

I. Name	Kat	Zeit													
1 (10)			8,7 km	320 Hm	14 Posten										
			1(118) 14(108)	2(129) Ziel	3(119)	4(120)	5(121)	6(122)	7(112)	8(123)	9(106)	10(114)	11(130)	12(124)	13(117)
1 Scott, Toby OLV Steinberg	H19	59:46	7:36 7:36 58:44	10:50 3:14 59:46	12:37 1:47	18:07 5:30	22:07 4:00	32:58 10:51	38:32 5:34	42:45 4:13	47:13 4:28	50:22 3:09	53:06 2:44	54:54 1:48	56:53 1:59
2 Ehrlich, David OLV Steinberg	H19	59:57	1:51 8:55 8:55 58:56 2:23	1:02 12:00 3:05 59:57 1:01	13:48 1:48	19:05 5:17	23:37 4:32	33:23 9:46	38:31 5:08	42:36 4:05	47:27 4:51	50:12 2:45	52:45 2:33	54:35 1:50	56:33 1:58
3 Saß, Jannik OLF Mainz	H19	1:02:06	8:36 8:36 1:01:05 1:43	12:10 3:34 1:02:06 1:01	14:09 1:59	19:50 5:41	23:53 4:03	34:13 10:20	39:43 5:30	44:21 4:38	49:41 5:20	53:02 3:21	55:39 2:37	57:27 1:48	59:22 1:55
4 Lezius, Noah TV Oberbexbach	H19	1:08:33	9:56 9:56 1:07:35 1:48	14:11 4:15 1:08:33 0:58	16:43 2:32	22:49 6:06	27:31 4:42	39:04 11:33	44:49 5:45	49:40 4:51	55:23 5:43	58:09 2:46	1:01:04 2:55	1:03:51 2:47	1:05:47 1:56
5 Orthwein, Florian TSV 1881 Gau-Odernheim	H19	1:13:30	9:42 9:42 1:12:20 2:22	13:21 3:39 1:13:30 1:10	15:24 2:03	21:37 6:13	26:41 5:04	40:46 14:05	47:44 6:58	53:21 5:37	58:59 5:38	1:02:11 3:12	1:05:18 3:07	1:07:48 2:30	1:09:58 2:10
6 Schultheis, Kai	H19	1:18:01	12:06 12:06 1:16:52 2:27	16:08 4:02 1:18:01 1:09	18:40 2:32	25:52 7:12	32:26 6:34	44:43 12:17	51:42 6:59	57:16 5:34	1:02:40 5:24	1:06:33 3:53	1:09:45 3:12	1:12:14 2:29	1:14:25 2:11
7 Weyand, Philipp TSG 1882 Wixhausen	H19	1:29:38	11:17 11:17 1:28:21 3:35	15:30 4:13 1:29:38 1:17	18:12 2:42	27:01 8:49	32:55 5:54	47:42 14:47	56:07 8:25	1:03:13 7:06	1:10:42 7:29	1:15:22 4:40	1:19:13 3:51	1:21:51 2:38	1:24:46 2:55

I. Name	Kat	Zeit													
1 (10)			8,7 km	320 Hm	14 Posten	<i>(Forts.)</i>									
			1(118) 14(108)	2(129) Ziel	3(119)	4(120)	5(121)	6(122)	7(112)	8(123)	9(106)	10(114)	11(130)	12(124)	13(117)
8 Stephan, Henry TV Oberbexbach	H19	1:29:52	13:17 13:17 1:28:31 2:59	18:31 5:14 1:29:52 1:21	21:19 2:48	28:24 7:05	33:58 5:34	50:24 16:26	58:52 8:28	1:05:19 6:27	1:11:46 6:27	1:15:47 4:01	1:19:31 3:44	1:22:48 3:17	1:25:32 2:44
9 Wolf, Manuel TSV 1881 Gau-Odernheim	H19	1:43:46	11:09 11:09 1:41:58 3:02	18:40 7:31 1:43:46 1:48	23:03 4:23	33:27 10:24	40:47 7:20	57:39 16:52	1:07:05 9:26	1:15:32 8:27	1:23:04 7:32	1:28:24 5:20	1:33:01 4:37	1:35:43 2:42	1:38:56 3:13
John, Luis TGM Budenheim	H19	Fehlst	----- 1:30:55 2:45	15:15 15:15 1:32:13 1:18	18:49 3:34	28:44 9:55	35:18 6:34	52:08 16:50	59:43 7:35	1:07:33 7:50	1:14:36 7:03	1:19:22 4:46	1:22:58 3:36	1:25:27 2:29	1:28:10 2:43

