

Pl.	Name	Kat	Zeit	1,2 km 7 Posten							
				1(109)	2(114)	3(103)	4(111)	5(108)	6(120)	7(100)	Ziel
1	Rathje, Erik TGM Budenheim	H10	10:30	0:43	1:19	5:11	7:16	7:48	8:40	10:30	1:13:17
				0:43	0:36	3:52	2:05	0:32	0:52	1:50	1:02:47
2	Saß, Anastasia OLF Mainz	D10	12:25	1:54	3:00	5:31	7:28	8:33	9:39	12:25	1:16:22
				1:54	1:06	2:31	1:57	1:05	1:06	2:46	1:03:57
3	Dingwerth, Julius TGM Budenheim	H10	16:25	1:38	3:48	6:59	10:55	12:39	13:49	16:25	1:19:40
				1:38	2:10	3:11	3:56	1:44	1:10	2:36	1:03:15
4	Hinkel, Quentin OLV Steinberg	H10	17:45	6:39	7:51	11:15	13:01	13:57	15:02	17:45	1:20:50
				6:39	1:12	3:24	1:46	0:56	1:05	2:43	1:03:05
5	Gros, Lucas OLF Mainz	H10	24:46	2:43	4:52	11:29	15:12	17:02	19:59	24:46	1:28:07
				2:43	2:09	6:37	3:43	1:50	2:57	4:47	1:03:21
6	Hinkel, Vincent OLV Steinberg	H10	26:49	2:27	4:22	12:39	15:53	18:32	21:59	26:49	1:30:17
				2:27	1:55	8:17	3:14	2:39	3:27	4:50	1:03:28

Pl. Name Kat Zeit

Bahn 2 (22) Ann. Teilstr.: 1**2,2 km 10 Posten**

			1(105)	2(121)	3(117)	4(112)	5(108)	6(106)	7(107)	8(120)	9(118)	10(100)	Ziel	
1	Doetsch, Julian	H14	8:55	1:28	1:47	2:22	3:57	5:18	6:38	7:23	7:47	8:41	8:55	1:11:23
	OLV Steinberg			1:28	0:19	0:35	1:35	1:21	1:20	0:45	0:24	0:54	0:14	1:02:28
2	Imbsweiler, Jacob	H14	9:27	1:31	1:50	2:26	4:18	5:39	6:47	7:40	8:11	9:12	9:27	1:11:58
	TV Oberbexbach			1:31	0:19	0:36	1:52	1:21	1:08	0:53	0:31	1:01	0:15	1:02:31
3	Schlei, Michael	H14	10:05	1:36	1:55	2:32	4:42	6:12	7:31	8:23	8:50	9:51	10:05	1:12:31
	OLV Steinberg			1:36	0:19	0:37	2:10	1:30	1:19	0:52	0:27	1:01	0:14	1:02:26
4	Behrendt, Sophie	D14	11:04	1:44	2:06	2:54	5:06	6:42	8:11	9:08	9:38	10:44	11:04	1:13:41
	OLV Steinberg			1:44	0:22	0:48	2:12	1:36	1:29	0:57	0:30	1:06	0:20	1:02:37
5	Horst, Katja	D14	12:02	1:38	2:01	2:42	4:57	6:31	9:11	10:01	10:32	11:45	12:02	1:14:37
	SC Königstein			1:38	0:23	0:41	2:15	1:34	2:40	0:50	0:31	1:13	0:17	1:02:35
6	Cronau, Milla	D14	13:09	1:56	2:26	3:17	5:57	7:49	9:58	10:56	11:31	12:48	13:09	1:15:49
	TGM Budenheim			1:56	0:30	0:51	2:40	1:52	2:09	0:58	0:35	1:17	0:21	1:02:40
7	van Bentum, Iris	D14	13:30	2:15	2:48	3:43	6:08	8:08	9:51	10:59	11:45	13:09	13:30	1:16:12
	TV Oberbexbach			2:15	0:33	0:55	2:25	2:00	1:43	1:08	0:46	1:24	0:21	1:02:42
8	Behrendt, Lina	D14	13:42	2:09	2:33	3:32	6:14	8:15	9:58	11:07	11:43	13:21	13:42	1:16:25
	OLV Steinberg			2:09	0:24	0:59	2:42	2:01	1:43	1:09	0:36	1:38	0:21	1:02:43
9	Conrad, Hans	H75	14:06	2:08	2:43	3:35	6:11	8:16	9:59	11:32	12:16	13:43	14:06	1:16:51
	TSG 1846 Darmstadt			2:08	0:35	0:52	2:36	2:05	1:43	1:33	0:44	1:27	0:23	1:02:45
10	Krämer, Finja	D14	14:12	2:16	2:43	3:40	6:59	8:55	10:47	11:49	12:30	13:53	14:12	1:16:51
	TGM Budenheim			2:16	0:27	0:57	3:19	1:56	1:52	1:02	0:41	1:23	0:19	1:02:39
11	Oehlke, Sinica	D14	14:27	1:53	2:21	3:25	6:16	7:58	9:45	11:51	12:34	14:04	14:27	1:17:12
	TGM Budenheim			1:53	0:28	1:04	2:51	1:42	1:47	2:06	0:43	1:30	0:23	1:02:45
12	Cronau, Madita	D14	14:48	2:12	2:39	3:29	6:41	8:35	11:06	12:25	13:04	14:29	14:48	1:17:33
	TGM Budenheim			2:12	0:27	0:50	3:12	1:54	2:31	1:19	0:39	1:25	0:19	1:02:45
13	Bader, Achim	H75	18:06	2:37	3:07	4:11	7:55	10:26	14:00	15:19	16:01	17:39	18:06	1:21:04
	OLF Mainz			2:37	0:30	1:04	3:44	2:31	3:34	1:19	0:42	1:38	0:27	1:02:58
14	Müller, Gisela	D65	18:59	2:58	3:33	4:49	8:06	11:10	13:19	15:40	16:36	18:30	18:59	1:22:05
	TV 1886 Diedenbergen			2:58	0:35	1:16	3:17	3:04	2:09	2:21	0:56	1:54	0:29	1:03:06
15	Haenelt, Beatrix	D65	19:04	2:58	3:45	4:55	8:40	11:25	13:55	15:34	16:37	18:36	19:04	1:21:56
	OL-Team Filder			2:58	0:47	1:10	3:45	2:45	2:30	1:39	1:03	1:59	0:28	1:02:52

8:40
*11512:30
*115

Pl. Name	Kat	Zeit											
Bahn 2 (22) Ann. Teilstr.: 1			2,2 km		10 Posten					<i>(Forts.)</i>			
			1(105)	2(121)	3(117)	4(112)	5(108)	6(106)	7(107)	8(120)	9(118)	10(100)	Ziel
16 Kreft, Günter	H75	20:28	3:03	3:38	4:50	8:07	10:40	14:01	15:53	16:56	20:00	20:28	1:23:28
OLF Mainz			3:03	0:35	1:12	3:17	2:33	3:21	1:52	1:03	3:04	0:28	1:03:00
17 Müller, Peter	H75	22:50	3:08	3:50	5:09	9:52	12:50	15:36	17:56	19:01	22:09	22:50	1:26:10
SV Mörlenbach			3:08	0:42	1:19	4:43	2:58	2:46	2:20	1:05	3:08	0:41	1:03:20
18 Müller, Gerda	D65	24:53	3:59	4:51	6:28	11:08	14:52	17:32	20:07	21:37	24:13	24:53	1:28:16
SV Mörlenbach			3:59	0:52	1:37	4:40	3:44	2:40	2:35	1:30	2:36	0:40	1:03:23
19 Saß, Viktoria	D14	25:00	6:46	7:20	8:08	11:52	15:04	20:08	21:06	21:54	24:32	25:00	1:28:06
OLF Mainz			6:46	0:34	0:48	3:44	3:12	5:04	0:58	0:48	2:38	0:28	1:03:06
20 Horn, Gerhard	H75	28:49	4:51	5:49	7:46	12:57	16:58	21:42	23:51	25:04	28:06	28:49	1:32:31
TGV Horn			4:51	0:58	1:57	5:11	4:01	4:44	2:09	1:13	3:02	0:43	1:03:42
Kreckel, Ida	D14	Fehlst	2:17	2:40	----	7:44	11:03	16:34	17:34	18:31	21:07	21:32	1:24:14
TGM Budenheim			2:17	0:23		5:04	3:19	5:31	1:00	0:57	2:36	0:25	1:02:42
AK Syguda, Timur	H14	19:17	3:26	4:07	5:07	8:46	10:47	13:18	15:43	16:33	18:36	19:17	1:21:56
SC Königstein			3:26	0:41	1:00	3:39	2:01	2:31	2:25	0:50	2:03	0:41	1:02:39

