

| Pl | Stnr | Name | Jg | Verein | Zeit |
|-------------------|------|---------------------|---------------------------|-----------------------|---------|
| H14 (4) | | | 4,1 km 60 Hm 11 P | | |
| 1 | 4 | Daniel Schmidt | 09 | TSG Wiesloch | 26:51 |
| 2 | 2 | Jacob Imbsweiler | 10 | TV Oberbexbach | 29:53 |
| 3 | 3 | Emil Prolingheuer | 10 | TuS Karlsruhe-Rüppurr | 33:19 |
| | 1 | Samuel Sarlon | 09 | TV Oberbexbach | Fehlst |
| D14 (3) | | | 4,1 km 60 Hm 11 P | | |
| 1 | 6 | Iris van Bentum | 09 | TV Oberbexbach | 49:00 |
| 2 | 5 | Jonna Rathje | 09 | TGM Budenheim | 59:13 |
| 3 | 7 | Lenya Stieler | 10 | TuS Karlsruhe-Rüppurr | 1:34:15 |
| H12 (5) | | | 3,2 km 40 Hm 10 P | | |
| 1 | 10 | Gero Böhm | 11 | TV Oberbexbach | 25:44 |
| 2 | 13 | Emilian Köhler | 11 | TV Oberbexbach | 26:46 |
| 3 | 11 | Friedrich Bellaire | 12 | TV Oberbexbach | 38:00 |
| 4 | 12 | Niklas Zivanovic | 11 | TV Oberbexbach | 48:34 |
| 5 | 9 | Tobias Wirth | 11 | TV 1901 Beaumarais | 49:28 |
| D16 (1) | | | 6,0 km 105 Hm 13 P | | |
| 1 | 14 | Marika Prolingheuer | 08 | TuS Karlsruhe-Rüppurr | 1:04:14 |
| H16 (5) | | | 6,0 km 105 Hm 13 P | | |
| 1 | 16 | Felix Rathje | 07 | TGM Budenheim | 52:14 |
| 2 | 15 | Daniel Wirth | 08 | TV 1901 Beaumarais | 1:13:01 |
| 3 | 17 | Nico Dorscheid | 08 | TV Oberbexbach | 1:20:01 |
| 4 | 18 | Fabian Kunz | 07 | TV Oberbexbach | 1:21:43 |
| | 19 | Simon Weber | 08 | TuS Karlsruhe-Rüppurr | Fehlst |
| D18 (4) | | | 6,0 km 105 Hm 13 P | | |
| 1 | 23 | Julia Fritz | 05 | OL-Team Filder | 51:24 |
| 2 | 20 | Olena Kylosova | 06 | OL-Team Filder | 1:11:54 |
| 3 | 21 | Mariia Kylosova | 06 | OL-Team Filder | 1:17:31 |
| 4 | 24 | Ulla Horst | 06 | SC Königstein | 1:39:57 |
| H18 (6) | | | 7,4 km 155 Hm 18 P | | |
| 1 | 27 | Nico Bauerfeld | 05 | OL-Team Filder | 1:04:37 |
| 2 | 28 | Noah Lezius | 06 | TV Oberbexbach | 1:07:06 |
| 3 | 25 | Simeon Seitz | 05 | TV Oberbexbach | 1:23:15 |
| 4 | 30 | Ruben Sester | 05 | TV Oberbexbach | 1:31:29 |
| 5 | 26 | Jakob Wirth | 05 | TV 1901 Beaumarais | 1:35:44 |
| 6 | 29 | Henry Stephan | 05 | TV Oberbexbach | 1:49:15 |
| D40-54 (6) | | | 6,0 km 105 Hm 13 P | | |
| 1 | 32 | Karin Schmalfeld | 76 | BSV Halle-Ammendorf | 42:22 |
| 2 | 36 | Luise Kärger | 78 | TuS Karlsruhe-Rüppurr | 51:45 |
| 3 | 34 | Brit Horst | 76 | SC Königstein | 1:01:00 |
| 4 | 33 | Kristine Fritz | 65 | OL-Team Filder | 1:20:11 |
| 5 | 31 | Evelyn Wirth | 74 | TV 1901 Beaumarais | 1:25:23 |