I. Name	Kat	Zeit													
2 (21)			7,4 km	290 Hm	14 Posten										
			1(128) 14(108)	2(119) Ziel	3(129)	4(118)	5(121)	6(123)	7(126)	8(114)	9(131)	10(122)	11(124)	12(106)	13(117)
1 Imbsweiler, Philippe TV Oberbexbach	H50	53:28	7:13 7:13 52:24 1:52	11:00 3:47 53:28 1:04	13:00 2:00	16:26 3:26	21:55 5:29	25:07 3:12	27:30 2:23	31:52 4:22	34:58 3:06	40:14 5:16	42:44 2:30	47:02 4:18	50:32 3:30
2 Bernhardt, Andreas ASC Breidenbach	H40	56:09	5:17 5:17 54:57 2:06	9:34 4:17 56:09 1:12	11:34 2:00	15:07 3:33	21:02 5:55	24:21 3:19	27:20 2:59	32:11 4:51	35:53 3:42	41:29 5:36	44:05 2:36	48:55 4:50	52:51 3:56
3 Nakonechnyi, Dmytro OLV Steinberg	H40	58:59	8:05 8:05 58:00 1:39	11:59 3:54 58:59 0:59	14:39 2:40	18:04 3:25	23:48 5:44	26:59 3:11	29:54 2:55	34:28 4:34	38:17 3:49	44:17 6:00	47:10 2:53	51:12 4:02	56:21 5:09
4 Göhler, Marcel CTG Koblenz	H45	1:00:40	6:13 6:13 59:34 2:21	10:31 4:18 1:00:40 1:06	12:54 2:23	16:29 3:35	23:16 6:47	26:56 3:40	30:15 3:19	35:32 5:17	38:53 3:21	44:52 5:59	47:29 2:37	52:52 5:23	57:13 4:21
5 Behrendt, Claas OLV Steinberg	H50	1:03:26	6:38 6:38 1:02:20 2:14	11:23 4:45 1:03:26 1:06	13:46 2:23	17:48 4:02	24:53 7:05	28:55 4:02	32:14 3:19	37:30 5:16	40:49 3:19	47:04 6:15	50:02 2:58	55:52 5:50	1:00:06 4:14
6 Hahn, Carlo OLG Siegerland	H40	1:06:09	7:00 7:00 1:04:44 2:47	12:06 5:06 1:06:09 1:25	14:31 2:25	18:37 4:06	25:28 6:51	29:20 3:52	32:34 3:14	37:53 5:19	42:08 4:15	48:45 6:37	52:05 3:20	57:30 5:25	1:01:57 4:27
7 Roth, Alexander TGM Budenheim	H50	1:09:01	7:49 7:49 1:07:44 2:25	13:14 5:25 1:09:01 1:17	15:51 2:37	20:18 4:27	27:55 7:37	32:14 4:19	35:34 3:20	40:55 5:21	44:46 3:51	51:34 6:48	54:37 3:03	1:00:36 5:59	1:05:19 4:43

I. Name	Kat	Zeit													
2 (21)			7,4 km	290 Hm	14 Posten	<i>(Forts.)</i>									
			1(128) 14(108)	2(119) Ziel	3(129)	4(118)	5(121)	6(123)	7(126)	8(114)	9(131)	10(122)	11(124)	12(106)	13(117)
8 Kircheis, Vincent TSV 1881 Gau-Odernheim	H18	1:10:00	7:02 7:02 1:08:36 2:51	12:00 4:58 1:10:00 1:24	14:35 2:35	18:39 4:04	26:33 7:54	30:21 3:48	34:43 4:22	39:51 5:08	44:10 4:19	53:17 9:07	56:10 2:53	1:01:05 4:55	1:05:45 4:40
9 Hervás Lucas, Jesús Gymnasion Offenbach	H35	1:14:36	8:59 8:59 1:13:11 2:41	14:17 5:18 1:14:36 1:25	17:39 3:22	22:07 4:28	30:43 8:36	35:32 4:49	39:19 3:47	44:46 5:27	48:48 4:02	55:37 6:49	59:11 3:34	1:05:46 6:35	1:10:30 4:44
10 Thumann, Thomas TSG 1882 Wixhausen	H50	1:15:14	7:34 7:34 1:13:48 2:46	13:18 5:44 1:15:14 1:26	16:18 3:00	20:44 4:26	28:48 8:04	33:06 4:18	36:52 3:46	43:01 6:09	49:25 6:24	56:25 7:00	59:32 3:07	1:05:40 6:08	1:11:02 5:22
11 Spulis, Valdis AKMM - Frankfurt am Main	H50	1:16:10	6:55 6:55 1:14:48 2:25	13:55 7:00 1:16:10 1:22	16:36 2:41	21:06 4:30	28:50 7:44	33:48 4:58	38:44 4:56	44:37 5:53	48:52 4:15	55:33 6:41	58:34 3:01	1:06:41 8:07	1:12:23 5:42
12 Haenelt, Stephan OL-Team Filder	H45	1:18:42	8:42 8:42 1:17:27 2:36	14:39 5:57 1:18:42 1:15	17:39 3:00	22:33 4:54	31:16 8:43	36:08 4:52	40:09 4:01	46:33 6:24	51:41 5:08	1:00:00 8:19	1:03:40 3:40	1:10:02 6:22	1:14:51 4:49
13 Kosch, Sabeth OLV Steinberg	D19	1:19:23	8:23 8:23 1:17:55 2:40	14:33 6:10 1:19:23 1:28	18:12 3:39	23:12 5:00	33:11 9:59	38:18 5:07	42:19 4:01	48:20 6:01	51:50 3:30	59:42 7:52	1:03:09 3:27	1:10:48 7:39	1:15:15 4:27

