

Pl	Zeit	Name	Jg	Verein	Nat	E1	E2
D 19- Lang (12)							
1	27:02	Emma Caspari	04	OL Team Lippe	Wef	12:36 1	14:26 1
2	27:31	Birte Friedrichs	98	MTV Seesen	Nds	13:00 2	14:31 2
3	31:11	Ann-Charlotte Spangenberg	99	TG 1860 Münden	Nds	14:36 3	16:35 3
4	31:18	Jessica Drese	93	OLV Uslar	Nds	14:41 4	16:37 4
5	33:09	Solia Stamer	00	MTK Bad Harzburg	Nds	15:15 6	17:54 5
6	33:39	Marie Hofmeister	89	MTK Bad Harzburg	Nds	15:14 5	18:25 7
7	34:24	Pia Buchholz	00	MTK Bad Harzburg	Nds	16:17 7	18:07 6
8	36:06	Irina Kupriyanova	99	TK Hannover	Nds	16:37 8	19:29 9
9	37:54	Carlotta Haupt	03	MTK Bad Harzburg	Nds	16:59 9	20:55 10
10	38:22	Annika Strauß	97	SV Hildesia Diekhofen	Nds	19:46 11	18:36 8
11	39:51	Carolin Bernsdorf	03	MTV Seesen	Nds	18:23 10	21:28 11
12	41:28	Lilly Hintz	04	MTV Seesen	Nds	19:51 12	21:37 12

H 19- Lang (16)

1	27:58	Kilian Lilje	95	TSV Wörpswede	Nds	13:43 1	14:15 1
2	30:12	Christoph Hofmeister	84	MTK Bad Harzburg	Nds	15:34 3	14:38 2
3	31:50	Leon Kollenbach	96	SC Helsa	Hes	16:35 7	15:15 3
4	32:00	Aaron Wandelt	02	MTV Seesen	Nds	15:35 4	16:25 4
5	33:32	Tom Buchholz	02	MTK Bad Harzburg	Nds	16:34 6	16:58 5
6	33:43	Fabian Ulbrich	97	OLV Uslar	Nds	16:30 5	17:13 6
7	34:26	Patrick Dresel	92	SC Klecken	Nds	16:59 8	17:27 7
8	34:33	Leon Bauer	00	OK Mark Brandenburg	Bra	14:39 2	19:54 11
9	35:32	Max Sonneborn	98	TSV Wörpswede	Nds	17:19 9	18:13 8
10	37:02	Alexey Kupriyanov	96	TK Hannover	Nds	18:49 10	18:13 8
11	39:09	Christian Röck	94	SV Hildesia Diekhofen	Nds	19:08 11	20:01 12
12	41:10	Malte Finkenstädt	94	OLV Uslar	Nds	20:54 14	20:16 13
13	41:33	Jakob Eberwien	97	OLV Uslar	Nds	20:25 13	21:08 14
14	43:00	Frederik Kunze	79	SV Hildesia Diekhofen	Nds	20:24 12	22:36 15
		Finn Boie		TK Hannover	Nds	19:43 AK	19:26 10
		Konrad Stamer	03	Preetzer TSV	SwH	N Ang	N Ang

D -12 (4)

1	20:12	Anna Knaup	14	Braunschweiger MTV	Nds	8:35 2	11:37 1
2	22:39	Anna Basic	12	SC Helsa	Hes	8:12 1	14:27 2
3	36:30	Angelina Strobach	12	MTK Bad Harzburg	Nds	10:27 4	26:03 3
		Hanna Stark	12	MTV Seesen	Nds	10:02 3	Fehlst

H -12 (5)

1	18:39	Espen Liebing	13	Bovender SV	Nds	9:12 2	9:27 1
2	19:35	Erik Bruns	12	MTK Bad Harzburg	Nds	8:50 1	10:45 2
3	21:59	Noah van der Zande	11	OLV Uslar	Nds	9:43 3	12:16 3
4	36:04	Mads Ostendorff	13	TSV Wörpswede	Nds	12:38 4	23:26 5
5	46:08	Angelo Kühl	11	MTK Bad Harzburg	Nds	29:05 5	17:03 4

