

Pl	Stnr	Name	Kat	Zeit														
Bahn 1 (14)					5,0 km	110 Hm	20 P											
					1(46)	2(44)	3(52)	4(45)	5(47)	6(48)	7(62)	8(49)	9(50)	10(51)	11(70)	12(53)	13(71)	14(55)
					15(61)	16(57)	17(65)	18(40)	19(59)	20(100)	Ziel							
1	Till Finkenstädt OLV Uslar	H19L	34:23	1:35	3:08	5:02	7:17	10:21	10:58	12:41	13:14	15:42	16:55	18:34	20:44	25:39	26:46	
				1:35	1:33	1:54	2:15	3:04	0:37	1:43	0:33	2:28	1:13	1:39	2:10	4:55	1:07	
				28:12	30:48	31:28	32:06	33:14	34:09	34:23		33:32						
				1:26	2:36	0:40	0:38	1:08	0:55	0:14		*67						
2	Till Buchberger MTV Seesen	H19L	34:26	1:40	3:04	5:10	7:31	10:56	12:08	13:59	14:35	16:38	18:34	20:12	21:37	25:10	26:44	
				1:40	1:24	2:06	2:21	3:25	1:12	1:51	0:36	2:03	1:56	1:38	1:25	3:33	1:34	
				28:25	30:56	31:33	32:11	33:28	34:10	34:26								
				1:41	2:31	0:37	0:38	1:17	0:42	0:16								
3	Jan Klose MTV Seesen	H19L	37:16	1:20	2:54	6:02	8:11	12:41	13:09	15:31	16:04	17:57	19:05	20:45	22:29	28:32	29:40	
				1:20	1:34	3:08	2:09	4:30	0:28	2:22	0:33	1:53	1:08	1:40	1:44	6:03	1:08	
				31:10	33:54	34:35	35:11	36:33	37:02	37:16		12:14						
				1:30	2:44	0:41	0:36	1:22	0:29	0:14		*48						
4	Tom Buchholz MTK Bad Harzburg	H19L	37:53	1:29	3:17	5:32	8:00	11:45	12:09	14:06	16:31	19:03	20:20	22:22	24:07	29:02	30:07	
				1:29	1:48	2:15	2:28	3:45	0:24	1:57	2:25	2:32	1:17	2:02	1:45	4:55	1:05	
				31:39	34:12	35:04	35:47	37:02	37:39	37:53								
				1:32	2:33	0:52	0:43	1:15	0:37	0:14								
5	Leon Kollenbach Ski-Club Helsa	H19L	38:12	1:14	2:42	4:58	7:23	11:28	11:51	13:58	14:38	17:24	19:01	20:55	22:38	27:36	28:50	
				1:14	1:28	2:16	2:25	4:05	0:23	2:07	0:40	2:46	1:37	1:54	1:43	4:58	1:14	
				30:50	34:15	35:09	35:52	37:22	37:56	38:12								
				2:00	3:25	0:54	0:43	1:30	0:34	0:16								
6	Nils Stamer MTK Bad Harzburg	H19L	38:57	1:11	2:24	4:40	7:12	10:46	11:13	13:14	13:52	16:02	18:43	22:23	23:50	27:26	31:13	
				1:11	1:13	2:16	2:32	3:34	0:27	2:01	0:38	2:10	2:41	3:40	1:27	3:36	3:47	
				32:45	35:35	36:14	36:54	38:09	38:44	38:57								
				1:32	2:50	0:39	0:40	1:15	0:35	0:13								
7	Paula Starke USV TU Dresden	H19L	39:40	1:28	2:55	5:00	7:14	11:00	11:25	14:09	14:48	17:37	19:00	21:16	24:37	29:20	30:29	
				1:28	1:27	2:05	2:14	3:46	0:25	2:44	0:39	2:49	1:23	2:16	3:21	4:43	1:09	
				32:39	35:51	36:40	37:23	38:47	39:24	39:40								
				2:10	3:12	0:49	0:43	1:24	0:37	0:16								
8	Christian Duesmann TuS Lübbecke	H19L	41:13	3:33	5:27	7:46	10:25	14:10	14:36	16:42	17:21	19:49	21:17	23:41	25:20	30:27	31:59	
