         | 1:34         | 2:08         | 1:56         | 1:26         | 1:23         | 3:09         | 1:26         | 0:51         |
| 7             |     | <b>Ida Kreckel</b>        | D12  | <b>23:10</b>   | 1:25          | 2:38        | 5:43         | 8:11         | 10:00        | 12:20        | 14:21        | 17:25        | 18:49        | 20:37        | 22:04        | 23:10        |
|               |     | TGM Budenheim             |      |                | 1:25          | 1:13        | 3:05         | 2:28         | 1:49         | 2:20         | 2:01         | 3:04         | 1:24         | 1:48         | 1:27         | 1:06         |
| 8             |     | <b>Jesper Heers</b>       | TK   | <b>26:12</b>   | 2:03          | 3:38        | 6:36         | 10:05        | 11:45        | 13:58        | 17:28        | 19:17        | 20:44        | 23:15        | 25:00        | 26:12        |
|               |     | VfL Michelstadt           |      |                | 2:03          | 1:35        | 2:58         | 3:29         | 1:40         | 2:13         | 3:30         | 1:49         | 1:27         | 2:31         | 1:45         | 1:12         |
| 9             |     | <b>Gerd Yttervik</b>      | TK   | <b>42:37</b>   | 2:42          | 4:43        | 9:52         | 14:08        | 16:43        | 20:10        | 24:36        | 27:12        | 29:34        | 38:04        | 40:22        | 42:37        |
|               |     | Hisøy OK                  |      |                | 2:42          | 2:01        | 5:09         | 4:16         | 2:35         | 3:27         | 4:26         | 2:36         | 2:22         | 8:30         | 2:18         | 2:15         |
| 10            |     | <b>Johann Döring</b>      | H12  | <b>48:06</b>   | 1:26          | 4:07        | 8:29         | 12:53        | 14:55        | 18:28        | 36:15        | 38:40        | 40:13        | 43:39        | 46:34        | 48:06        |
|               |     | (ohne Verein)             |      |                | 1:26          | 2:41        | 4:22         | 4:24         | 2:02         | 3:33         | 17:47        | 2:25         | 1:33         | 3:26         | 2:55         | 1:32         |
| 10            |     |                           |      |                |               |             |              |              |              |              |              |              |              |              |              |              |







| Pl            | tnr | Name  | Kat | Zeit           |  |   |                             |                             |                             |                             |                             |                             |                             |                             |                             |                      |                             |                             |  |
|---------------|-----|---|-----|----------------|--|---|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|----------------------|-----------------------------|-----------------------------|--|
| <b>7 (23)</b> |     |   |     |                | <b>6,7 km</b>  | <b>14 P (Forts.)</b>                          |                             |                             |                             |                             |                             |                             |                             |                             |                             |                      |                             |                             |  |
|               |     |   |     |                | 1(113)<br>Ziel   | 2(137)  | 3(121)                      | 4(131)                      | 5(130)                      | 6(129)                      | 7(133)                      | 8(124)                      | 9(139)                      | 10(118)                     | 11(104)                     | 12(108)              | 13(117)                     | 14(140)                     |  |
| 18            |     | <b>Andreas Syguda<br/>SC Königstein</b>         | H50 | <b>1:18:09</b> | 5:46<br>5:46<br>1:18:09<br>0:58                                  | 10:47<br>5:01                                 | 12:49<br>2:02               | 20:51<br>8:02               | 26:10<br>5:19               | 32:04<br>5:54               | 46:15<br>14:11              | 55:53<br>9:38               | 59:21<br>3:28               | 1:01:46<br>2:25             | 1:08:04<br>6:18             | 1:10:23<br>2:19      | 1:11:50<br>1:27             | 1:17:11<br>5:21             |  |