4:49

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Pl. Name Kat Zeit

Bahn 3 (23) Ann. Teilstr.: 1**2,9 km 10 Posten**

			1(119)	2(115)	3(113)	4(110)	5(107)	6(103)	7(116)	8(102)	9(117)	10(100)	Ziel		
1	Fritz, Julia OL-Team Filder	D18	12:51	1:30	2:23	3:32	4:09	5:05	6:05	8:09	9:21	11:32	12:51	1:15:20	
				1:30	0:53	1:09	0:37	0:56	1:00	2:04	1:12	2:11	1:19	1:02:29	
2	Bauerfeld, Nico OL-Team Filder	H18	13:25	1:25	2:15	3:23	3:58	5:06	6:11	8:08	9:21	11:51	13:25	1:15:55	13:25
				1:25	0:50	1:08	0:35	1:08	1:05	1:57	1:13	2:30	1:34	1:02:30	*100
3	Kästner, Anne TV Oberbexbach	D18	13:29	1:34	2:35	3:45	4:21	5:20	6:21	8:28	9:41	12:05	13:29	1:15:59	
				1:34	1:01	1:10	0:36	0:59	1:01	2:07	1:13	2:24	1:24	1:02:30	
4	Lezius, Noah TV Oberbexbach	H18	14:02	1:35	2:30	3:47	4:40	5:58	7:09	9:06	10:13	12:35	14:02	1:16:31	
				1:35	0:55	1:17	0:53	1:18	1:11	1:57	1:07	2:22	1:27	1:02:29	
5	Simsch, Annika TGM Budenheim	D18	14:53	1:58	2:57	4:18	4:59	6:02	7:18	9:38	10:58	13:27	14:53	1:17:26	
				1:58	0:59	1:21	0:41	1:03	1:16	2:20	1:20	2:29	1:26	1:02:33	
6	Abner, Ben (ohne Verein)	H18	15:18	1:46	2:54	5:14	5:46	7:06	8:17	10:30	11:37	13:44	15:18	1:17:48	
				1:46	1:08	2:20	0:32	1:20	1:11	2:13	1:07	2:07	1:34	1:02:30	
7	Kapara, Olena OL-Team Filder	D19	15:25	1:55	2:58	4:45	5:27	6:28	7:43	9:55	11:24	13:55	15:25	1:17:59	
				1:55	1:03	1:47	0:42	1:01	1:15	2:12	1:29	2:31	1:30	1:02:34	
7	Wersin, Marit TGM Budenheim	D19	15:25	1:42	2:41	4:06	4:49	5:59	7:15	9:41	11:08	13:48	15:25	1:17:58	
				1:42	0:59	1:25	0:43	1:10	1:16	2:26	1:27	2:40	1:37	1:02:33	
9	Henkes, Elisabeth OLG St. Vith ARDOC	D19	15:59	1:45	2:44	4:06	4:49	5:56	7:16	9:38	11:06	14:11	15:59	1:18:47	
				1:45	0:59	1:22	0:43	1:07	1:20	2:22	1:28	3:05	1:48	1:02:48	
10	Seitz, Simeon TV Oberbexbach	H18	16:24	1:45	2:42	5:45	6:27	7:20	8:25	10:32	12:03	14:54	16:24	1:18:51	
				1:45	0:57	3:03	0:42	0:53	1:05	2:07	1:31	2:51	1:30	1:02:27	
11	Dessailly, Jean SC Königstein	H18	17:12	1:57	2:46	4:41	5:33	6:54	8:17	11:11	12:39	15:28	17:12	1:19:48	
				1:57	0:49	1:55	0:52	1:21	1:23	2:54	1:28	2:49	1:44	1:02:36	
12	Strupp, Lotte TGM Budenheim	D16	17:13	1:41	3:05	4:36	5:27	6:41	8:01	10:44	12:24	15:29	17:13	1:19:50	
				1:41	1:24	1:31	0:51	1:14	1:20	2:43	1:40	3:05	1:44	1:02:37	
13	Schäfer, Leane TGM Budenheim	D19	17:25	1:43	2:45	4:07	4:46	5:56	7:15	11:11	12:37	15:29	17:25	1:19:57	
				1:43	1:02	1:22	0:39	1:10	1:19	3:56	1:26	2:52	1:56	1:02:32	
14	Stephan, Henry TV Oberbexbach	H18	17:36	2:08	3:23	4:41	6:10	7:44	8:54	11:14	12:43	15:53	17:36	1:20:05	6:50
				2:08	1:15	1:18	1:29	1:34	1:10	2:20	1:29	3:10	1:43	1:02:29	*120
15	Harston, Anna OLG Lummerland	D19	18:02	2:03	3:41	5:24	6:05	7:51	9:08	11:46	13:27	16:15	18:02	1:20:43	
				2:03	1:38	1:43	0:41	1:46	1:17	2:38	1:41	2:48	1:47	1:02:41	

Pl. Name	Kat	Zeit											
Bahn 3 (23) Ann. Teilstr.: 1			2,9 km		10 Posten					<i>(Forts.)</i>			
			1(119)	2(115)	3(113)	4(110)	5(107)	6(103)	7(116)	8(102)	9(117)	10(100)	Ziel
16 Berger, Johanna	D16	18:18	1:54	3:38	5:28	6:14	7:42	9:06	11:39	13:41	16:36	18:18	1:20:55
TGM Budenheim			1:54	1:44	1:50	0:46	1:28	1:24	2:33	2:02	2:55	1:42	1:02:37
17 Kosch, Sabeth	D19	18:22	2:05	3:18	4:54	5:43	6:59	8:30	11:19	13:04	16:20	18:22	1:21:04
OLV Steinberg			2:05	1:13	1:36	0:49	1:16	1:31	2:49	1:45	3:16	2:02	1:02:42
18 Roth, Emma	D16	18:43	3:30	4:38	6:21	7:03	8:08	9:24	11:53	13:37	16:24	18:43	1:21:14
TGM Budenheim			3:30	1:08	1:43	0:42	1:05	1:16	2:29	1:44	2:47	2:19	1:02:31
19 Vilz, Leonie	D19	20:14	1:54	3:13	4:57	5:46	7:06	8:55	12:16	14:04	17:48	20:14	1:22:59
TV Jahn Eitelborn			1:54	1:19	1:44	0:49	1:20	1:49	3:21	1:48	3:44	2:26	1:02:45
20 Kunz, Fabian	H18	20:58	2:06	3:16	4:59	6:48	9:09	10:37	13:26	15:25	18:47	20:58	1:23:30
TV Oberbexbach			2:06	1:10	1:43	1:49	2:21	1:28	2:49	1:59	3:22	2:11	1:02:32
21 Bauerfeld, Livia	D16	22:56	2:26	4:28	6:37	7:34	9:06	10:42	14:30	16:43	20:34	22:56	1:25:28
OL-Team Filder			2:26	2:02	2:09	0:57	1:32	1:36	3:48	2:13	3:51	2:22	1:02:32
22 Katte, Isabel	D19	24:00	3:53	5:39	7:25	8:15	10:04	11:49	15:12	17:30	21:22	24:00	1:26:51
(ohne Verein)			3:53	1:46	1:46	0:50	1:49	1:45	3:23	2:18	3:52	2:38	1:02:51
23 Uhlendorf, Philipp	H18	25:32	2:25	4:39	6:22	7:03	9:51	11:42	14:45	17:00	21:56	25:32	1:28:18
SC Königstein			2:25	2:14	1:43	0:41	2:48	1:51	3:03	2:15	4:56	3:36	1:02:46