				3:33	1:54	2:19	2:39	3:45	0:26	2:06	0:39	2:28	1:28	2:24	1:39	5:07	1:32	
				33:46	37:08	38:14	38:58	40:17	40:57	41:13								
				1:47	3:22	1:06	0:44	1:19	0:40	0:16								
9	Markus Müller OSC Kassel	H19L	42:10	1:27	3:05	5:26	9:11	13:51	14:18	17:02	17:46	20:17	21:46	23:54	27:52	32:09	33:18	
				1:27	1:38	2:21	3:45	4:40	0:27	2:44	0:44	2:31	1:29	2:08	3:58	4:17	1:09	
				35:01	38:08	38:56	39:38	41:13	41:52	42:10								
				1:43	3:07	0:48	0:42	1:35	0:39	0:18								
10	Fabian Ulbrich OLV Uslar	H19L	42:35	1:44	4:05	7:16	9:56	14:05	14:33	17:04	17:41	20:56	22:32	24:41	26:43	31:27	33:07	
				1:44	2:21	3:11	2:40	4:09	0:28	2:31	0:37	3:15	1:36	2:09	2:02	4:44	1:40	
				35:10	38:24	39:20	40:08	41:40	42:18	42:35								
				2:03	3:14	0:56	0:48	1:32	0:38	0:17								
11	Oliver Paulin Ski-Club Helsa	H19L	47:02	1:30	3:22	5:53	8:19	12:36	13:01	14:50	15:29	22:33	24:44	26:56	31:12	36:14	38:00	
				1:30	1:52	2:31	2:26	4:17	0:25	1:49	0:39	7:04	2:11	2:12	4:16	5:02	1:46	
				39:29	42:41	43:35	44:15	46:04	46:47	47:02								
				1:29	3:12	0:54	0:40	1:49	0:43	0:15								
12	Aaron Wandelt MTV Seesen	H19L	47:36	1:32	3:22	6:10	9:16	14:24	15:00	17:24	18:15	21:28	23:27	26:02	29:22	35:19	36:53	
				1:32	1:50	2:48	3:06	5:08	0:36	2:24	0:51	3:13	1:59	2:35	3:20	5:57	1:34	
				39:06	42:21	43:29	44:23	46:01	47:15	47:36								
				2:13	3:15	1:08	0:54	1:38	1:14	0:21								
13	Jakob Eberwien OLV Uslar	H19L	50:38	2:59	4:28	7:18	9:25	13:27	13:57	16:18	17:05	20:00	22:07	24:20	27:10	37:15	39:24	
				2:59	1:29	2:50	2:07	4:02	0:30	2:21	0:47	2:55	2:07	2:13	2:50	10:05	2:09	
				41:21	46:01	47:05	47:54	49:18	50:19	50:38		44:04						
				1:57	4:40	1:04	0:49	1:24	1:01	0:19		*41						
14	Malte Finkenstädt OLV Uslar	H19L	57:44	6:40	9:13	11:34	14:30	19:04	21:14	23:51	24:42	28:05	29:42	32:07	37:27	45:17	46:57	
				6:40	2:33	2:21	2:56	4:34	2:10	2:37	0:51	3:23	1:37	2:25	5:20	7:50	1:40	
				49:15	52:46	53:48	54:42	56:42	57:26	57:44		44:09						
				2:18	3:31	1:02	0:54	2:00	0:44	0:18		*35						

Pl	Stnr	Name	Kat	Zeit															
Bahn 2 (10)					4,3 km	100 Hm	17 P												
					1(42) 15(65)	2(45) 16(67)	3(47) 17(100)	4(48) Ziel	5(54)	6(63)	7(50)	8(51)	9(52)	10(53)	11(61)	12(71)	13(55)	14(56)	
1		Birte Friedrichs MTV Seesen	D19L	33:05	1:22 1:22 30:31 3:06	2:19 0:57 32:13 1:42	6:00 3:41 32:49 0:36	7:25 1:25 33:05 0:16	8:54 1:29	11:45 2:51	12:45 1:00	14:27 1:42	16:39 2:12	17:39 1:00	22:13 4:34	23:47 1:34	24:59 1:12	27:25 2:26	