| 19            |     | <b>Katrin Wurth<br/>Oberodenthaler SC</b>       | D19 | <b>1:19:30</b> | 5:24<br>5:24<br>1:19:30<br>0:41                                  | 11:22<br>5:58                                 | 13:44<br>2:22               | 26:04<br>12:20              | 31:58<br>5:54               | 37:32<br>5:34               | 44:50<br>7:18               | 53:28<br>8:38               | 57:13<br>3:45               | 1:02:03<br>4:50             | 1:10:38<br>8:35             | 1:13:39<br>3:01      | 1:15:30<br>1:51             | 1:18:49<br>3:19             |  |
| 20            |     | <b>Ulli Friedrich<br/>Oberodenthaler SC</b>     | H50 | <b>1:20:03</b> | 5:53<br>5:53<br>1:20:03<br>1:03                                  | 11:27<br>5:34                                 | 13:54<br>2:27               | 23:48<br>9:54               | 29:04<br>5:16               | 33:49<br>4:45               | 40:14<br>6:25               | 47:59<br>7:45               | 52:30<br>4:31               | 1:01:28<br>8:58             | 1:10:17<br>8:49             | 1:13:03<br>2:46      | 1:14:58<br>1:55             | 1:19:00<br>4:02             |  |
| 21            |     | <b>Nico Dorscheid<br/>TV Oberbexbach</b>        | H16 | <b>1:24:18</b> | 6:57<br>6:57<br>1:24:18<br>0:51                                  | 12:53<br>5:56                                 | 15:33<br>2:40               | 27:19<br>11:46              | 34:01<br>6:42               | 40:05<br>6:04               | 47:11<br>7:06               | 58:17<br>11:06              | 1:02:26<br>4:09             | 1:05:54<br>3:28             | 1:15:00<br>9:06             | 1:18:25<br>3:25      | 1:20:25<br>2:00             | 1:23:27<br>3:02             |  |
|               |     | <b>Marit Wersin<br/>TGM Budenheim</b>           | D19 | <b>N Ang</b>   |  |   |                             |                             |                             |                             |                             |                             |                             |                             |                             |                      |                             |                             |  |
|               |     | <b>Clodagh Moran<br/>3ROC</b>                   | D19 | <b>N Ang</b>   |  |   |                             |                             |                             |                             |                             |                             |                             |                             |                             |                      |                             |                             |  |
| <b>8 (5)</b>  |     |   |     |                | <b>7,8 km</b>  | <b>14 P</b>                                   |                             |                             |                             |                             |                             |                             |                             |                             |                             |                      |                             |                             |  |
|               |     |   |     |                | 1(121)<br>Ziel   | 2(120)  | 3(139)                      | 4(125)                      | 5(129)                      | 6(130)                      | 7(131)                      | 8(123)                      | 9(124)                      | 10(118)                     | 11(104)                     | 12(107)              | 13(128)                     | 14(140)                     |  |
| 1             |     | <b>Andreas Bernhardt<br/>ASC Breidenbach</b>    | H40 | <b>1:00:36</b> | <b>5:39</b><br><b>5:39</b><br>1:00:36<br>0:42                    | <b>8:01</b><br><b>2:22</b>                    | <b>10:06</b><br><b>2:05</b> | <b>15:45</b><br><b>5:39</b> | <b>23:43</b><br><b>7:58</b> | <b>26:21</b><br><b>2:38</b> | <b>32:21</b><br><b>6:00</b> | <b>40:18</b><br><b>7:57</b> | <b>43:29</b><br><b>3:11</b> | <b>47:22</b><br><b>3:53</b> | <b>53:18</b><br>5:56        | <b>54:35</b><br>1:17 | <b>57:36</b><br><b>3:01</b> | <b>59:54</b><br>2:18        |  |
| 2             |     | <b>Dmytro Nakonechn<br/>(ohne Verein)</b>       | H35 | <b>1:11:30</b> | 6:19<br>6:19<br>1:11:30<br>0:56                                  | 12:01<br>5:42                                 | 14:17<br>2:16               | 20:45<br>6:28               | 29:56<br>9:11               | 34:06<br>4:10               | 38:56<br>4:50               | 49:04<br>10:08              | 54:18<br>5:14               | 58:46<br>4:28               | 1:04:01<br>5:15             | 1:05:15<br>1:14      | 1:08:43<br>3:28             | 1:10:34<br>1:51             |  |