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Pl. Name	Kat	Zeit													
Bahn 4 (23) Ann. Teilstr.: 1			3,6 km 14 Posten												
			1(104)	2(102)	3(116)	4(101)	5(121)	6(117)	7(112)	8(110)	9(113)	10(106)	11(107)	12(120)	13(119)
			14(100)	Ziel											
1 Scott, Toby OLV Steinberg	H19	12:29	1:16	2:51	3:51	5:23	5:59	6:31	7:53	9:04	9:31	10:35	11:11	11:31	12:05
			1:16	1:35	1:00	1:32	0:36	0:32	1:22	1:11	0:27	1:04	0:36	0:20	0:34
			12:29	1:19:17											
			0:24	1:06:48											
2 Saß, Kolya OLF Mainz	H19	14:51	1:11	3:01	4:13	6:01	6:45	7:20	9:18	10:42	11:20	12:19	13:10	13:36	14:22
			1:11	1:50	1:12	1:48	0:44	0:35	1:58	1:24	0:38	0:59	0:51	0:26	0:46
			14:51	1:21:52											
			0:29	1:07:01											
3 Golovizin, Nikita SC Königstein	H35	15:18	1:05	2:48	4:32	6:11	6:47	7:23	9:14	10:27	11:08	12:42	13:27	13:54	14:49
			1:05	1:43	1:44	1:39	0:36	0:36	1:51	1:13	0:41	1:34	0:45	0:27	0:55
			15:18	1:17:48											
			0:29	1:02:30											
4 Saß, Jannik OLF Mainz	H19	15:33	1:11	3:28	4:40	6:34	7:14	7:51	9:40	11:10	11:46	12:57	13:48	14:15	15:04
			1:11	2:17	1:12	1:54	0:40	0:37	1:49	1:30	0:36	1:11	0:51	0:27	0:49
			15:33	1:18:00											
			0:29	1:02:27											
5 Wüstenhagen, Rolf Gundelfinger Turnerschaft	H45	15:46	1:15	3:06	4:32	6:25	7:05	7:46	9:26	10:53	11:32	13:11	13:58	14:26	15:15
			1:15	1:51	1:26	1:53	0:40	0:41	1:40	1:27	0:39	1:39	0:47	0:28	0:49
			15:46	1:18:18											
			0:31	1:02:32											
6 Hulec, Filip SKP Ceské Budejovice	H19	16:00	1:17	3:15	4:27	6:21	7:05	7:48	9:56	11:32	12:12	13:19	14:11	14:38	15:28
			1:17	1:58	1:12	1:54	0:44	0:43	2:08	1:36	0:40	1:07	0:52	0:27	0:50
			16:00	1:18:33											
			0:32	1:02:33											
7 Ehrlich, David OLV Steinberg	H19	16:31	1:48	4:11	5:28	7:43	8:21	9:02	10:33	11:59	12:41	13:41	14:28	15:06	15:54
			1:48	2:23	1:17	2:15	0:38	0:41	1:31	1:26	0:42	1:00	0:47	0:38	0:48
			16:31	1:19:02											
			0:37	1:02:31											

Pl.	Name	Kat	Zeit														
				Bahn 4 (23) Ann. Teilstr.: 1													
				3,6 km 14 Posten (Forts.)													
				1(104)	2(102)	3(116)	4(101)	5(121)	6(117)	7(112)	8(110)	9(113)	10(106)	11(107)	12(120)	13(119)	
				14(100)	Ziel												
8	Hinkel, Georg OLV Steinberg	H35	17:09	1:22	3:25	4:56	7:03	7:52	8:37	10:43	12:26	13:10	14:22	15:17	15:46	16:37	
				1:22	2:03	1:31	2:07	0:49	0:45	2:06	1:43	0:44	1:12	0:55	0:29	0:51	
				17:09	1:25:33												
				0:32	1:08:24												
8	Torgau, Moritz TV Oberbexbach	H35	17:09	1:17	3:48	5:15	7:16	7:58	8:38	10:24	11:58	12:46	14:11	15:01	15:29	16:38	
				1:17	2:31	1:27	2:01	0:42	0:40	1:46	1:34	0:48	1:25	0:50	0:28	1:09	
				17:09	1:22:19												
				0:31	1:05:10												
10	Göhler, Marcel CTG Koblenz	H45	17:16	1:11	3:27	4:42	6:40	7:25	9:04	11:03	12:38	13:20	14:31	15:21	15:50	16:40	
				1:11	2:16	1:15	1:58	0:45	1:39	1:59	1:35	0:42	1:11	0:50	0:29	0:50	
				17:16	1:19:45												
				0:36	1:02:29												
11	Kleipa, Torsten OLF Mainz	H45	17:42	1:28	3:36	5:09	7:25	8:12	8:56	11:04	12:52	13:33	14:38	15:40	16:13	17:09	
				1:28	2:08	1:33	2:16	0:47	0:44	2:08	1:48	0:41	1:05	1:02	0:33	0:56	
				17:42	1:20:20												
				0:33	1:02:38												
12	Petraroli, Andrea OLF Mainz	H19	17:45	1:25	3:16	4:34	6:44	7:32	8:17	10:01	11:51	12:48	14:10	15:05	15:49	16:54	
				1:25	1:51	1:18	2:10	0:48	0:45	1:44	1:50	0:57	1:22	0:55	0:44	1:05	
				17:45	1:23:32												
				0:51	1:05:47												
13	Saß, Jörn OLF Mainz	H45	17:50	1:40	3:44	5:00	6:55	7:37	8:21	10:13	11:45	12:28	15:05	15:53	16:23	17:18	
				1:40	2:04	1:16	1:55	0:42	0:44	1:52	1:32	0:43	2:37	0:48	0:30	0:55	
				17:50	1:20:21												
				0:32	1:02:31												
14	Imbsweiler, Philippe TV Oberbexbach	H45	18:13	1:28	3:21	4:55	6:51	7:58	9:26	11:27	12:59	13:45	14:48	15:37	16:13	17:21	
				1:28	1:53	1:34	1:56	1:07	1:28	2:01	1:32	0:46	1:03	0:49	0:36	1:08	
				18:13	1:20:40												
				0:52	1:02:27												

Pl. Name	Kat	Zeit													
Bahn 4 (23) Ann. Teilstr.: 1			3,6 km 14 Posten (Forts.)												
			1(104)	2(102)	3(116)	4(101)	5(121)	6(117)	7(112)	8(110)	9(113)	10(106)	11(107)	12(120)	13(119)
			14(100)	Ziel											
15 Pastor, Kai OLF Mainz	H45	18:30	1:14	3:14	4:39	6:53	7:50	8:42	11:02	13:00	13:39	15:20	16:23	16:59	17:55
			1:14	2:00	1:25	2:14	0:57	0:52	2:20	1:58	0:39	1:41	1:03	0:36	0:56
			18:30	1:21:05											
			0:35	1:02:35											
16 Doetsch, Simeon OLV Steinberg	H19	18:38	1:31	3:53	5:37	7:38	8:24	9:19	11:30	13:13	13:59	15:17	16:22	16:59	18:01
			1:31	2:22	1:44	2:01	0:46	0:55	2:11	1:43	0:46	1:18	1:05	0:37	1:02
			18:38	1:21:13											
			0:37	1:02:35											
17 Behrendt, Claas OLV Steinberg	H45	19:20	1:29	4:23	5:55	8:14	9:03	9:51	12:09	14:00	15:01	16:14	17:12	17:45	18:42
			1:29	2:54	1:32	2:19	0:49	0:48	2:18	1:51	1:01	1:13	0:58	0:33	0:57
			19:20	1:21:54											
			0:38	1:02:34											
18 Haenelt, Stephan OL-Team Filder	H35	19:51	1:37	4:02	5:35	8:05	9:03	9:59	12:11	14:14	14:59	16:27	17:34	18:10	19:12
			1:37	2:25	1:33	2:30	0:58	0:56	2:12	2:03	0:45	1:28	1:07	0:36	1:02
			19:51	1:22:28											
			0:39	1:02:37											
19 Walthaner, Roman ASV Landau	H45	20:36	1:36	4:00	5:39	7:51	8:38	9:29	11:30	13:04	15:49	17:08	18:06	18:44	19:45
			1:36	2:24	1:39	2:12	0:47	0:51	2:01	1:34	2:45	1:19	0:58	0:38	1:01
			20:36	1:23:10											
			0:51	1:02:34											
20 Wedekind, Konstantin OLG St. Vith ARDOC	H19	20:41	2:14	4:21	6:22	8:38	9:25	10:13	12:08	13:49	14:30	16:00	16:57	17:34	20:05
			2:14	2:07	2:01	2:16	0:47	0:48	1:55	1:41	0:41	1:30	0:57	0:37	2:31
			20:41	1:25:08											
			0:36	1:04:27											
21 Hervás Lucas, Jesús Gymnasion Offenbach	H35	20:43	1:37	4:03	5:29	7:50	8:42	9:34	12:00	13:54	14:48	16:54	18:02	18:56	20:03
			1:37	2:26	1:26	2:21	0:52	0:52	2:26	1:54	0:54	2:06	1:08	0:54	1:07
			20:43	1:23:19											
			0:40	1:02:36											