2		Sergei Roskop Braunschweiger MT	H35	34:41	1:11 1:11 31:47 3:11	2:35 1:24 33:47 2:00	6:32 3:57 34:24 0:37	7:06 0:34 34:41 0:17	8:35 1:29	11:54 3:19	13:03 1:09	14:26 1:23	17:05 2:39	18:15 1:10	22:56 4:41	24:55 1:59	26:08 1:13	28:36 2:28	
3		Annika Strauß SV Hildesia Diekhof	D19L	46:20	1:35 1:35 42:26 3:30	2:53 1:18 45:16 2:50	7:58 5:05 45:59 0:43	8:34 0:36 46:20 0:21	10:17 1:43	14:03 3:46	16:59 2:56	19:46 2:47	23:05 3:19	25:04 1:59	31:05 6:01	33:42 2:37	35:25 1:43	38:56 3:31	
4		Inken Deichmann Ski-Club Helsa	D19L	48:39	1:32 1:32 44:14 4:38	2:48 1:16 47:31 3:17	7:21 4:33 48:24 0:53	8:02 0:41 48:39 0:15	9:58 1:56	13:48 3:50	15:53 2:05	18:13 2:20	21:49 3:36	23:48 1:59	30:45 6:57	33:50 3:05	36:08 2:18	39:36 3:28	
5		Pia Buchholz MTK Bad Harzburg	D19L	52:49	1:40 1:40 48:43 3:50	3:18 1:38 51:35 2:52	9:17 5:59 52:26 0:51	11:16 1:59 52:49 0:23	14:37 3:21	18:56 4:19	21:23 2:27	23:32 2:09	27:32 4:00	29:44 2:12	37:01 7:17	39:47 2:46	41:21 1:34	44:53 3:32	
6		Jörg Kleinholz-Mew TuS Bothfeld 04	H35	54:09	1:22 1:22 47:21 4:13	2:28 1:06 53:08 5:47	7:14 4:46 53:49 0:41	8:34 1:20 54:09 0:20	10:50 2:16	13:43 2:53	15:23 1:40	17:36 2:13	21:43 4:07	25:29 3:46	36:03 10:34	38:39 2:36	39:57 1:18	43:08 3:11	
7		Maik Schweizer MTV Seesen	H18	59:28	1:27 1:27 55:15 4:30	2:48 1:21 58:21 3:06	8:16 0:39 59:08 0:47	8:55 0:39 59:28 0:20	19:14 10:19	22:35 3:21	24:07 1:32	26:35 2:28	29:33 2:58	31:47 2:14	43:02 11:15	45:45 2:43	47:41 1:56	50:45 3:04	
8		Kai Überall OLV Uslar	H35	59:54	2:31 2:31 55:07 4:48	4:10 1:39 58:25 3:18	11:13 7:03 59:28 1:03	14:53 3:40 59:54 0:26	18:06 3:13	23:26 5:20	24:54 1:28	28:02 3:08	31:25 3:23	33:12 1:47	41:20 8:08	44:03 2:43	45:53 1:50	50:19 4:26	
9		Carlotta Haupt MTK Bad Harzburg	D19L	1:13:15	2:13 2:13 1:08:14 6:00	4:02 1:49 1:11:57 3:43	11:13 7:11 1:12:57 1:00	12:12 0:59 1:13:15 0:18	17:24 5:12	23:07 5:43	25:35 2:28	32:38 7:03	36:07 3:29	38:49 2:42	51:11 12:22	55:25 4:14	57:31 2:06	1:02:14 4:43	
10	155	Stefan Friedemann Bovender SV	H35	1:43:31	2:43 2:43 1:32:09 6:45	5:03 2:20 1:40:31 8:22	14:42 9:39 1:41:56 1:25	21:13 6:31 1:43:31 1:35	24:22 3:09	30:48 6:26	44:07 13:19	46:23 2:16	50:43 4:20	53:52 3:09	1:07:44 13:52	1:13:38 5:54	1:20:16 6:38	1:25:24 5:08	

Bahn 3 (13)					4,1 km	110 Hm	16 P												
					1(60)	2(45)	3(47)	4(48)	5(62)	6(49)	7(63)	8(64)	9(71)	10(55)	11(61)	12(41)	13(57)	14(40)	
					15(67)	16(100)	Ziel												