I. Name	Kat	Zeit													
2 (21)			7,4 km	290 Hm	14 Posten	<i>(Forts.)</i>									
			1(128) 14(108)	2(119) Ziel	3(129)	4(118)	5(121)	6(123)	7(126)	8(114)	9(131)	10(122)	11(124)	12(106)	13(117)
14 Apel, Lara TSG 1882 Wixhausen	D19	1:19:58	9:36 9:36 1:18:42 2:53	15:26 5:50 1:19:58 1:16	18:39 3:13	23:56 5:17	32:22 8:26	37:14 4:52	41:21 4:07	48:20 6:59	53:30 5:10	1:00:50 7:20	1:04:08 3:18	1:10:50 6:42	1:15:49 4:59
15 Walther, Roman ASV Landau	H50	1:22:19	7:43 7:43 1:20:42 3:33	13:47 6:04 1:22:19 1:37	16:33 2:46	20:55 4:22	29:20 8:25	33:36 4:16	37:58 4:22	45:52 7:54	51:07 5:15	59:14 8:07	1:03:42 4:28	1:11:13 7:31	1:17:09 5:56
16 Girke, Hanno TSG Schwabenheim an der	H50	1:23:53	8:13 8:13 1:22:42 3:24	14:03 5:50 1:23:53 1:11	16:55 2:52	21:30 4:35	30:39 9:09	35:41 5:02	40:34 4:53	47:18 6:44	54:06 6:48	1:01:57 7:51	1:05:47 3:50	1:13:58 8:11	1:19:18 5:20
17 Hildebrand, Alexander ALV Mainz	H45	1:24:10	8:34 8:34 1:22:46 2:48	16:38 8:04 1:24:10 1:24	19:38 3:00	24:45 5:07	34:06 9:21	38:28 4:22	42:19 3:51	49:38 7:19	55:34 5:56	1:02:38 7:04	1:06:54 4:16	1:14:36 7:42	1:19:58 5:22
18 Link, Markus CTG Koblenz	H45	1:25:00	8:09 8:09 1:23:19 3:31	14:49 6:40 1:25:00 1:41	17:58 3:09	25:43 7:45	35:40 9:57	40:34 4:54	44:29 3:55	51:12 6:43	56:42 5:30	1:04:22 7:40	1:07:21 2:59	1:14:31 7:10	1:19:48 5:17
19 Göbel, Sven Gymnasion Offenbach	H45	1:27:34	9:01 9:01 1:25:58 2:47	15:34 6:33 1:27:34 1:36	18:45 3:11	24:03 5:18	35:38 11:35	40:56 5:18	45:13 4:17	52:28 7:15	57:55 5:27	1:06:07 8:12	1:09:59 3:52	1:17:24 7:25	1:23:11 5:47

I. Name	Kat	Zeit													
2 (21)			7,4 km 290 Hm	14 Posten	<i>(Forts.)</i>										
			1(128) 14(108)	2(119) Ziel	3(129)	4(118)	5(121)	6(123)	7(126)	8(114)	9(131)	10(122)	11(124)	12(106)	13(117)
Tausendfreund, Anna WOLF Haltern	D19	Aufg	9:00 9:00 54:29 11:04	15:32 6:32 57:28 2:59	19:38 4:06	25:28 5:50	36:25 10:57	43:25 7:00	-----	-----	-----	-----	-----	-----	-----
AK Kleipa, Torsten OLF Mainz	H45	1:14:16	6:55 6:55 1:12:41 2:37	12:25 5:30 1:14:16 1:35	15:06 2:41	19:38 4:32	28:31 8:53	33:02 4:31	38:07 5:05	43:47 5:40	49:22 5:35	56:18 6:56	59:30 3:12	1:05:21 5:51	1:10:04 4:43