Pl. Name Kat Zeit

Bahn 5 (30) Ann. Teilstr.: 1**2,8 km 10 Posten**

			1(119)	2(118)	3(115)	4(113)	5(120)	6(112)	7(117)	8(101)	9(105)	10(100)	Ziel		
1	Bohsmann, Michael	H55	14:30	1:49	2:43	3:48	6:30	7:38	8:45	10:27	11:41	12:22	14:30	1:17:03	3:32
	OL-Team Filder			1:49	0:54	1:05	2:42	1:08	1:07	1:42	1:14	0:41	2:08	4:02:33	*106
1	Kosch, Christian	H55	14:30	1:33	2:35	3:30	4:55	6:10	7:29	9:53	11:14	11:59	14:30	1:17:07	
	OLV Steinberg			1:33	1:02	0:55	1:25	1:15	1:19	2:24	1:21	0:45	2:31	4:02:37	
3	Thierolf, Michael	H55	15:09	2:54	3:44	4:39	5:57	7:07	8:18	10:32	12:05	12:47	15:09	1:17:43	
	TSG Bad König			2:54	0:50	0:55	1:18	1:10	1:11	2:14	1:33	0:42	2:22	4:02:34	
4	Kästner, Anja	D45	15:11	1:42	2:33	3:32	5:01	6:14	7:32	10:06	11:46	12:34	15:11	1:17:47	
	TV Oberbexbach			1:42	0:51	0:59	1:29	1:13	1:18	2:34	1:40	0:48	2:37	4:02:36	
5	Ni, Vadim	H55	16:08	1:56	2:51	4:09	5:36	7:14	8:39	10:54	12:34	13:22	16:08	1:18:47	
	OLV Steinberg			1:56	0:55	1:18	1:27	1:38	1:25	2:15	1:40	0:48	2:46	4:02:39	
5	Stöwhaas, Jens	H55	16:08	1:38	2:22	3:25	5:57	6:59	9:03	11:36	12:57	13:41	16:08	1:18:43	
	CTG Koblenz			1:38	0:44	1:03	2:32	1:02	2:04	2:33	1:21	0:44	2:27	4:02:35	
7	Fritz, Kristine	D55	16:11	1:46	2:40	3:40	5:22	6:46	8:10	10:42	12:21	13:13	16:11	1:22:24	
	OL-Team Filder			1:46	0:54	1:00	1:42	1:24	1:24	2:32	1:39	0:52	2:58	4:06:13	
8	Bauerfeld, Thomas	H55	16:33	2:02	2:57	4:00	5:31	7:06	8:36	11:07	12:56	13:44	16:33	1:19:12	
	OL-Team Filder			2:02	0:55	1:03	1:31	1:35	1:30	2:31	1:49	0:48	2:49	4:02:39	
9	Stieler, Patric	H55	16:53	1:55	2:53	3:58	5:39	7:01	8:52	11:19	13:00	14:00	16:53	1:24:52	
	SC Königstein			1:55	0:58	1:05	1:41	1:22	1:51	2:27	1:41	1:00	2:53	4:07:59	
10	Vilz, Wolfgang	H55	17:04	1:54	2:57	4:02	5:33	6:51	8:26	10:48	12:54	13:49	17:04	1:19:47	
	TV Jahn Eitelborn			1:54	1:03	1:05	1:31	1:18	1:35	2:22	2:06	0:55	3:15	4:02:43	
11	Horst, Brit	D45	17:47	3:08	4:00	5:03	6:46	8:02	9:32	12:08	13:50	14:46	17:47	1:20:32	
	SC Königstein			3:08	0:52	1:03	1:43	1:16	1:30	2:36	1:42	0:56	3:01	4:02:45	
12	Dessailly, Aurélie	D45	17:50	2:02	3:12	4:20	7:13	8:35	10:03	12:32	14:10	15:02	17:50	1:20:34	
	SC Königstein			2:02	1:10	1:08	2:53	1:22	1:28	2:29	1:38	0:52	2:48	4:02:44	
13	Krausbauer, Uwe	H65	17:51	3:16	4:12	5:18	6:48	8:14	9:42	12:16	13:56	14:50	17:51	1:20:37	
	CTG Koblenz			3:16	0:56	1:06	1:30	1:26	1:28	2:34	1:40	0:54	3:01	4:02:46	
14	Döllgast, Ralf	H55	18:09	1:58	3:11	4:21	6:41	8:12	9:44	12:38	14:13	15:08	18:09	1:22:53	
	TV Oberbexbach			1:58	1:13	1:10	2:20	1:31	1:32	2:54	1:35	0:55	3:01	4:04:44	
15	Meißner, Ralph	H65	18:34	2:25	3:36	4:45	6:29	7:56	9:44	12:25	14:07	15:03	18:34	1:21:17	
	TV 1894 Coburg-Neuses			2:25	1:11	1:09	1:44	1:27	1:48	2:41	1:42	0:56	3:31	4:02:43	

Pl. Name	Kat	Zeit												
Bahn 5 (30) Ann. Teilstr.: 1			2,8 km 10 Posten					<i>(Forts.)</i>						
			1(119)	2(118)	3(115)	4(113)	5(120)	6(112)	7(117)	8(101)	9(105)	10(100)	Ziel	
16 Diehr, Eyke	H55	18:37	2:10	3:55	5:06	6:55	8:26	10:15	12:59	14:40	15:33	18:37	1:21:22	
OLF Mainz			2:10	1:45	1:11	1:49	1:31	1:49	2:44	1:41	0:53	3:04	1:02:45	
17 Weber, Gitta	D55	18:54	2:16	3:25	4:34	6:17	7:57	9:40	12:40	14:31	15:37	18:54	1:21:40	
OLF Mainz			2:16	1:09	1:09	1:43	1:40	1:43	3:00	1:51	1:06	3:17	1:02:46	
18 Shcherbyna, Oleksandr	H65	18:59	4:13	5:20	6:20	8:25	9:52	11:30	13:55	15:29	16:18	18:59	1:21:39	
SC Königstein			4:13	1:07	1:00	2:05	1:27	1:38	2:25	1:34	0:49	2:41	1:02:40	
19 Czioska, Frank	H65	19:22	2:10	3:25	4:22	6:48	8:23	9:59	13:00	14:47	15:42	19:22	1:22:04	
OLF Mainz			2:10	1:15	0:57	2:26	1:35	1:36	3:01	1:47	0:55	3:40	1:02:42	
20 Kosch, Iris	D55	20:34	2:12	3:30	4:49	6:44	8:26	10:32	13:56	15:55	17:00	20:34	1:23:21	9:49
OLV Steinberg			2:12	1:18	1:19	1:55	1:42	2:06	3:24	1:59	1:05	3:34	1:02:47	*103
21 Seefeld, Karl-Heinz	H65	20:49	2:10	3:20	4:44	6:39	8:15	10:04	13:30	15:38	16:50	20:49	1:33:05	
OLV Uslar			2:10	1:10	1:24	1:55	1:36	1:49	3:26	2:08	1:12	3:59	1:12:16	
22 Schlei, Julia	D45	20:56	4:57	5:59	6:56	9:03	10:36	12:28	14:58	16:47	17:54	20:56	1:23:44	
OLV Steinberg			4:57	1:02	0:57	2:07	1:33	1:52	2:30	1:49	1:07	3:02	1:02:48	
23 Kotschetkow, Wladimir	H65	24:02	3:03	4:22	5:39	8:03	10:28	12:33	15:44	18:26	20:03	24:02	1:26:50	
Gymnasion Offenbach			3:03	1:19	1:17	2:24	2:25	2:05	3:11	2:42	1:37	3:59	1:02:48	
24 Deider, Sabine	D45	24:09	3:12	5:31	6:46	9:01	10:43	12:56	16:29	19:24	20:18	24:09	1:26:53	
SC Königstein			3:12	2:19	1:15	2:15	1:42	2:13	3:33	2:55	0:54	3:51	1:02:44	
25 Ballerstädt, Ines (ohne Verein)	D45	27:44	2:58	4:21	6:04	8:26	10:48	13:45	17:18	20:04	21:37	27:44	1:30:41	
			2:58	1:23	1:43	2:22	2:22	2:57	3:33	2:46	1:33	6:07	1:02:57	
26 Lahm, Katja	D55	27:47	3:00	7:46	9:07	11:35	13:30	15:18	19:14	22:37	23:52	27:47	1:31:04	
CTG Koblenz			3:00	4:46	1:21	2:28	1:55	1:48	3:56	3:23	1:15	3:55	1:03:17	
27 Birk, Ulrich	H65	27:48	5:04	6:25	8:46	12:11	14:20	16:43	20:26	22:42	23:53	27:48	1:30:28	
TV 1886 Diedenbergen			5:04	1:21	2:21	3:25	2:09	2:23	3:43	2:16	1:11	3:55	1:02:40	
28 Büschemann, Evelyn	D55	28:07	2:33	3:52	6:48	14:18	15:56	17:51	20:37	22:45	23:50	28:07	1:30:57	6:32
CTG Koblenz			2:33	1:19	2:56	7:30	1:38	1:55	2:46	2:08	1:05	4:17	1:02:50	*106
29 Weingard, Elvira	D55	28:21	3:15	5:56	9:38	11:58	14:21	16:31	20:15	22:32	24:02	28:21	1:31:09	
OLV Steinberg			3:15	2:41	3:42	2:20	2:23	2:10	3:44	2:17	1:30	4:19	1:02:48	
30 Rabussier, Sonia	D45	32:45	2:20	3:21	10:04	17:20	18:46	20:34	23:17	24:55	25:51	32:45	1:35:28	9:50