1		Johan Sisell Braunschweiger MT	H45	29:17	2:03 2:03 28:16 1:17	2:57 0:54 28:54 0:38	6:57 4:00 29:17 0:23	7:21 0:24	9:25 2:04	10:06 0:41	11:40 1:34	14:41 3:01	19:25 4:44	20:49 1:24	22:43 1:54	24:38 1:55	25:47 1:09	26:59 1:12	
2		Eike Bruns MTK Bad Harzburg	H45	31:58	1:54 1:54 30:53 1:22	3:08 1:14 31:42 0:49	6:58 3:50 31:58 0:16	7:24 0:26	9:51 2:27	10:37 0:46	12:18 1:41	15:45 3:27	21:22 5:37	22:46 1:24	24:33 1:47	26:54 2:21	28:14 1:20	29:31 1:17	
3		Gerrit Rode TSV Worpswede	H45	32:10	1:55 1:55 31:21 1:46	2:54 0:59 31:55 0:34	6:38 3:44 32:10 0:15	7:00 0:22	8:50 1:50	9:28 0:38	10:59 1:31	16:07 5:08	21:27 5:20	22:46 1:19	24:38 1:52	26:55 2:17	28:17 1:22	29:35 1:18	

Pl	Stnr	Name	Kat	Zeit																		
Bahn 3 (13)						4,1 km	110 Hm	16 P	<i>(Forts.)</i>													
						1(60) 15(67)	2(45) 16(100)	3(47) Ziel	4(48)	5(62)	6(49)	7(63)	8(64)	9(71)	10(55)	11(61)	12(41)	13(57)	14(40)			
4	Christoph Freudent TSV Worpswede	H45	32:33	2:04	3:15	6:47	7:17	9:19	10:00	11:25	14:42	20:06	21:19	23:09	26:03	27:28	28:58					
				2:04	1:11	3:32	0:30	2:02	0:41	1:25	3:17	5:24	1:13	1:50	2:54	1:25	1:30					
				31:45	32:16	32:33		30:15														
5	Joachim Stamer MTK Bad Harzburg	H45	32:58	2:47	0:31	0:17		*59														
				2:19	3:32	7:36	8:11	10:28	11:13	13:03	16:27	21:54	23:10	25:05	27:55	29:06	30:38					
				2:19	1:13	4:04	0:35	2:17	0:45	1:50	3:24	5:27	1:16	1:55	2:50	1:11	1:32					
6	Thorsten Weigert TV Jahn Wolfsburg	H45	34:57	31:57	32:39	32:58																
				1:19	0:42	0:19																
				2:16	3:51	8:06	9:07	11:04	11:52	13:23	16:39	23:33	25:03	26:32	29:30	31:09	32:37					
7	Jan Knaup Braunschweiger MT	H45	40:06	2:16	1:35	4:15	1:01	1:57	0:48	1:31	3:16	6:54	1:30	1:29	2:58	1:39	1:28					
				33:55	34:37	34:57																
				1:18	0:42	0:20																
8	Volker Caspari OL Team Lippe	H45	40:20	2:41	4:33	8:51	9:21	11:53	12:42	14:32	18:19	27:13	28:54	31:15	33:39	35:13	37:03					
				2:41	1:52	4:18	0:30	2:32	0:49	1:50	3:47	8:54	1:41	2:21	2:24	1:34	1:50					
				38:47	39:43	40:06																
9	Oliver Hillebrandt OLV Uslar	H45	41:14	1:44	0:56	0:23																
				2:39	4:15	9:16	9:51	12:26	13:20	15:57	20:23	27:34	29:03	31:21	33:48	35:32	37:33					
				2:39	1:36	5:01	0:35	2:35	0:54	2:37	4:26	7:11	1:29	2:18	2:27	1:44	2:01					
10	Marcel Frank SV Hildesia Diekhof	H45	50:03	39:07	39:57	40:20																
				1:34	0:50	0:23																
				4:29	5:23	10:00	10:27	12:50	13:35	15:26	20:09	28:08	29:37	32:11	35:15	36:37	37:57					