| 3             |     | <b>Denis Di Filippanto<br/>CDCEBE Frankfurt</b> | H40 | <b>1:30:10</b> | 7:32<br>7:32<br>1:30:10<br>1:04                                  | 10:53<br>3:21                                 | 13:25<br>2:32               | 20:33<br>7:08               | 32:56<br>12:23              | 36:48<br>3:52               | 43:51<br>7:03               | 56:44<br>12:53              | 1:03:26<br>6:42             | 1:10:05<br>6:39             | 1:18:50<br>8:45             | 1:21:05<br>2:15      | 1:26:19<br>5:14             | 1:29:06<br>2:47             |  |
| 4             |     | <b>Kay Tausendfreund<br/>WOLF Haltern</b>       | H35 | <b>1:31:10</b> | 8:59<br>8:59<br>1:31:10<br>1:14                                  | 12:57<br>3:58                                 | 15:49<br>2:52               | 24:00<br>8:11               | 36:57<br>12:57              | 41:48<br>4:51               | 49:35<br>7:47               | 1:02:24<br>12:49            | 1:07:36<br>5:12             | 1:12:56<br>5:20             | 1:21:19<br>8:23             | 1:23:16<br>1:57      | 1:27:32<br>4:16             | 1:29:56<br>2:24             |  |
| 5             |     | <b>Tobias Krick<br/>(ohne Verein)</b>           | H40 | <b>1:41:35</b> | 7:23<br>7:23<br>1:41:35<br>1:39                                  | 10:31<br>3:08                                 | 13:04<br>2:33               | 27:26<br>14:22              | 41:59<br>14:33              | 45:37<br>3:38               | 55:04<br>9:27               | 1:05:20<br>10:16            | 1:10:36<br>5:16             | 1:15:26<br>4:50             | 1:22:57<br>7:31             | 1:24:54<br>1:57      | 1:37:07<br>12:13            | 1:39:56<br>2:49             |  |
| <b>9 (14)</b> |     |   |     |                | <b>8,8 km</b>  | <b>15 P</b>                                   |                             |                             |                             |                             |                             |                             |                             |                             |                             |                      |                             |                             |  |
|               |     |   |     |                | 1(137)<br>15(140)<br>Ziel  | 2(126)  | 3(132)                      | 4(131)                      | 5(130)                      | 6(123)                      | 7(139)                      | 8(122)                      | 9(121)                      | 10(116)                     | 11(104)                     | 12(106)              | 13(103)                     | 14(117)                     |  |
| 1             |     | <b>David Ehrlich<br/>OLV Steinberg</b>          | H19 | <b>55:42</b>   | <b>6:10</b><br><b>6:10</b><br>55:05<br>2:18<br>0:37              | <b>16:10</b><br><b>10:00</b><br>55:42<br>0:37 | <b>19:14</b><br><b>3:04</b> | <b>21:42</b><br><b>2:28</b> | <b>25:21</b><br>3:39        | <b>35:47</b><br>10:26       | <b>39:11</b><br><b>3:24</b> | <b>40:26</b><br><b>1:15</b> | <b>42:01</b><br>1:35        | <b>46:10</b><br>4:09        | <b>47:40</b><br><b>1:30</b> | <b>49:02</b><br>1:22 | <b>50:51</b><br>1:49        | <b>52:47</b><br><b>1:56</b> |  |
| 2             |     | <b>Anatolii Dunaev<br/>SC Königstein</b>        | H19 | <b>58:27</b>   | 6:54<br>6:54<br>57:51<br>1:52<br>0:36                            | 17:59<br>11:05<br>58:27<br>0:36               | 21:24<br>3:25               | 23:52<br>2:28               | 27:36<br>3:44               | 38:07<br>10:31              | 41:54<br>3:47               | 43:09<br>1:15               | 44:55<br>1:46               | 49:13<br>4:18               | 50:45<br>1:32               | 52:11<br>1:26        | 53:56<br>1:45               | 55:59<br>2:03               |  |
| 3             |     | <b>Kolya Saß<br/>OLF Mainz</b>                  | H19 | <b>59:48</b>   | 7:25<br>7:25<br>59:10<br>1:56<br>0:38                            | 18:50<br>11:25<br>59:48<br>0:38               | 22:43<br>3:53               | 25:29<br>2:46               | 28:44<br>3:15               | 38:33<br>9:49               | 42:41<br>4:08               | 44:07<br>1:26               | 45:52<br>1:45               | 50:23<br>4:31               | 52:03<br>1:40               | 53:09<br>1:06        | 55:08<br>1:59               | 57:14<br>2:06               |  |