I. Name	Kat	Zeit												
3 (24)			5,9 km	250 Hm	11 Posten									
			1(127)	2(128)	3(118)	4(119)	5(121)	6(123)	7(114)	8(131)	9(122)	10(132)	11(117)	Ziel
1 Schmidt, Daniel	H16	36:06	2:32	4:53	7:56	11:36	14:27	17:31	21:18	24:10	29:27	33:01	34:46	36:06
TSG Wiesloch			2:32	2:21	3:03	3:40	2:51	3:04	3:47	2:52	5:17	3:34	1:45	1:20
2 Schlei, Michael	H16	39:07	2:46	5:42	9:14	12:52	16:52	19:56	24:45	27:34	32:28	36:20	37:54	39:07
OLV Steinberg			2:46	2:56	3:32	3:38	4:00	3:04	4:49	2:49	4:54	3:52	1:34	1:13
3 Ni, Vadim	H60	51:07	4:04	7:27	11:48	16:56	21:12	25:25	31:17	34:55	41:16	46:54	49:10	51:07
OLV Steinberg			4:04	3:23	4:21	5:08	4:16	4:13	5:52	3:38	6:21	5:38	2:16	1:57
4 Richters, Dorothee	D40	51:36	3:57	9:15	14:23	19:29	23:27	27:22	32:35	36:26	42:27	47:14	49:41	51:36
ALV Mainz			3:57	5:18	5:08	5:06	3:58	3:55	5:13	3:51	6:01	4:47	2:27	1:55
5 Saß, Katharina	D18	51:40	3:39	7:30	12:01	17:14	21:16	25:23	32:15	35:39	42:03	47:55	50:00	51:40
OLF Mainz			3:39	3:51	4:31	5:13	4:02	4:07	6:52	3:24	6:24	5:52	2:05	1:40
6 Helfrich, Klaus	H60	51:45	3:45	7:12	12:06	17:03	20:43	24:41	30:35	36:02	42:20	47:33	49:57	51:45
OLV Steinberg			3:45	3:27	4:54	4:57	3:40	3:58	5:54	5:27	6:18	5:13	2:24	1:48
7 Bleßmann, Stefan	H55	52:47	3:45	8:15	13:05	19:38	23:17	26:56	32:37	37:02	43:28	48:19	51:00	52:47
TGM Budenheim			3:45	4:30	4:50	6:33	3:39	3:39	5:41	4:25	6:26	4:51	2:41	1:47
8 Schmidt, Marcus	H55	53:11	4:00	8:28	13:11	18:25	22:28	26:37	32:45	36:54	43:16	48:41	51:16	53:11
TSG Wiesloch			4:00	4:28	4:43	5:14	4:03	4:09	6:08	4:09	6:22	5:25	2:35	1:55
9 Oprsal, Alan	H60	53:49	3:50	8:31	14:05	19:03	23:02	26:58	33:21	37:45	44:18	49:35	51:57	53:49
OL-Team Filder			3:50	4:41	5:34	4:58	3:59	3:56	6:23	4:24	6:33	5:17	2:22	1:52
10 Syguda, Andreas	H55	54:45	3:51	8:18	13:55	19:11	23:41	28:00	33:46	38:14	44:40	50:12	53:05	54:45
SC Königstein			3:51	4:27	5:37	5:16	4:30	4:19	5:46	4:28	6:26	5:32	2:53	1:40
11 Gros, Anna	D40	54:59	4:15	8:14	13:07	18:39	22:55	27:16	33:40	37:52	44:42	50:19	52:52	54:59
OLF Mainz			4:15	3:59	4:53	5:32	4:16	4:21	6:24	4:12	6:50	5:37	2:33	2:07
12 Steiner, Astrid	D40	57:15	3:55	7:59	12:40	17:43	21:38	26:41	34:23	39:26	46:48	52:40	55:26	57:15
ALV Mainz			3:55	4:04	4:41	5:03	3:55	5:03	7:42	5:03	7:22	5:52	2:46	1:49
13 Garzorz, Martin	H60	57:23	3:56	7:37	12:18	17:26	24:47	29:04	35:35	39:49	46:51	52:37	55:21	57:23
Gymnasium Offenbach			3:56	3:41	4:41	5:08	7:21	4:17	6:31	4:14	7:02	5:46	2:44	2:02
14 May, Tina	D40	58:17	4:03	9:16	13:52	19:44	24:01	28:32	35:44	40:28	47:56	54:02	56:22	58:17
OLF Mainz			4:03	5:13	4:36	5:52	4:17	4:31	7:12	4:44	7:28	6:06	2:20	1:55

I. Name	Kat	Zeit												
3 (24)			5,9 km	250 Hm	11 Posten	(Forts.)								
			1(127)	2(128)	3(118)	4(119)	5(121)	6(123)	7(114)	8(131)	9(122)	10(132)	11(117)	Ziel
15 Stötzel, Sabine	D40	59:26	4:04	9:31	15:20	20:49	24:55	29:23	36:35	40:59	49:09	55:13	57:38	59:26
OLG Siegerland			4:04	5:27	5:49	5:29	4:06	4:28	7:12	4:24	8:10	6:04	2:25	1:48
16 Roth, Emma	D18	1:00:22	4:16	9:18	15:30	21:00	25:39	29:59	37:10	42:38	49:44	56:18	58:44	1:00:22
TGM Budenheim			4:16	5:02	6:12	5:30	4:39	4:20	7:11	5:28	7:06	6:34	2:26	1:38
17 Olschowski, Peter	H60	1:01:06	4:31	9:25	16:43	22:40	27:24	32:00	38:39	42:45	50:09	56:14	59:04	1:01:06
OLV Steinberg			4:31	4:54	7:18	5:57	4:44	4:36	6:39	4:06	7:24	6:05	2:50	2:02
18 Malyshkina, Anastasia	D35	1:02:51	4:17	9:01	15:20	21:22	26:17	31:13	37:48	43:12	50:56	57:10	1:00:24	1:02:51
SC Königstein			4:17	4:44	6:19	6:02	4:55	4:56	6:35	5:24	7:44	6:14	3:14	2:27
19 Miess, Robert Ernst	H55	1:06:03	4:28	9:18	15:38	21:45	27:28	32:16	40:04	45:25	53:23	1:01:03	1:03:49	1:06:03
OL-Team Filder			4:28	4:50	6:20	6:07	5:43	4:48	7:48	5:21	7:58	7:40	2:46	2:14
20 Kachel, Paula	D18	1:12:27	5:12	10:51	18:05	28:37	33:30	38:20	45:37	53:31	1:01:07	1:07:32	1:10:21	1:12:27
TSV 1881 Gau-Odernheim			5:12	5:39	7:14	10:32	4:53	4:50	7:17	7:54	7:36	6:25	2:49	2:06
21 Stumme, Gerd	H55	1:24:15	5:20	12:12	19:56	33:58	39:49	45:28	53:39	1:00:17	1:09:16	1:16:48	1:21:17	1:24:15
Ski-Club Helsa			5:20	6:52	7:44	14:02	5:51	5:39	8:11	6:38	8:59	7:32	4:29	2:58
Malyskhin, Daniil	H16	Aufg	6:23	16:52	-----	-----	-----	-----	22:10	-----	27:32	34:36	37:16	41:03
SC Königstein			6:23	10:29					5:18		5:22	7:04	2:40	3:47
			9:35	14:12	24:56	30:25	39:48							
			*123	*126	*115	*124	*108							
AK Röhl, Stefan	H55	N Ang	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	31:10
OLF Mainz														31:10
			3:14	5:24	10:21	18:47	26:54							
			*134	*101	*125	*108	*133							
AK Saß, Jörn	H55	44:54	3:37	6:48	11:39	16:01	19:20	22:48	27:23	30:54	37:08	41:27	43:24	44:54
OLF Mainz			3:37	3:11	4:51	4:22	3:19	3:28	4:35	3:31	6:14	4:19	1:57	1:30