Pl. Name Kat Zeit

Bahn 5 (30) Ann. Teilstr.: 1

2,8 km 10 Posten (Forts.)

1(119) 2(118) 3(115) 4(113) 5(120) 6(112) 7(117) 8(101) 9(105) 10(100) Ziel

OLF Mainz

2:20 1:01 6:43 7:16 1:26 1:48 2:43 1:38 0:56 6:54 ~~1:02:43~~

*106

Pl. Name Kat Zeit

Bahn 6 (3) Ann. Teilstr.: 10

1,7 km 7 Posten

			1(109)	2(104)	3(103)	4(112)	5(102)	6(114)	7(100)	Ziel	
1	Walther, Silke	OffM	10:49	0:48	2:21	3:50	4:51	6:21	9:51	10:49	1:13:33
	ASV Landau			0:48	1:33	1:29	1:01	1:30	3:30	0:58	1:02:44
2	Büchler, Jannes	OffM	11:39	0:37	2:02	3:45	4:21	7:23	10:17	11:39	1:17:20
	TV Jahn Eitelborn			0:37	1:25	1:43	0:36	3:02	2:54	1:22	1:05:41
3	Vilz, Marion	OffM	16:36	0:55	3:06	5:40	6:42	9:18	15:06	16:36	1:19:51
	TV Jahn Eitelborn			0:55	2:11	2:34	1:02	2:36	5:48	1:30	1:03:15

Pl. Name	Kat	Zeit	1,2 km 7 Posten							
			1(138)	2(126)	3(131)	4(142)	5(143)	6(139)	7(100)	Ziel
1 Rathje, Erik TGM Budenheim	H10	7:53	0:51	1:15	2:07	3:41	5:16	6:26	7:43	7:52
			0:51	0:24	0:52	1:34	1:35	1:10	1:17	0:09
2 Hinkel, Quentin OLV Steinberg	H10	12:02	1:44	2:17	3:39	6:14	8:05	10:13	11:51	12:02
			1:44	0:33	1:22	2:35	1:51	2:08	1:38	0:11
3 Saß, Anastasia OLF Mainz	D10	12:51	1:16	1:53	3:23	5:54	7:29	9:17	12:42	12:51
			1:16	0:37	1:30	2:31	1:35	1:48	3:25	0:09
4 Hinkel, Vincent OLV Steinberg	H10	14:24	1:30	2:11	4:43	7:45	10:03	12:24	14:07	14:24
			1:30	0:41	2:32	3:02	2:18	2:21	1:43	0:17
5 Dingwerth, Julius TGM Budenheim	H10	16:55	2:10	3:18	4:55	9:59	13:17	14:54	16:40	16:55
			2:10	1:08	1:37	5:04	3:18	1:37	1:46	0:15
6 Gros, Lucas OLF Mainz	H10	20:59	4:10	5:28	7:17	11:49	16:04	19:05	20:45	20:59
			4:10	1:18	1:49	4:32	4:15	3:01	1:40	0:14

Pl.	Name	Kat	Zeit	2,0 km 9 Posten									
				1(126)	2(124)	3(129)	4(127)	5(131)	6(140)	7(142)	8(139)	9(100)	Ziel
1	Doetsch, Julian OLV Steinberg	H14	8:10	0:44	1:51	2:40	3:23	4:35	5:36	6:07	7:25	8:02	8:09
				0:44	1:07	0:49	0:43	1:12	1:01	0:31	1:18	0:37	0:07
2	Imbsweiler, Jacob TV Oberbexbach	H14	8:17	0:44	1:59	2:42	3:28	4:37	5:33	6:08	7:28	8:08	8:16
				0:44	1:15	0:43	0:46	1:09	0:56	0:35	1:20	0:40	0:08
3	Schlei, Michael OLV Steinberg	H14	8:55	0:49	2:12	3:00	3:51	5:10	6:06	6:47	8:08	8:48	8:54
				0:49	1:23	0:48	0:51	1:19	0:56	0:41	1:21	0:40	0:06
4	Horst, Katja SC Königstein	D14	9:13	0:46	2:09	2:55	3:48	5:10	6:10	6:41	8:21	9:04	9:12
				0:46	1:23	0:46	0:53	1:22	1:00	0:31	1:40	0:43	0:08
5	Behrendt, Sophie OLV Steinberg	D14	9:58	1:04	2:28	3:20	4:12	5:33	6:37	7:14	9:03	9:49	9:57
				1:04	1:24	0:52	0:52	1:21	1:04	0:37	1:49	0:46	0:08
6	Oehlke, Sinica TGM Budenheim	D14	11:48	1:13	2:47	3:57	4:55	6:24	7:50	8:31	10:35	11:36	11:48
				1:13	1:34	1:10	0:58	1:29	1:26	0:41	2:04	1:01	0:12
7	van Bentum, Iris TV Oberbexbach	D14	12:13	1:08	3:00	4:02	5:17	7:03	8:11	8:58	10:52	12:05	12:13
				1:08	1:52	1:02	1:15	1:46	1:08	0:47	1:54	1:13	0:08
8	Behrendt, Lina OLV Steinberg	D14	12:17	1:03	2:46	3:50	5:09	6:56	8:27	9:16	11:16	12:08	12:16
				1:03	1:43	1:04	1:19	1:47	1:31	0:49	2:00	0:52	0:08
9	Krämer, Finja TGM Budenheim	D14	12:26	1:16	2:53	3:56	5:07	6:47	8:05	8:55	10:58	12:19	12:26
				1:16	1:37	1:03	1:11	1:40	1:18	0:50	2:03	1:21	0:07
10	Cronau, Milla TGM Budenheim	D14	12:30	0:54	2:31	3:54	4:57	6:43	8:22	9:03	11:18	12:18	12:30
				0:54	1:37	1:23	1:03	1:46	1:39	0:41	2:15	1:00	0:12
11	Conrad, Hans TSG 1846 Darmstadt	H75	12:48	1:11	2:52	4:00	5:14	7:05	8:23	9:13	11:34	12:35	12:48
				1:11	1:41	1:08	1:14	1:51	1:18	0:50	2:21	1:01	0:13
12	Cronau, Madita TGM Budenheim	D14	13:03	1:20	3:04	4:01	5:13	6:53	9:13	10:01	11:49	12:55	13:03
				1:20	1:44	0:57	1:12	1:40	2:20	0:48	1:48	1:06	0:08
13	Bader, Achim OLF Mainz	H75	15:58	1:20	3:29	5:29	6:54	9:07	11:15	12:09	14:36	15:46	15:57
				1:20	2:09	2:00	1:25	2:13	2:08	0:54	2:27	1:10	0:11
14	Haenelt, Beatrix OL-Team Filder	D65	16:27	1:39	4:02	5:30	7:09	9:30	11:13	12:19	15:00	16:15	16:26
				1:39	2:23	1:28	1:39	2:21	1:43	1:06	2:41	1:15	0:11
15	Kreft, Günter OLF Mainz	H75	17:13	2:06	4:35	5:59	7:32	9:47	12:04	13:05	15:43	16:58	17:13
				2:06	2:29	1:24	1:33	2:15	2:17	1:01	2:38	1:15	0:15