| 4             |     | <b>Nikita Golovizin<br/>SC Königstein</b>       | H19 | <b>1:01:16</b> | <b>6:10</b><br><b>6:10</b><br>1:00:17<br>1:01:16<br>1:41<br>0:59 | 17:54<br>11:44<br>1:01:16<br>0:59             | 21:30<br>3:36               | 28:39<br>7:09               | 32:27<br>3:48               | 41:20<br>8:53               | 45:08<br>3:48               | 46:32<br>1:24               | 48:03<br>1:31               | 52:06<br>4:03               | 53:42<br>1:36               | 54:56<br>1:14        | 56:29<br>1:33               | 58:36<br>2:07               |  |
| 5             |     | <b>Anatolii Bushuiev<br/>(ohne Verein)</b>      | H19 | <b>1:01:44</b> | 7:44<br>7:44<br>1:00:47<br>2:37<br>0:57                          | 18:35<br>10:51<br>1:01:44<br>0:57             | 22:16<br>3:41               | 24:49<br>2:33               | 28:07<br>3:18               | 38:11<br>10:04              | 42:09<br>3:58               | 43:43<br>1:34               | 45:29<br>1:46               | 50:16<br>4:47               | 52:11<br>1:55               | 53:34<br>1:23        | 55:53<br>2:19               | 58:10<br>2:17               |  |
| 6             |     | <b>Jürgen Reiser<br/>TSV Weiten-Gesäß</b>       | H19 | <b>1:02:21</b> | 7:12<br>7:12<br>1:01:29<br>2:11<br>0:52                          | 18:05<br>10:53<br>1:02:21<br>0:52             | 21:29<br>3:24               | 24:34<br>3:05               | 29:04<br>4:30               | 39:59<br>10:55              | 43:53<br>3:54               | 45:10<br>1:17               | 47:29<br>2:19               | 51:54<br>4:25               | 53:32<br>1:38               | 54:54<br>1:22        | 56:44<br>1:50               | 59:18<br>2:34               |  |
| 7             |     | <b>Simeon Doetsch<br/>OLV Steinberg</b>         | H19 | <b>1:10:38</b> | 8:02<br>8:02<br>1:09:50<br>2:19                                  | 20:45<br>12:43<br>1:10:38<br>0:48             | 24:36<br>3:51               | 27:59<br>3:23               | 32:05<br>4:06               | 44:35<br>12:30              | 49:12<br>4:37               | 50:47<br>1:35               | 52:51<br>2:04               | 58:10<br>5:19               | 1:00:34<br>2:24             | 1:02:31<br>1:57      | 1:04:38<br>2:07             | 1:07:31<br>2:53             |  |

| Pl              | tnr | Name  | Kat  | Zeit           |              |                 |              |              |              |              |              |              |              |              |              |              |              |              |  |
|-----------------|-----|---|------|----------------|--------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| <b>9 (14)</b>   |     |   |      | <b>8,8 km</b>  | <b>15 P</b>  | <i>(Forts.)</i> |              |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      | 1(137)         | 2(126)       | 3(132)          | 4(131)       | 5(130)       | 6(123)       | 7(139)       | 8(122)       | 9(121)       | 10(116)      | 11(104)      | 12(106)      | 13(103)      | 14(117)      |              |  |
|                 |     |   |      | 15(140)        | Ziel         |                 |              |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>8</b>        |     | <b>Stephan Mertins</b><br><b>VfL Michelstadt</b>      | H19  | <b>1:10:51</b> | 8:00         | 20:19           | 24:23        | 27:43        | 32:00        | 43:51        | 51:18        | 53:06        | 55:30        | 1:00:10      | 1:01:51      | 1:03:03      | 1:04:57      | 1:07:43      |  |
|                 |     |   |      |                | 8:00         | 12:19           | 4:04         | 3:20         | 4:17         | 11:51        | 7:27         | 1:48         | 2:24         | 4:40         | 1:41         | 1:12         | 1:54         | 2:46         |  |
|                 |     |   |      |                | 1:09:53      | 1:10:51         |              |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | 2:10         | 0:58            |              |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>9</b>        |     | <b>Florian Orthwein</b><br><b>TSV 1881 Gau-Oder</b>   | H19  | <b>1:11:27</b> | 7:23         | 20:21           | 24:20        | 27:35        | 32:15        | 44:53        | 49:38        | 51:07        | 53:11        | 58:39        | 1:00:55      | 1:02:14      | 1:04:26      | 1:07:37      |  |