I. Name Kat Zeit

4 (21)			4,7 km 160 Hm 11 Posten											
			1(106)	2(114)	3(120)	4(123)	5(121)	6(119)	7(118)	8(122)	9(124)	10(117)	11(108)	Ziel
1 Horst, Katja	D16	36:58	3:34	6:58	8:51	10:25	14:03	17:46	22:23	29:16	31:50	33:57	35:53	36:58
SC Königstein			3:34	3:24	1:53	1:34	3:38	3:43	4:37	6:53	2:34	2:07	1:56	1:05
2 Büchli, Marion	D45	43:31	3:52	7:42	12:55	14:25	18:24	22:29	27:25	34:41	37:33	39:58	42:23	43:31
OLG Suhr			3:52	3:50	5:13	1:30	3:59	4:05	4:56	7:16	2:52	2:25	2:25	1:08
3 Shcherbyna, Oleksandr	H65	44:09	4:18	8:42	10:57	12:58	17:29	22:04	27:42	34:59	37:56	40:27	42:58	44:09
SC Königstein			4:18	4:24	2:15	2:01	4:31	4:35	5:38	7:17	2:57	2:31	2:31	1:11
4 Wersin, Birgit	D50	45:25	4:05	8:28	10:59	12:44	17:17	21:55	27:26	35:27	38:36	41:14	43:55	45:25
TGM Budenheim			4:05	4:23	2:31	1:45	4:33	4:38	5:31	8:01	3:09	2:38	2:41	1:30
5 Sandblad, Linda	D50	46:18	4:19	8:10	11:25	13:14	17:48	22:16	28:00	36:35	39:34	42:15	44:49	46:18
Umeå OK			4:19	3:51	3:15	1:49	4:34	4:28	5:44	8:35	2:59	2:41	2:34	1:29
6 Hochscheid, Klaus	H65	48:49	5:04	9:33	12:44	14:39	19:33	24:25	30:05	37:58	41:29	44:10	47:00	48:49
			5:04	4:29	3:11	1:55	4:54	4:52	5:40	7:53	3:31	2:41	2:50	1:49
7 Müllerleile, Martin	H70	49:11	4:27	8:04	10:48	12:44	19:07	23:49	29:47	39:08	42:26	45:15	47:50	49:11
SC Königstein			4:27	3:37	2:44	1:56	6:23	4:42	5:58	9:21	3:18	2:49	2:35	1:21
8 Rabussier, Sonia	D50	50:49	5:07	9:34	14:35	16:50	21:27	25:46	32:52	40:26	43:40	46:33	49:35	50:49
OLF Mainz			5:07	4:27	5:01	2:15	4:37	4:19	7:06	7:34	3:14	2:53	3:02	1:14
9 Behrendt, Lina	D16	51:22	3:53	8:20	10:08	11:59	17:13	22:51	30:44	40:06	43:53	47:06	50:05	51:22
OLV Steinberg			3:53	4:27	1:48	1:51	5:14	5:38	7:53	9:22	3:47	3:13	2:59	1:17
10 Toth, Barbara	D50	53:58	5:25	10:17	13:39	15:39	21:15	26:41	33:31	42:33	46:04	49:13	52:25	53:58
OLF Mainz			5:25	4:52	3:22	2:00	5:36	5:26	6:50	9:02	3:31	3:09	3:12	1:33
11 Schlei, Julia	D45	57:59	5:44	10:43	14:16	16:33	24:56	29:57	37:08	46:27	50:16	53:30	56:27	57:59
OLV Steinberg			5:44	4:59	3:33	2:17	8:23	5:01	7:11	9:19	3:49	3:14	2:57	1:32
12 Väh, Nina	D16	59:51	6:00	12:11	16:01	18:28	24:17	29:54	37:15	47:45	51:34	54:52	58:25	59:51
SC Königstein			6:00	6:11	3:50	2:27	5:49	5:37	7:21	10:30	3:49	3:18	3:33	1:26
13 Cronau, Madita	D16	1:01:16	4:42	9:30	15:11	17:57	24:16	29:24	40:12	48:45	52:34	55:51	59:52	1:01:16
TGM Budenheim			4:42	4:48	5:41	2:46	6:19	5:08	10:48	8:33	3:49	3:17	4:01	1:24
14 May, Joachim	H70	1:03:13	6:05	11:31	15:17	17:56	24:00	29:58	37:36	47:29	51:31	55:05	1:01:30	1:03:13
OLF Mainz			6:05	5:26	3:46	2:39	6:04	5:58	7:38	9:53	4:02	3:34	6:25	1:43