D -14 (3)

1	26:24	Lamis Mousa	09	OLV Uslar	Nds	12:55 1	13:29 1
2	49:28	Romy Frank	10	SV Hildesia Diekhofen	Nds	21:23 2	28:05 2
		Sania Stamer	10	SV Hildesia Diekhofen	Nds	N Ang	N Ang

Pl	Zeit	Name	Jg	Verein	Nat	E1		E2	
H -14 (4)									
1	20:15	Constantin Jacob Freudenfeld	11	TSV Worpswede	Nds	10:00	1	10:15	1
2	25:07	Leif Liebing	09	Bovender SV	Nds	12:47	2	12:20	3
3	25:17	Finn Ostendorff	10	TSV Worpswede	Nds	13:54	3	11:23	2
4	34:42	Julian Gärtner	10	MTK Bad Harzburg	Nds	19:22	4	15:20	4
D -16 (8)									
1	23:06	Karla Breckle	07	Bovender SV	Nds	11:17	2	11:49	1
2	25:35	Jule Weigert	08	TV Jahn Wolfsburg	Nds	10:36	1	14:59	2
3	28:00	Rut Stark	08	MTV Seesen	Nds	11:40	3	16:20	5
4	28:43	Lucia Stolze	07	Bovender SV	Nds	13:31	6	15:12	3
5	28:59	Jette Körber	08	OLV Uslar	Nds	12:44	5	16:15	4
6	31:42	Jana Knaup	08	Braunschweiger MTV	Nds	14:24	7	17:18	6
7	32:43	Nele Rüberg	08	OLV Uslar	Nds	14:38	8	18:05	7
		Anna Weigert	07	TV Jahn Wolfsburg	Nds	12:10	4	Aufg	
H -16 (5)									
1	26:00	Erik Urzua Wöhrer	09	TV Jahn Wolfsburg	Nds	11:59	1	14:01	1
2	27:21	Johannes Gurtmann	08	TG 1860 Münden	Nds	13:01	2	14:20	2
3	28:25	Maik Schweizer	08	MTV Seesen	Nds	13:09	4	15:16	3
4	28:49	Hannes Möhring	08	TV Jahn Wolfsburg	Nds	13:18	5	15:31	4
5	29:48	Malte Lindemann	07	Bielefelder TG	Wef	13:04	3	16:44	5
H -18 (4)									
1	28:03	Aaron Niazi	06	TSV Worpswede	Nds	12:24	1	15:39	2
2	28:37	Jonas Knaup	06	Braunschweiger MTV	Nds	13:01	2	15:36	1
3	30:47	Sven-Guido Schulze	06	TV Jahn Wolfsburg	Nds	13:08	3	17:39	3
4	32:49	Marco Urzua Wöhrer	05	TV Jahn Wolfsburg	Nds	14:05	4	18:44	4
D 19- Kurz (2)									
1	30:24	Vivien Helmbrecht	00	OLV Uslar	Nds	13:35	1	16:49	1
2	37:53	Karola Schmidt	98	TG 1860 Münden	Nds	15:16	2	22:37	2
H 19- Kurz (1)									
1	31:08	Lukas Bersuck	95	Bielefelder TG	Wef	14:18	1	16:50	1
D 35- (3)									
1	36:40	Dorothea Kirves	85	TG 1860 Münden	Nds	16:55	1	19:45	1
2	44:30	Nicole Frank	82	SV Hildesia Diekhofen	Nds	19:33	2	24:57	2
		Claudia Weigert	80	TV Jahn Wolfsburg	Nds	N Ang		N Ang	
H 35- (5)									
1	26:39	Christoph Freudenfeld	74	TSV Worpswede	Nds	11:22	1	15:17	1
2	29:25	Thorsten Weigert	80	TV Jahn Wolfsburg	Nds	12:18	2	17:07	4
3	29:32	Michael Steube	85	TK Hannover	Nds	12:54	3	16:38	2
4	29:58	Hauke Scharfenberg	87	TuS Bergen	Nds	12:54	3	17:04	3
5	33:02	Jens Struckmann	66	Braunschweiger MTV	Nds	14:09	5	18:53	5