Pl.	Name	Kat	Zeit	2,0 km 9 Posten (Forts.)									
				1(126)	2(124)	3(129)	4(127)	5(131)	6(140)	7(142)	8(139)	9(100)	Ziel
16	Müller, Gisela TV 1886 Diedenbergen	D65	17:22	1:37	4:03	5:34	7:04	9:38	11:34	12:43	15:42	17:04	17:21
				1:37	2:26	1:31	1:30	2:34	1:56	1:09	2:59	1:22	0:17
17	Saß, Viktoria OLF Mainz	D14	20:07	1:25	3:39	7:16	8:50	10:55	13:11	14:25	17:15	19:58	20:07
				1:25	2:14	3:37	1:34	2:05	2:16	1:14	2:50	2:43	0:09
18	Müller, Gerda SV Mörlenbach	D65	21:26	1:54	5:01	6:53	8:48	11:52	13:54	15:36	19:12	21:08	21:26
				1:54	3:07	1:52	1:55	3:04	2:02	1:42	3:36	1:56	0:18
19	Müller, Peter SV Mörlenbach	H75	21:47	2:08	4:53	7:48	9:53	12:46	14:41	16:41	19:57	21:29	21:47
				2:08	2:45	2:55	2:05	2:53	1:55	2:00	3:16	1:32	0:18
20	Horn, Gerhard TGV Horn	H75	23:59	2:30	6:14	8:20	10:41	14:09	16:31	17:57	21:54	23:35	23:59
				2:30	3:44	2:06	2:21	3:28	2:22	1:26	3:57	1:41	0:24
	Kreckel, Ida TGM Budenheim	D14	Fehlst	5:11	7:37	10:14	----	14:16	----	----	----	28:09	28:38
				5:11	2:26	2:37		4:02				13:53	0:29
AK	Syguda, Timur SC Königstein	H14	16:26	2:11	4:51	6:14	7:49	9:48	11:37	12:52	14:40	16:18	16:26
				2:11	2:40	1:23	1:35	1:59	1:49	1:15	1:48	1:38	0:08

10:47
*130

Pl.	Name	Kat	Zeit	2,8 km 14 Posten												
				1(141) 14(100)	2(122) Ziel	3(134)	4(136)	5(132)	6(128)	7(133)	8(136)	9(125)	10(144)	11(140)	12(142)	13(139)
1	Lezius, Noah TV Oberbexbach	H18	14:24	1:39 1:39 14:06	2:09 0:30 14:24	2:49 0:40	4:24 1:35	5:10 0:46	6:14 1:04	6:24 0:10	7:34 1:10	8:43 1:09	10:45 2:02	11:22 0:37	12:10 0:48	13:28 1:18
2	Kästner, Anne TV Oberbexbach	D18	14:44	1:48 1:48 14:36	2:18 0:30 14:43	3:10 0:52	4:22 1:12	5:12 0:50	6:27 1:15	6:38 0:11	7:52 1:14	8:52 1:00	11:03 2:11	11:42 0:39	12:15 0:33	13:46 1:31
2	Bauerfeld, Nico OL-Team Filder	H18	14:44	1:43 1:43 14:35	2:12 0:29 14:43	2:53 0:41	4:07 1:14 14:35	4:54 0:47 14:35	5:55 1:01	7:20 1:25	8:32 1:12	9:28 0:56	11:27 1:59	12:02 0:35	12:32 0:30	13:52 1:20
4	Fritz, Julia OL-Team Filder	D18	15:04	1:51 1:51 14:56	2:26 0:35 15:03	3:05 0:39	4:26 1:21	5:17 0:51	6:56 1:39	7:06 0:10	8:20 1:14	9:20 1:00	11:27 2:07	12:05 0:38	12:42 0:37	14:07 1:25
5	Seitz, Simeon TV Oberbexbach	H18	15:41	1:48 1:48 15:32	2:20 0:32 15:40	3:06 0:46	4:37 1:31	5:32 0:55	7:37 2:05	7:51 0:14	9:07 1:16	10:22 1:15	12:24 2:02	13:04 0:40	13:35 0:31	14:55 1:20
6	Simsch, Annika TGM Budenheim	D18	16:01	1:58 1:58 15:52	2:34 0:36 16:00	3:28 0:54	4:49 1:21	5:43 0:54	6:53 1:10	7:04 0:11	8:26 1:22	9:31 1:05	12:05 2:34	12:51 0:46	13:26 0:35	14:59 1:33
7	Abner, Ben (ohne Verein)	H18	16:31	1:41 1:41 16:24	2:17 0:36 16:31	2:53 0:36	4:23 1:30	5:16 0:53	7:41 2:25	7:52 0:11	9:03 1:11	11:09 2:06	13:14 2:05	13:51 0:37	14:21 0:30	15:45 1:24

Pl. Name	Kat	Zeit													
Bahn 3 (23)			2,8 km 14 Posten (Forts.)												
			1(141)	2(122)	3(134)	4(136)	5(132)	6(128)	7(133)	8(136)	9(125)	10(144)	11(140)	12(142)	13(139)
			14(100)	Ziel											
8 Wersin, Marit	D19	16:51	1:56	2:32	3:22	5:01	6:00	7:16	7:30	9:05	10:19	12:51	13:35	14:12	15:56
TGM Budenheim			1:56	0:36	0:50	1:39	0:59	1:16	0:14	1:35	1:14	2:32	0:44	0:37	1:44
			16:43	16:50											
			0:47	0:07											
9 Stephan, Henry	H18	17:31	1:59	3:03	3:51	5:54	6:50	8:00	9:26	10:52	12:08	14:18	14:55	15:25	16:47
TV Oberbexbach			1:59	1:04	0:48	2:03	0:56	1:10	1:26	1:26	1:16	2:10	0:37	0:30	1:22
			17:24	17:30											
			0:37	0:06											
10 Schäfer, Leane	D19	17:52	2:03	2:45	3:46	5:17	6:19	7:36	7:50	9:21	10:52	13:36	14:34	15:14	16:57
TGM Budenheim			2:03	0:42	1:01	1:31	1:02	1:17	0:14	1:31	1:31	2:44	0:58	0:40	1:43
			17:45	17:51											
			0:48	0:06											
11 Kunz, Fabian	H18	18:48	2:18	2:57	3:59	5:39	6:46	8:07	8:20	9:58	11:12	14:23	15:06	15:57	17:50
TV Oberbexbach			2:18	0:39	1:02	1:40	1:07	1:21	0:13	1:38	1:14	3:11	0:43	0:51	1:53
			18:41	18:47											
			0:51	0:06											
12 Roth, Emma	D16	18:51	2:16	2:57	3:59	5:26	6:27	7:49	8:01	9:35	11:21	14:19	15:04	16:00	17:48
TGM Budenheim			2:16	0:41	1:02	1:27	1:01	1:22	0:12	1:34	1:46	2:58	0:45	0:56	1:48
			18:43	18:51											
			0:55	0:08											
13 Uhlendorf, Philipp	H18	19:00	2:01	2:48	4:00	5:35	6:30	7:48	8:03	9:26	11:26	14:25	15:25	16:06	17:42
SC Königstein			2:01	0:47	1:12	1:35	0:55	1:18	0:15	1:23	2:00	2:59	1:00	0:41	1:36
			18:51	19:00											
			1:09	0:09											
14 Henkes, Elisabeth	D19	19:01	2:22	3:06	4:00	6:22	7:26	8:45	8:59	10:37	11:54	14:38	15:27	16:07	17:59
OLG St. Vith ARDOC			2:22	0:44	0:54	2:22	1:04	1:19	0:14	1:38	1:17	2:44	0:49	0:40	1:52
			18:51	19:01											
			0:52	0:10											