|                 |     |   |      |                | 7:23         | 12:58           | 3:59         | 3:15         | 4:40         | 12:38        | 4:45         | 1:29         | 2:04         | 5:28         | 2:16         | 1:19         | 2:12         | 3:11         |  |
|                 |     |   |      |                | 1:10:47      | 1:11:27         |              |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | 3:10         | 0:40            |              |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>10</b>       |     | <b>Christian Stern</b><br><b>TGM Budenheim</b>        | H19  | <b>1:15:39</b> | 7:47         | 19:57           | 26:20        | 28:58        | 34:50        | 51:34        | 56:07        | 58:06        | 59:54        | 1:04:42      | 1:06:24      | 1:07:33      | 1:09:32      | 1:12:13      |  |
|                 |     |   |      |                | 7:47         | 12:10           | 6:23         | 2:38         | 5:52         | 16:44        | 4:33         | 1:59         | 1:48         | 4:48         | 1:42         | 1:09         | 1:59         | 2:41         |  |
|                 |     |   |      |                | 1:14:58      | 1:15:39         |              |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | 2:45         | 0:41            |              |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>11</b>       |     | <b>Timo Klein</b><br><b>(ohne Verein)</b>             | H19  | <b>1:25:29</b> | 11:52        | 27:34           | 32:25        | 35:47        | 41:08        | 56:12        | 1:02:13      | 1:04:01      | 1:06:16      | 1:12:54      | 1:15:01      | 1:16:29      | 1:19:07      | 1:22:12      |  |
|                 |     |   |      |                | 11:52        | 15:42           | 4:51         | 3:22         | 5:21         | 15:04        | 6:01         | 1:48         | 2:15         | 6:38         | 2:07         | 1:28         | 2:38         | 3:05         |  |
|                 |     |   |      |                | 1:24:44      | 1:25:29         |              |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | 2:32         | 0:45            |              |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>12</b>       |     | <b>Manuel Wolf</b><br><b>TSV 1881 Gau-Oder</b>        | H19  | <b>1:44:27</b> | 11:48        | 31:13           | 38:43        | 42:56        | 49:13        | 1:07:49      | 1:15:09      | 1:17:38      | 1:21:00      | 1:29:19      | 1:32:25      | 1:33:58      | 1:37:25      | 1:40:29      |  |
|                 |     |   |      |                | 11:48        | 19:25           | 7:30         | 4:13         | 6:17         | 18:36        | 7:20         | 2:29         | 3:22         | 8:19         | 3:06         | 1:33         | 3:27         | 3:04         |  |
|                 |     |   |      |                | 1:43:36      | 1:44:27         |              |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | 3:07         | 0:51            |              |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     | <b>Kai Hansen</b><br><b>(ohne Verein)</b>             | H19  | <b>Aufg</b>    | 9:03         | 23:45           | 29:16        | 33:25        | 38:50        | 55:58        | 1:06:49      | -----        | -----        | -----        | -----        | -----        | -----        | -----        |  |
|                 |     |   |      |                | 9:03         | 14:42           | 5:31         | 4:09         | 5:25         | 17:08        | 10:51        |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | -----        |                 |              |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     | <b>Daniel Funk</b><br><b>TGM Budenheim</b>            | H19  | <b>N Ang</b>   |              |                 |              |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>MTBO (5)</b> |     |   |      | <b>8,0 km</b>  | <b>16 P</b>  |                 |              |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      | 1(138)         | 2(119)       | 3(126)          | 4(127)       | 5(129)       | 6(130)       | 7(120)       | 8(121)       | 9(134)       | 10(135)      | 11(115)      | 12(113)      | 13(112)      | 14(104)      |              |  |
|                 |     |   |      | 15(106)        | 16(117)      | Ziel            |              |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>1</b>        |     | <b>Felix Rathje</b><br><b>TGM Budenheim</b>           | MTBO | <b>54:13</b>   | 1:45         | 6:19            | <b>11:16</b> | <b>14:19</b> | <b>16:28</b> | <b>20:23</b> | <b>31:32</b> | <b>33:36</b> | <b>36:40</b> | <b>38:30</b> | <b>42:16</b> | <b>43:54</b> | <b>45:45</b> | <b>48:28</b> |  |