Pl	Zeit	Name	Jg	Verein	Nat	E1	E2
D 45- (11)							
1	24:50	Anke von Gaza	71	OLV Uslar	Nds	10:57 2	13:53 1
2	27:00	Esther Stamer	75	MTK Bad Harzburg	Nds	11:01 3	15:59 2
3	27:01	Ivana Knaupova	78	Braunschweiger MTV	Nds	10:31 1	16:30 4
4	29:27	Evi Drese	70	OLV Uslar	Nds	12:21 4	17:06 7
5	29:50	Sandra Wöhrer	75	TV Jahn Wolfsburg	Nds	13:23 6	16:27 3
6	30:09	Sonja Kunze	70	OLV Uslar	Nds	13:28 7	16:41 5
7	31:13	Katja Tiitinen	75	OLV Uslar	Nds	14:09 9	17:04 6
7	31:13	Petra Schneider	74	SV Hildesia Diekhöhlen	Nds	13:43 8	17:30 9
9	31:59	Kerstin Krätz	71	TV Jahn Wolfsburg	Nds	12:47 5	19:12 10
10	34:37	Simona Weber	72	TSV Nüsse	SwH	17:12 10	17:25 8
11	41:11	Kristine Schulze	74	TV Jahn Wolfsburg	Nds	18:08 11	23:03 11

H 45- (15)							
1	27:17	Martin Hennseler	71	MTV Seesen	Nds	12:35 2	14:42 1
2	27:21	Björn Frieling	78	TuS Bergen	Nds	11:57 1	15:24 2
3	28:31	Joachim Stamer	72	MTK Bad Harzburg	Nds	12:49 3	15:42 3
4	29:25	Eike Bruns	75	MTK Bad Harzburg	Nds	13:29 4	15:56 4
5	30:47	Jörg Kleinholz-Mewes	73	TuS Bothfeld 04	Nds	13:38 5	17:09 5
6	31:57	Oliver Hillebrandt	73	OLV Uslar	Nds	14:33 7	17:24 6
7	32:12	Martin Gertenbach	70	SC Helsa	Hes	13:39 6	18:33 9
8	32:40	Jan Knaup	77	Braunschweiger MTV	Nds	14:35 8	18:05 7
9	33:53	Paulo Urzua Torres	75	TV Jahn Wolfsburg	Nds	15:27 9	18:26 8
10	41:37	Robert Nuske	77	TK Hannover	Nds	17:30 11	24:07 10
11	43:15	Marcel Frank	78	SV Hildesia Diekhöhlen	Nds	17:25 10	25:50 12
12	44:37	Andreas Meisel	69	OLV Uslar	Nds	19:23 12	25:14 11
13	51:28	Ingo Krätz	71	TV Jahn Wolfsburg	Nds	22:12 14	29:16 13
		Gunnar Grote	72	OLV Uslar	Nds	21:34 13	N Ang
		Juha Heikkilä	71	TSV Wörpswede	Nds	N Ang	N Ang

D 55- (9)							
1	27:37	Liisa Rihko-Struckmann	64	Braunschweiger MTV	Nds	12:32 1	15:05 1
2	31:11	Barbara Dresel	62	SC Klecken	Nds	14:30 2	16:41 3
3	32:20	Andrea Finkenstädt	67	OLV Uslar	Nds	16:52 5	15:28 2
4	34:01	Regine Klander-Strauß	66	SV Hildesia Diekhöhlen	Nds	15:41 3	18:20 5
5	34:54	Susanne Körber	68	OLV Uslar	Nds	16:32 4	18:22 6
6	35:48	Ulrike Korff	63	SC Achmer	Nds	18:57 7	16:51 4
7	39:26	Esther Knoblauch	64	MTK Bad Harzburg	Nds	17:34 6	21:52 7
8	49:08	Brigitte Dersch-Kollenbach	67	SC Helsa	Hes	22:45 8	26:23 8
9	53:49	Anne Hanses	61	TuS Bramsche	Nds	25:55 9	27:54 9