[illegible]

I. Name	Kat	Zeit												
5 (16)			3,8 km	180 Hm	11 Posten									
			1(127)	2(123)	3(126)	4(128)	5(114)	6(115)	7(122)	8(124)	9(132)	10(117)	11(108)	Ziel
1 Böhm, Gero	H14	29:46	2:58	5:09	7:57	9:54	13:03	16:06	18:04	20:18	23:29	26:38	28:47	29:46
TV Oberbexbach			2:58	2:11	2:48	1:57	3:09	3:03	1:58	2:14	3:11	3:09	2:09	0:59
2 Köhler, Emilian	H14	32:04	3:48	5:59	8:45	10:52	15:03	17:25	19:37	22:24	25:53	28:39	30:56	32:04
TV Oberbexbach			3:48	2:11	2:46	2:07	4:11	2:22	2:12	2:47	3:29	2:46	2:17	1:08
3 Gez, Yevhenii	H14	35:22	4:23	6:58	10:07	12:25	16:03	19:11	21:49	25:42	29:28	31:47	34:19	35:22
SC Königstein			4:23	2:35	3:09	2:18	3:38	3:08	2:38	3:53	3:46	2:19	2:32	1:03
4 Syguda, Timur	H14	37:01	3:50	6:16	9:14	11:32	14:54	18:03	22:19	25:10	28:59	32:04	35:42	37:01
SC Königstein			3:50	2:26	2:58	2:18	3:22	3:09	4:16	2:51	3:49	3:05	3:38	1:19
5 Bellaire, Friedrich	H14	40:59	3:45	6:44	10:27	13:40	17:46	21:02	23:34	26:53	32:09	35:08	39:50	40:59
TV Oberbexbach			3:45	2:59	3:43	3:13	4:06	3:16	2:32	3:19	5:16	2:59	4:42	1:09
6 Kosch, Luca	TL	41:18	4:15	6:42	10:44	13:43	18:30	21:21	23:53	28:15	33:53	36:40	39:50	41:18
OLV Steinberg			4:15	2:27	4:02	2:59	4:47	2:51	2:32	4:22	5:38	2:47	3:10	1:28
7 Gerhard, Sonja	D55	42:05	4:45	7:47	12:21	15:18	19:29	22:35	25:47	29:18	34:27	37:27	40:32	42:05
TGM Budenheim			4:45	3:02	4:34	2:57	4:11	3:06	3:12	3:31	5:09	3:00	3:05	1:33
8 Tausendfreund, Kay	TL	44:14	4:41	7:56	12:12	15:20	20:04	23:50	27:30	30:52	36:01	39:34	42:27	44:14
WOLF Haltern			4:41	3:15	4:16	3:08	4:44	3:46	3:40	3:22	5:09	3:33	2:53	1:47
9 Weber, Gitta	D60	47:28	5:10	8:43	12:53	16:11	20:56	24:41	28:47	32:54	38:41	42:09	45:37	47:28
OLF Mainz			5:10	3:33	4:10	3:18	4:45	3:45	4:06	4:07	5:47	3:28	3:28	1:51
10 Knobloch, Katharina	D55	49:48	5:34	9:08	13:35	17:13	22:19	26:20	30:12	34:20	40:11	44:04	47:47	49:48
OLV Steinberg			5:34	3:34	4:27	3:38	5:06	4:01	3:52	4:08	5:51	3:53	3:43	2:01
11 Weingard, Elvira	D55	50:12	5:23	8:53	12:49	17:33	22:04	26:16	30:43	35:27	40:20	43:49	48:21	50:12
OLV Steinberg			5:23	3:30	3:56	4:44	4:31	4:12	4:27	4:44	4:53	3:29	4:32	1:51
12 Lahm, Katja	D55	57:05	6:09	10:50	15:32	20:09	25:50	30:00	34:50	40:24	46:18	51:28	55:12	57:05
CTG Koblenz			6:09	4:41	4:42	4:37	5:41	4:10	4:50	5:34	5:54	5:10	3:44	1:53
			8:24											
			*102											
13 Kreft, Günter	H75	1:01:26	7:27	11:25	16:26	20:55	27:10	32:11	36:14	40:49	51:06	55:20	59:22	1:01:26
OLF Mainz			7:27	3:58	5:01	4:29	6:15	5:01	4:03	4:35	10:17	4:14	4:02	2:04