|                 |     |   |      |                | 1:45         | 4:34            | <b>4:57</b>  | 3:03         | 2:09         | 3:55         | <b>11:09</b> | 2:04         | 3:04         | <b>1:50</b>  | 3:46         | <b>1:38</b>  | 1:51         | 2:43         |  |
|                 |     |   |      |                | <b>49:41</b> | 52:49           | <b>54:13</b> |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | 1:13         | 3:08            | 1:24         |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>2</b>        |     | <b>Kai Hansen</b><br><b>(ohne Verein)</b>             | MTBO | <b>54:34</b>   | 1:47         | <b>4:59</b>     | 13:46        | 16:30        | 18:18        | 20:54        | 32:33        | 34:19        | 37:21        | 40:17        | 43:38        | 45:17        | 46:44        | 48:47        |  |
|                 |     |   |      |                | 1:47         | <b>3:12</b>     | 8:47         | <b>2:44</b>  | <b>1:48</b>  | <b>2:36</b>  | 11:39        | <b>1:46</b>  | <b>3:02</b>  | 2:56         | <b>3:21</b>  | 1:39         | <b>1:27</b>  | <b>2:03</b>  |  |
|                 |     |   |      |                | 49:58        | <b>52:39</b>    | 54:34        |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | <b>1:11</b>  | <b>2:41</b>     | 1:55         |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>3</b>        |     | <b>Mark Reinert</b><br><b>TV Oberbexbach</b>          | MTBO | <b>1:05:59</b> | <b>1:31</b>  | 7:08            | 14:46        | 18:02        | 20:48        | 23:25        | 36:14        | 40:10        | 45:13        | 48:19        | 52:34        | 54:41        | 56:40        | 59:16        |  |
|                 |     |   |      |                | <b>1:31</b>  | 5:37            | 7:38         | 3:16         | 2:46         | 2:37         | 12:49        | 3:56         | 5:03         | 3:06         | 4:15         | 2:07         | 1:59         | 2:36         |  |
|                 |     |   |      |                | 1:00:58      | 1:04:18         | 1:05:59      |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | 1:42         | 3:20            | 1:41         |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>4</b>        |     | <b>Katharina Möller</b><br><b>(ohne Verein)</b>       | MTBO | <b>1:09:54</b> | 1:32         | 5:55            | 13:25        | 17:25        | 20:25        | 24:08        | 39:10        | 41:53        | 46:42        | 51:37        | 57:01        | 59:14        | 1:01:04      | 1:04:00      |  |
|                 |     |   |      |                | 1:32         | 4:23            | 7:30         | 4:00         | 3:00         | 3:43         | 15:02        | 2:43         | 4:49         | 4:55         | 5:24         | 2:13         | 1:50         | 2:56         |  |
|                 |     |   |      |                | 1:05:21      | 1:08:41         | 1:09:54      |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | 1:21         | 3:20            | <b>1:13</b>  |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                |              |                 |              |              |              |              |              |              |              |              |              |              |              |              |  |
| <b>5</b>        |     | <b>Jesús Hervás Lucas</b><br><b>Gymnasion Offenba</b> | MTBO | <b>1:18:31</b> | 5:06         | 11:09           | 18:42        | 22:41        | 26:54        | 31:05        | 46:36        | 50:22        | 55:30        | 58:48        | 1:04:16      | 1:06:26      | 1:08:25      | 1:11:49      |  |
|                 |     |   |      |                | 5:06         | 6:03            | 7:33         | 3:59         | 4:13         | 4:11         | 15:31        | 3:46         | 5:08         | 3:18         | 5:28         | 2:10         | 1:59         | 3:24         |  |
|                 |     |   |      |                | 1:13:25      | 1:17:16         | 1:18:31      |              |              |              |              |              |              |              |              |              |              |              |  |
|                 |     |   |      |                | 1:36         | 3:51            | 1:15         |              |              |              |              |              |              |              |              |              |              |              |  |