H 55- (10)							
1	26:58	Horst von Gaza	59	OLV Uslar	Nds	12:24 2	14:34 3
2	27:06	Matthias Taurit	67	TSV Nüsse	SwH	12:06 1	15:00 4
3	27:25	Michael Schwien	62	SC Klecken	Nds	13:09 4	14:16 1
4	27:54	Dirk Strauß	65	SV Hildesia Diekhöhlen	Nds	13:30 6	14:24 2
5	28:41	Henning Bruns	61	MTK Bad Harzburg	Nds	13:17 5	15:24 5
6	30:14	Werner Drese	61	OLV Uslar	Nds	13:49 7	16:25 6
7	31:12	Dieter Wehrhöfer-Bersuck	61	Bielefelder TG	Wef	14:30 9	16:42 7
8	31:29	Frank Leppla	64	Braunschweiger MTV	Nds	13:03 3	18:26 8
9	33:36	Michael Kukis	59	OSC Kassel	Hes	14:24 8	19:12 9
		Guido Gehrmann	68	MTK Bad Harzburg	Nds	26:18 10	Fehlst

Pl	Zeit	Name	Jg	Verein	Nat	E1		E2	
D 65- (2)									
1	37:48	Birgitt Michel	44	TV Jahn Wolfsburg	Nds	17:45	1	20:03	1
2	49:48	Antje Sobczak	54	MTV Soltau	Nds	18:09	2	31:39	2
H 65- (8)									
1	25:09	Udo Sobczak	55	MTV Soltau	Nds	11:07	1	14:02	1
2	28:09	Uwe Dresel	57	SC Klecken	Nds	11:41	2	16:28	2
3	36:17	Karl-Heinz Seefeld	53	OLV Uslar	Nds	15:41	4	20:36	3
4	38:45	Siegfried May	51	RSV Hannover	Nds	15:40	3	23:05	5
5	43:05	Gerhard Niederland	49	TSV Schloß Ricklingen	Nds	17:43	5	25:22	6
		Wolfgang Mertens	53	ohne Verein, Hannover		24:37	7	Fehlst	
		Bernd Höfner	54	OLV Uslar	Nds	21:51	6	N Ang	
		Ferdinand Hanses	53	TuS Bramsche	Nds	Fehlst		21:36	4
H 75- (2)									
1	49:31	Günter Gohde	39	TK Hannover	Nds	20:01	1	29:30	1
		Edmund Keil	34	Bielefelder TG	Wef	39:50	2	Fehlst	
D/H -10 (1)									
		Robin von Gaza	91	OLV Uslar	Nds	16:43	AK	13:19	1
D/H -10 begleitet (4)									
1	19:34	Jesper Bruns	15	MTK Bad Harzburg	Nds	10:49	1	8:45	1
2	30:02	Raya Frank	15	SV Hildesia Diekholzen	Nds	18:28	2	11:34	2
3	33:50	Julia Wismach	86	OLV Uslar	Nds	18:49	3	15:01	4
3	33:50	Lenn Wismach	14	OLV Uslar	Nds	18:50	4	15:00	3
Offen (5)									
1	19:10	Julia Stark	82	MTV Seesen	Nds	8:03	1	11:07	2
2	24:00	Tim Schauzu	00	MTV Seesen	Nds	10:08	2	13:52	3
3	27:43	Ulf Schindehütte	65	OLV Uslar	Nds	10:18	3	17:25	5
4	28:59	Günter Stark	62	MTV Seesen	Nds	12:18	4	16:41	4
		Emil von Gaza	03	OLV Uslar	Nds	N Ang		8:48	1