I. Name Kat Zeit

5 (16)		3,8 km 180 Hm 11 Posten (Forts.)												
			1(127)	2(123)	3(126)	4(128)	5(114)	6(115)	7(122)	8(124)	9(132)	10(117)	11(108)	Ziel
14 Spehr, Uta	D60	1:06:38	6:58	12:12	17:31	22:21	28:27	34:49	40:12	46:04	52:44	58:33	1:03:14	1:06:38
		TuS Karlsruhe-Rüppurr	6:58	5:14	5:19	4:50	6:06	6:22	5:23	5:52	6:40	5:49	4:41	3:24
15 Rathje, Claus-Peter	H80	1:09:15	7:07	11:14	16:53	23:57	31:02	37:35	43:31	48:32	56:24	1:02:16	1:07:16	1:09:15
		TGM Budenheim	7:07	4:07	5:39	7:04	7:05	6:33	5:56	5:01	7:52	5:52	5:00	1:59
16 Müller, Peter	H80	1:21:00	8:07	13:31	20:20	26:38	36:07	42:19	50:04	55:59	1:06:52	1:12:04	1:18:24	1:21:00
		SV Mörlenbach	8:07	5:24	6:49	6:18	9:29	6:12	7:45	5:55	10:53	5:12	6:20	2:36

I. Name	Kat	Zeit										
6 (7)			3,4 km	170 Hm	9 Posten							
			1(127)	2(120)	3(126)	4(112)	5(114)	6(132)	7(106)	8(117)	9(108)	Ziel
1 Berendt, Sophie	D14	28:02	3:23	5:05	8:28	11:40	18:15	19:31	20:25	24:30	26:59	28:02
			3:23	1:42	3:23	3:12	6:35	1:16	0:54	4:05	2:29	1:03
2 Cronau, Milla	D14	33:21	4:03	6:04	9:13	13:05	21:46	23:14	24:38	29:30	32:08	33:21
TGM Budenheim			4:03	2:01	3:09	3:52	8:41	1:28	1:24	4:52	2:38	1:13
3 Saß, Viktoria	D14	35:59	4:03	5:52	9:44	14:11	22:18	23:58	25:37	31:37	34:31	35:59
OLF Mainz			4:03	1:49	3:52	4:27	8:07	1:40	1:39	6:00	2:54	1:28
4 May, Birgit	D65	50:24	5:56	9:02	14:57	19:51	31:55	33:55	35:25	43:26	48:54	50:24
OLF Mainz			5:56	3:06	5:55	4:54	12:04	2:00	1:30	8:01	5:28	1:30
5 Schäfer, Maria-Elisabeth	D65	51:42	6:11	9:11	15:20	21:53	33:32	35:39	38:18	45:31	49:43	51:42
OLV Steinberg			6:11	3:00	6:09	6:33	11:39	2:07	2:39	7:13	4:12	1:59
6 Haenelt, Beatrix	D70	55:23	6:19	9:21	14:28	21:45	34:14	36:57	39:14	46:59	53:13	55:23
OL-Team Filder			6:19	3:02	5:07	7:17	12:29	2:43	2:17	7:45	6:14	2:10
7 Müller, Gisela	D65	57:01	6:23	9:58	15:41	22:39	36:08	39:02	41:27	50:14	54:32	57:01
TV 1886 Diedenbergen			6:23	3:35	5:43	6:58	13:29	2:54	2:25	8:47	4:18	2:29