Pl. Name	Kat	Zeit													
			2,8 km		14 Posten							<i>(Forts.)</i>			
			1(141)	2(122)	3(134)	4(136)	5(132)	6(128)	7(133)	8(136)	9(125)	10(144)	11(140)	12(142)	13(139)
			14(100)	Ziel											
22 Bauerfeld, Livia OL-Team Filder	D16	25:29	2:52	3:41	4:42	7:02	8:25	10:19	12:06	14:13	15:56	19:46	20:56	21:36	24:16
			2:52	0:49	1:01	2:20	1:23	1:54	1:47	2:07	1:43	3:50	1:10	0:40	2:40
			25:20	25:28											
			1:04	0:08											
23 Katte, Isabel (ohne Verein)	D19	26:36	2:59	4:28	5:43	7:54	9:13	11:02	11:25	13:23	16:53	20:21	21:25	22:24	25:02
			2:59	1:29	1:15	2:11	1:19	1:49	0:23	1:58	3:30	3:28	1:04	0:59	2:38
			26:22	26:36											
			1:20	0:14											

Pl.	Name	Kat	Zeit	Bahn 4 (22)													
				3,3 km			15 Posten					<i>(Forts.)</i>					
				1(122)	2(141)	3(123)	4(138)	5(135)	6(137)	7(131)	8(132)	9(128)	10(130)	11(129)	12(123)	13(125)	
				14(144)	15(100)	Ziel											
15	Pastor, Kai OLF Mainz	H45	19:40	1:52	2:52	3:37	5:11	6:05	6:39	7:44	9:21	10:33	11:48	12:19	13:54	16:29	
				1:52	1:00	0:45	1:34	0:54	0:34	1:05	1:37	1:12	1:15	0:31	1:35	2:35	
				18:59	19:32	19:40											
				2:30	0:33	0:08											
16	Hervás Lucas, Jesús Gymnasion Offenbach	H35	19:41	2:03	2:45	3:20	5:09	6:04	6:36	7:42	9:14	10:28	11:46	12:19	13:53	16:16	
				2:03	0:42	0:35	1:49	0:55	0:32	1:06	1:32	1:14	1:18	0:33	1:34	2:23	
				18:57	19:31	19:41											
				2:41	0:34	0:10											
17	Behrendt, Claas OLV Steinberg	H45	20:10	1:57	2:33	3:09	4:54	5:44	6:18	7:25	9:03	10:23	11:34	12:04	13:59	16:53	
				1:57	0:36	0:36	1:45	0:50	0:34	1:07	1:38	1:20	1:11	0:30	1:55	2:54	
				19:27	20:02	20:10											
				2:34	0:35	0:08											
18	Walther, Roman ASV Landau	H45	20:19	2:08	3:02	3:37	5:27	6:32	7:04	8:10	9:49	11:27	12:40	13:08	14:40	17:00	
				2:08	0:54	0:35	1:50	1:05	0:32	1:06	1:39	1:38	1:13	0:28	1:32	2:20	
				19:32	20:07	20:19											
				2:32	0:35	0:12											
19	Petraroli, Andrea OLF Mainz	H19	21:02	2:04	3:01	3:31	5:18	6:04	6:37	7:42	9:21	11:38	12:53	13:19	15:05	17:31	
				2:04	0:57	0:30	1:47	0:46	0:33	1:05	1:39	2:17	1:15	0:26	1:46	2:26	
				20:01	20:55	21:02											
				2:30	0:54	0:07											
20	Haenelt, Stephan OL-Team Filder	H35	21:52	2:17	3:01	3:54	5:51	6:48	7:25	8:33	10:17	12:18	13:34	14:10	16:01	18:14	
				2:17	0:44	0:53	1:57	0:57	0:37	1:08	1:44	2:01	1:16	0:36	1:51	2:13	
				20:58	21:41	21:52											
				2:44	0:43	0:11											
21	Girke, Hanno TSG Schwabenheim an der Si	H45	21:56	2:28	3:14	3:55	5:48	6:51	7:34	8:42	10:38	12:25	14:29	15:04	16:35	18:34	
				2:28	0:46	0:41	1:53	1:03	0:43	1:08	1:56	1:47	2:04	0:35	1:31	1:59	
				21:09	21:48	21:56											
				2:35	0:39	0:08											

Pl. Name	Kat	Zeit													
			3,3 km			15 Posten			<i>(Forts.)</i>						
			1(122)	2(141)	3(123)	4(138)	5(135)	6(137)	7(131)	8(132)	9(128)	10(130)	11(129)	12(123)	13(125)
			14(144)	15(100)	Ziel										
22 Göbel, Sven	H45	22:42	2:24	3:05	3:46	5:47	6:43	7:20	8:38	10:37	12:35	13:58	14:34	16:32	18:55
Gymnasion Offenbach			2:24	0:41	0:41	2:01	0:56	0:37	1:18	1:59	1:58	1:23	0:36	1:58	2:23
			21:51	22:31	22:41										
			2:56	0:40	0:10										

Pl.	Name	Kat	Zeit	2,7 km 12 Posten												
				1(125)	2(129)	3(130)	4(128)	5(132)	6(124)	7(122)	8(137)	9(131)	10(140)	11(139)	12(100)	Ziel
1	Bohsmann, Michael OL-Team Filder	H55	13:36	1:48	3:11	3:36	4:42	5:42	7:04	7:46	9:43	10:40	11:31	12:37	13:27	13:35
				1:48	1:23	0:25	1:06	1:00	1:22	0:42	1:57	0:57	0:51	1:06	0:50	0:08
2	Thierolf, Michael TSG Bad König	H55	14:33	1:50	3:20	3:44	4:45	6:04	7:35	8:22	10:23	11:22	12:27	13:36	14:24	14:32
				1:50	1:30	0:24	1:01	1:19	1:31	0:47	2:01	0:59	1:05	1:09	0:48	0:08
3	Kosch, Christian OLV Steinberg	H55	15:59	2:11	3:48	4:16	5:32	6:42	8:16	9:13	11:26	12:30	13:45	15:03	15:49	15:58
				2:11	1:37	0:28	1:16	1:10	1:34	0:57	2:13	1:04	1:15	1:18	0:46	0:09
4	Stöwhaas, Jens CTG Koblenz	H55	16:11	3:09	4:45	5:14	6:18	7:25	8:58	9:46	12:10	13:10	14:06	15:19	16:02	16:11
				3:09	1:36	0:29	1:04	1:07	1:33	0:48	2:24	1:00	0:56	1:13	0:43	0:09
5	Bauerfeld, Thomas OL-Team Filder	H55	16:55	2:18	4:05	4:34	5:53	7:08	8:48	9:36	12:13	13:27	14:29	15:54	16:44	16:54
				2:18	1:47	0:29	1:19	1:15	1:40	0:48	2:37	1:14	1:02	1:25	0:50	0:10
6	Horst, Brit SC Königstein	D45	17:02	2:01	3:50	4:21	5:41	6:58	8:43	9:42	12:22	13:32	14:36	16:03	16:53	17:02
				2:01	1:49	0:31	1:20	1:17	1:45	0:59	2:40	1:10	1:04	1:27	0:50	0:09
7	Kästner, Anja TV Oberbexbach	D45	17:14	2:03	3:49	4:18	5:36	6:48	8:32	9:23	12:05	13:16	14:34	16:19	17:05	17:14
				2:03	1:46	0:29	1:18	1:12	1:44	0:51	2:42	1:11	1:18	1:45	0:46	0:09
8	Stieler, Patric SC Königstein	H55	17:54	2:17	4:02	4:31	5:58	7:17	9:10	10:13	12:53	14:05	15:18	16:43	17:43	17:54
				2:17	1:45	0:29	1:27	1:19	1:53	1:03	2:40	1:12	1:13	1:25	1:00	0:11
9	Ni, Vadim OLV Steinberg	H55	17:57	2:07	4:00	4:29	5:49	7:04	8:43	10:05	12:34	13:44	15:02	16:17	17:23	17:57
				2:07	1:53	0:29	1:20	1:15	1:39	1:22	2:29	1:10	1:18	1:15	1:06	0:34
10	Shcherbyna, Oleksandr SC Königstein	H65	18:04	2:51	4:28	4:58	6:28	7:41	9:35	10:36	13:21	14:29	15:46	17:11	17:55	18:04
				2:51	1:37	0:30	1:30	1:13	1:54	1:01	2:45	1:08	1:17	1:25	0:44	0:09
11	Dessailly, Aurélie SC Königstein	D45	18:21	2:10	4:01	4:31	5:50	7:07	8:52	9:57	12:59	14:10	15:59	17:17	18:10	18:20
				2:10	1:51	0:30	1:19	1:17	1:45	1:05	3:02	1:11	1:49	1:18	0:53	0:10
12	Krausbauer, Uwe CTG Koblenz	H65	18:21	2:09	4:00	4:33	5:55	7:22	9:16	10:23	13:11	14:33	15:44	17:15	18:11	18:21
				2:09	1:51	0:33	1:22	1:27	1:54	1:07	2:48	1:22	1:11	1:31	0:56	0:10
13	Fritz, Kristine OL-Team Filder	D55	18:24	2:05	3:52	4:28	5:49	7:07	9:16	10:16	12:47	14:02	15:50	17:15	18:13	18:24
				2:05	1:47	0:36	1:21	1:18	2:09	1:00	2:31	1:15	1:48	1:25	0:58	0:11
14	Döllgast, Ralf TV Oberbexbach	H55	19:13	2:16	4:13	4:49	6:20	7:45	9:50	10:59	13:38	14:57	16:27	18:08	19:01	19:13
				2:16	1:57	0:36	1:31	1:25	2:05	1:09	2:39	1:19	1:30	1:41	0:53	0:12
15	Schlei, Julia OLV Steinberg	D45	19:42	2:18	4:21	4:58	6:33	8:05	9:56	11:01	14:12	15:31	16:56	18:33	19:29	19:42
				2:18	2:03	0:37	1:35	1:32	1:51	1:05	3:11	1:19	1:25	1:37	0:56	0:13