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| D40-54 (6) | | | 6,0 km 105 Hm 13 P | | <i>(Forts.)</i> |
| 6 | 35 | Andrea Rau | 69 | TV Aschbach | 1:43:03 |
| H40-54 (18) | | | 7,4 km 155 Hm 18 P | | |
| 1 | 47 | Ingo Horst | 77 | SC Königstein | 50:20 |
| 2 | 42 | Nikita Golovizin | 79 | | 54:53 |
| 3 | 46 | Anatolii Dunaev | 83 | SC Königstein | 58:13 |
| 4 | 41 | Michael Thierolf | 62 | TSG Bad König | 1:00:49 |
| 5 | 51 | Markus Prolingheuer | 72 | TuS Karlsruhe-Rüppurr | 1:04:16 |
| 6 | 38 | Philippe Imbsweiler | 71 | TV Oberbexbach | 1:05:26 |
| 7 | 52 | Jörn Saß | 69 | OLF Mainz | 1:06:49 |
| 8 | 40 | Björn Stieler | 73 | TuS Karlsruhe-Rüppurr | 1:08:54 |
| 9 | 49 | Michael Hock | 73 | OLG St. Vith ARDOC | 1:14:55 |
| 10 | 37 | Jan Rathje | 74 | TGM Budenheim | 1:17:03 |
| 11 | 54 | Marcus Schmidt | 66 | TSG Wiesloch | 1:24:52 |
| 12 | 39 | Johannes Hock | 82 | TV Oberbexbach | 1:26:07 |
| 13 | 48 | Patrick Hock | 74 | OLG St. Vith ARDOC | 1:37:59 |
| 14 | 45 | Stephan Haenelt | 79 | OL-Team Filder | 1:41:53 |
| 15 | 53 | Kai Pastor | 77 | OLF Mainz | 1:46:35 |
| 16 | 43 | Roman Walthaner | 73 | ASV Landau | 1:48:34 |
| 17 | 44 | Sven Göbel | 77 | Gymnasium Offenbach | 2:03:15 |
| | 50 | Chris Scott | 76 | LuxOC | Aufg |
| D55-64 (2) | | | 4,1 km 60 Hm 11 P | | |
| 1 | 56 | Ulrike Döllgast | 68 | TV Oberbexbach | 47:03 |
| 2 | 57 | Evelyn Büschemann | 64 | CTG Koblenz | 49:57 |
| H55-64 (13) | | | 6,0 km 105 Hm 13 P | | |
| 1 | 66 | Dirk Hartmann | 62 | TV 05 Bierbach | 48:53 |
| 2 | 60 | Robert Wirth | 66 | TV 1901 Beaumarais | 56:42 |
| 3 | 59 | Michael Bohsmann | 61 | OL-Team Filder | 56:49 |
| 4 | 70 | Hans Breckle | 68 | TuS Karlsruhe-Rüppurr | 59:34 |
| 5 | 67 | Uwe Krausbauer | 57 | CTG Koblenz | 1:01:24 |
| 6 | 58 | Thomas Bauerfeld | 68 | OL-Team Filder | 1:08:18 |
| 7 | 68 | Ralf Döllgast | 59 | TV Oberbexbach | 1:08:40 |
| 8 | 65 | Eyke Diehr | 66 | OLF Mainz | 1:09:32 |
| 9 | 61 | Thomas Schumacher | 68 | TG Reimsbach | 1:15:46 |
| 10 | 69 | Urban Sester | 67 | TV Oberbexbach | 1:18:27 |
| 11 | 62 | Uwe Wagner | 67 | TG Reimsbach | 1:21:11 |
| 12 | 63 | Gero Gimmler | 68 | TV Düppenweiler | 1:24:04 |
| 13 | 64 | Gerhard Garbas | 64 | TV Oberbexbach | 1:35:18 |
| D65+ (2) | | | 3,2 km 40 Hm 10 P | | |
| 1 | 71 | Beatrix Haenelt | 46 | OL-Team Filder | 34:57 |
| 2 | 72 | REGINA Wurtz | 58 | | 41:17 |
| H65+ (4) | | | 3,2 km 40 Hm 10 P | | |
| 1 | 73 | Etienne Busser | 47 | Metz'O | 22:44 |
| 2 | 74 | Thomas Schoepf | 51 | OSC Kassel | 30:37 |
| 3 | 75 | Claus-Peter Rathje | 41 | TGM Budenheim | 35:18 |
| 4 | 76 | Sigurd Haarstark | 56 | OLV Steinberg | 40:11 |

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| Offen kurz (2) | | | 3,2 km 40 Hm 10 P | | |
| 1 | 77 | Venla Schmalfeld | 12 | ASG Teutoburger Wald | 31:52 |
| 2 | 78 | Livia Bauerfeld | 07 | OL-Team Filder | 38:40 |
| Of. mittel (3) | | | 4,1 km 60 Hm 11 P | | |
| 1 | 79 | Jean-Marie Wurtz | 54 | | 35:43 |
| 2 | 82 | Frank Czioska | 55 | OLF Mainz | 54:23 |
| 3 | 80 | Sandra Köhler | 77 | TV Oberbexbach | 1:31:52 |
| Anfänger (3) | | | 2,5 km 20 Hm | | |
| | 84 | Philipp Heintz | 14 | TV Oberbexbach | Gut |
| | 85 | Leopold Köhler | 14 | TV Oberbexbach | Gut |
| | 83 | Jonathan Wirth | 15 | TV 1901 Beaumarais | Gut |
| D19-39 (1) | | | 7,4 km 155 Hm 18 P | | |
| | 86 | Melanie Pastor | 04 | OLF Mainz | Aufg |
| H19-39 (11) | | | 9,0 km 160 Hm 18 P | | |
| 1 | 91 | Konrad Stamer | 03 | Preetzer TSV | 55:19 |
| 2 | 94 | Lucas Imbsweiler | 02 | TV Oberbexbach | 57:48 |
| 3 | 98 | Kolya Saß | | OLF Mainz | 1:09:56 |
| 4 | 93 | Oleksandr Rybakov | 81 | LuxOC | 1:13:39 |
| 5 | 96 | Moritz Torgau | 87 | TV Oberbexbach | 1:20:46 |
| 6 | 90 | Max Muller | 91 | OL-Team Filder | 1:21:52 |
| 7 | 95 | Klaus Van Bentum | 04 | TV Oberbexbach | 1:22:33 |
| 8 | 97 | Stephan Morgenstern | 91 | SV Wannweil | 1:27:15 |
| 9 | 89 | Paul Muller | 90 | Luxembourg Orienteering | 1:46:56 |
| 10 | 92 | Jan Maurer | 85 | | 1:55:14 |
| 11 | 88 | Konstantin Kuznetsov | 86 | TV 1901 Beaumarais | 2:07:51 |