I. Name	Kat	Zeit									
7 (11)			2,5 km	80 Hm	8 Posten						
			1(125)	2(104)	3(105)	4(114)	5(115)	6(116)	7(117)	8(133)	Ziel
1 Köhler, Leopold	H12	20:07	1:41	5:42	7:09	8:53	11:53	14:49	17:53	19:15	20:07
TV Oberbexbach			1:41	4:01	1:27	1:44	3:00	2:56	3:04	1:22	0:52
2 Höfer, Levke	D12	20:21	1:35	5:41	7:22	9:28	12:19	15:15	18:23	19:26	20:21
OLV Steinberg			1:35	4:06	1:41	2:06	2:51	2:56	3:08	1:03	0:55
3 Saß, Anastasia	D12	27:35	3:34	9:41	11:30	14:20	17:37	20:50	24:29	26:05	27:35
OLF Mainz			3:34	6:07	1:49	2:50	3:17	3:13	3:39	1:36	1:30
4 Nakonechna, Oleksandra	D12	27:47	1:49	8:48	10:12	12:32	15:22	18:34	25:41	26:46	27:47
OLV Steinberg			1:49	6:59	1:24	2:20	2:50	3:12	7:07	1:05	1:01
5 Zahn, Leon	H12	30:04	3:24	11:11	15:34	17:25	20:18	24:00	27:43	28:54	30:04
			3:24	7:47	4:23	1:51	2:53	3:42	3:43	1:11	1:10
6 Dingwerth, Julius	H12	30:36	3:03	10:38	12:32	14:42	18:36	22:39	26:48	28:00	30:36
TGM Budenheim			3:03	7:35	1:54	2:10	3:54	4:03	4:09	1:12	2:36
7 Bernhardt, Anton	H12	42:33	1:40	10:23	11:55	13:36	16:25	19:08	24:06	41:36	42:33
ASC Breidenbach			1:40	8:43	1:32	1:41	2:49	2:43	4:58	17:30	0:57
8 Malyshkina, Varvara	D12	44:21	3:18	9:49	12:21	17:11	23:35	29:14	41:10	42:48	44:21
SC Königstein			3:18	6:31	2:32	4:50	6:24	5:39	11:56	1:38	1:33
9 Hassa, David	H12	45:52	17:38	27:02	28:39	30:32	33:23	36:35	43:45	44:47	45:52
TGM Budenheim			17:38	9:24	1:37	1:53	2:51	3:12	7:10	1:02	1:05
10 Hübinger, Leon	H12	1:00:45	4:38	10:31	12:49	23:44	48:29	52:42	57:17	59:07	1:00:45
			4:38	5:53	2:18	10:55	24:45	4:13	4:35	1:50	1:38
11 Horn, Gerhard	H85	1:07:57	5:22	23:50	27:44	34:34	43:36	50:53	1:01:21	1:04:40	1:07:57
			5:22	18:28	3:54	6:50	9:02	7:17	10:28	3:19	3:17

I. Name Kat Zeit

8 (4)

1,9 km 70 Hm 9 Posten

			1(134)	2(101)	3(102)	4(103)	5(104)	6(105)	7(106)	8(107)	9(108)	Ziel		
1 Hoffmann, Leo	H10	21:12	1:52	2:39	5:43	7:44	9:14	12:39	15:41	17:21	19:38	21:12		
TGM Budenheim			1:52	0:47	3:04	2:01	1:30	3:25	3:02	1:40	2:17	1:34		
2 Bellaire, Konrad	H10	25:01	1:40	2:18	4:53	6:34	7:42	11:16	18:21	19:49	22:44	25:01		
TV Oberbexbach			1:40	0:38	2:35	1:41	1:08	3:34	7:05	1:28	2:55	2:17		
3 Gros, Lucas	H10	25:09	3:04	4:23	7:40	10:00	12:23	15:14	18:41	20:07	22:47	25:09		
OLF Mainz			3:04	1:19	3:17	2:20	2:23	2:51	3:27	1:26	2:40	2:22		
4 Ehrlich, Lasse	H10	52:12	----	----	33:07	----	----	----	----	----	----	52:12	4:07	9:16
OLV Steinberg					33:07							19:05	*108	*106
			17:04	22:02	30:45	35:59	38:49	42:50	50:16					
			*128	*126	*123	*120	*127	*125	*133					

I. Name Kat Zeit

9 (6)			4,5 km 150 Hm 11 Posten											
			1(101)	2(102)	3(113)	4(109)	5(110)	6(111)	7(112)	8(115)	9(114)	10(132)	11(133)	Ziel
1 Nagy, Ferenc	W	48:55	2:38	5:29	8:59	13:39	15:50	19:38	25:58	33:32	39:30	41:43	46:14	48:55
OLF Mainz			2:38	2:51	3:30	4:40	2:11	3:48	6:20	7:34	5:58	2:13	4:31	2:41
2 Garbas, Gerhard	W	51:50	2:35	6:23	10:34	15:52	18:44	22:52	28:59	36:30	42:54	45:14	50:16	51:50
TV Oberbexbach			2:35	3:48	4:11	5:18	2:52	4:08	6:07	7:31	6:24	2:20	5:02	1:34
3 Rau, Andrea	W	57:10	2:57	7:18	12:04	17:57	20:52	25:41	31:42	39:27	45:36	49:19	55:05	57:10
TV Aschbach			2:57	4:21	4:46	5:53	2:55	4:49	6:01	7:45	6:09	3:43	5:46	2:05
4 Schmidt, Christoph	W	58:50	3:30	7:55	13:02	19:10	22:28	27:33	33:49	41:43	47:36	50:38	56:38	58:50
TSG Wiesloch			3:30	4:25	5:07	6:08	3:18	5:05	6:16	7:54	5:53	3:02	6:00	2:12
5 Annika und Theresa	W	1:03:46	3:38	8:24	13:41	19:40	23:17	28:50	35:34	44:40	51:05	54:20	1:00:57	1:03:46
			3:38	4:46	5:17	5:59	3:37	5:33	6:44	9:06	6:25	3:15	6:37	2:49
6 Bernhardt, Jutta	W	1:19:40	4:03	9:54	15:51	23:18	26:51	33:19	41:03	50:19	57:57	1:02:56	1:17:37	1:19:40
ASC Breidenbach			4:03	5:51	5:57	7:27	3:33	6:28	7:44	9:16	7:38	4:59	14:41	2:03