Pl. Name	Kat	Zeit	Bahn 5 (30)												
			2,7 km 12 Posten (Forts.)												
			1(125)	2(129)	3(130)	4(128)	5(132)	6(124)	7(122)	8(137)	9(131)	10(140)	11(139)	12(100)	Ziel
16 Diehr, Eyke	H55	19:51	2:18	4:25	5:00	6:38	8:08	10:09	11:12	14:09	15:32	17:08	18:43	19:41	19:50
OLF Mainz			2:18	2:07	0:35	1:38	1:30	2:01	1:03	2:57	1:23	1:36	1:35	0:58	0:09
17 Czioska, Frank	H65	20:23	2:15	5:07	5:41	7:11	8:39	10:39	11:45	14:43	16:03	17:37	19:13	20:11	20:22
OLF Mainz			2:15	2:52	0:34	1:30	1:28	2:00	1:06	2:58	1:20	1:34	1:36	0:58	0:11
18 Weber, Gitta	D55	20:35	2:28	4:33	5:09	6:41	8:12	10:22	11:31	14:33	16:00	17:14	18:57	20:23	20:34
OLF Mainz			2:28	2:05	0:36	1:32	1:31	2:10	1:09	3:02	1:27	1:14	1:43	1:26	0:11
19 Vilz, Wolfgang	H55	21:35	1:59	3:53	4:23	5:49	7:07	8:56	9:57	12:40	13:58	19:06	20:33	21:26	21:35
TV Jahn Eitelborn			1:59	1:54	0:30	1:26	1:18	1:49	1:01	2:43	1:18	5:08	1:27	0:53	0:09
20 Meißner, Ralph	H65	21:52	2:43	4:44	5:19	6:59	8:28	10:41	12:41	16:07	17:27	19:11	20:46	21:40	21:51
TV 1894 Coburg-Neuses			2:43	2:01	0:35	1:40	1:29	2:13	2:00	3:26	1:20	1:44	1:35	0:54	0:11
21 Kosch, Iris	D55	21:58	3:32	5:22	6:02	7:46	9:14	11:24	12:33	15:39	17:03	18:44	20:38	21:45	21:57
OLV Steinberg			3:32	1:50	0:40	1:44	1:28	2:10	1:09	3:06	1:24	1:41	1:54	1:07	0:12
22 Büschemann, Evelyn	D55	22:21	2:39	5:01	5:42	7:42	9:18	11:31	12:40	16:21	17:53	19:12	21:02	22:09	22:20
CTG Koblenz			2:39	2:22	0:41	2:00	1:36	2:13	1:09	3:41	1:32	1:19	1:50	1:07	0:11
23 Birk, Ulrich	H65	23:03	3:22	5:48	6:33	8:21	9:50	12:04	13:14	16:47	18:40	20:03	21:51	22:52	23:03
TV 1886 Diedenbergen			3:22	2:26	0:45	1:48	1:29	2:14	1:10	3:33	1:53	1:23	1:48	1:01	0:11
24 Weingard, Elvira	D55	23:49	2:55	5:30	6:20	8:08	9:54	12:34	13:38	17:37	19:06	20:27	22:17	23:37	23:49
OLV Steinberg			2:55	2:35	0:50	1:48	1:46	2:40	1:04	3:59	1:29	1:21	1:50	1:20	0:12
25 Lahm, Katja	D55	25:21	3:02	5:25	6:08	7:58	10:02	12:44	14:02	18:11	19:52	21:42	23:52	25:05	25:20
CTG Koblenz			3:02	2:23	0:43	1:50	2:04	2:42	1:18	4:09	1:41	1:50	2:10	1:13	0:15
26 Rabussier, Sonia	D45	25:30	6:36	8:30	9:13	10:36	11:59	13:57	15:14	20:03	21:12	22:55	24:21	25:13	25:30
OLF Mainz			6:36	1:54	0:43	1:23	1:23	1:58	1:17	4:49	1:09	1:43	1:26	0:52	0:17
27 Seefeld, Karl-Heinz	H65	27:13	3:51	6:12	6:55	8:49	10:38	13:12	14:37	18:35	21:57	23:55	25:47	26:59	27:13
OLV Uslar			3:51	2:21	0:43	1:54	1:49	2:34	1:25	3:58	3:22	1:58	1:52	1:12	0:14
28 Deider, Sabine	D45	28:09	3:13	5:40	6:08	7:48	10:26	12:51	14:30	18:30	19:59	23:20	26:41	27:58	28:09
SC Königstein			3:13	2:27	0:28	1:40	2:38	2:25	1:39	4:00	1:29	3:21	3:21	1:17	0:11
29 Kotschetkow, Wladimir	H65	29:17	6:48	10:35	11:20	13:19	15:10	17:56	19:10	22:38	24:22	25:52	27:55	29:04	29:17
Gymnasion Offenbach			6:48	3:47	0:45	1:59	1:51	2:46	1:14	3:28	1:44	1:30	2:03	1:09	0:13
30 Ballerstädt, Ines	D45	30:27	3:19	6:28	7:16	9:36	11:52	14:56	16:18	20:40	22:43	26:08	28:34	30:13	30:27

Pl. Name Kat Zeit

Bahn 5 (30)**2,7 km 12 Posten** (Forts.)

	1(125)	2(129)	3(130)	4(128)	5(132)	6(124)	7(122)	8(137)	9(131)	10(140)	11(139)	12(100)	Ziel
(ohne Verein)	3:19	3:09	0:48	2:20	2:16	3:04	1:22	4:22	2:03	3:25	2:26	1:39	0:14

Pl. Name	Kat	Zeit	1,9 km 10 Posten										
			1(138)	2(125)	3(124)	4(129)	5(127)	6(131)	7(140)	8(142)	9(139)	10(100)	Ziel
1 BÜCHLER, Jannes TV Jahn Eitelborn	OffM	14:10	1:04	2:51	4:40	6:26	7:34	9:04	10:05	10:54	12:51	13:36	14:10
			1:04	1:47	1:49	1:46	1:08	1:30	1:01	0:49	1:57	0:45	0:34
2 WALTHANER, Silke ASV Landau	OffM	18:22	1:05	3:39	5:48	8:30	9:57	11:56	13:29	14:19	17:04	18:02	18:22
			1:05	2:34	2:09	2:42	1:27	1:59	1:33	0:50	2:45	0:58	0:20
3 VILZ, Marion TV Jahn Eitelborn	OffM	26:33	1:22	4:45	8:22	11:15	13:29	16:58	19:15	20:40	24:25	26:12	26:33
			1:22	3:23	3:37	2:53	2:14	3:29	2:17	1:25	3:45	1:47	0:21