11	Paulo Urzua Torres TV Jahn Wolfsburg	H45	55:15	4:29	0:54	4:37	0:27	2:23	0:45	1:51	4:43	7:59	1:29	2:34	3:04	1:22	1:20					
				40:03	40:55	41:14																
				2:06	0:52	0:19																
12	Sascha Fenz OLV Uslar	H45	58:35	5:29	7:20	12:14	12:55	16:04	16:48	19:16	23:13	31:04	34:25	36:38	41:05	44:19	46:02					
				5:29	1:51	4:54	0:41	3:09	0:44	2:28	3:57	7:51	3:21	2:13	4:27	3:14	1:43					
				48:46	49:34	50:03																
13	Christoph Napp TV Jahn Wolfsburg	H45	N Ang	2:44	0:48	0:29																
				2:55	4:07	9:37	10:19	16:05	16:55	19:15	28:17	36:40	41:08	43:39	47:32	49:23	51:14					
				2:55	1:12	5:30	0:42	5:46	0:50	2:20	9:02	8:23	4:28	2:31	3:53	1:51	1:51					
14	Juha Heikkilä TSV Worpswede	H55	36:02	54:05	54:54	55:15		53:09														
				2:51	0:49	0:21		*59														
				6:14	9:28	16:08	23:23	26:27	27:44	29:50	35:21	43:14	44:54	47:19	50:25	52:10	54:53					
15	Sascha Fenz OLV Uslar	H45	58:35	6:14	3:14	6:40	7:15	3:04	1:17	2:06	5:31	7:53	1:40	2:25	3:06	1:45	2:43					
				57:06	58:08	58:35																
				2:13	1:02	0:27																
Bahn 4 (12)						3,7 km	60 Hm	15 P														
						1(45) 15(100)	2(47) Ziel	3(48)	4(54)	5(49)	6(63)	7(64)	8(58)	9(39)	10(69)	11(41)	12(57)	13(40)	14(67)			
1	Jens Struckmann Braunschweiger MT	H55	33:11	3:09	7:57	8:29	12:00	13:23	15:02	18:36	20:14	20:57	25:06	27:04	29:04	30:32	32:03					
				3:09	4:48	0:32	3:31	1:23	1:39	3:34	1:38	0:43	4:09	1:58	2:00	1:28	1:31					
				32:53	33:11																	
2	Michael Schvien SC Klecken	H55	36:00	0:50	0:18																	
				3:58	8:57	9:30	11:44	13:28	15:43	20:32	22:09	22:58	27:52	29:50	31:45	33:21	34:54					
				3:58	4:59	0:33	2:14	1:44	2:15	4:49	1:37	0:49	4:54	1:58	1:55	1:36	1:33					
3	Juha Heikkilä TSV Worpswede	H55	36:02	35:39	36:00																	
				0:45	0:21																	
				2:42	7:36	8:14	10:09	11:56	13:53	17:52	19:43	20:42	28:04	29:44	31:21	33:11	34:57					
4	Sascha Fenz OLV Uslar	H45	58:35	2:42	4:54	0:38	1:55	1:47	1:57	3:59	1:51	0:59	7:22	1:40	1:37	1:50	1:46					
				35:46	36:02																	
				0:49	0:16																	

Pl	Stnr	Name	Kat	Zeit														
Bahn 4 (12)				3,7 km	60 Hm	15 P	(Forts.)											
					1(45) 15(100)	2(47) Ziel	3(48)	4(54)	5(49)	6(63)	7(64)	8(58)	9(39)	10(69)	11(41)	12(57)	13(40)	14(67)
4		Martin Gertenbach Ski-Club Helsa	H55	36:25	2:35 2:35 36:06	7:24 4:49 36:25	7:53 0:29	9:23 1:30 18:40	10:58 1:35 34:39	12:49 1:51	20:55 8:06	22:30 1:35	23:16 0:46	27:17 4:01	29:44 2:27	31:10 1:26	32:59 1:49	35:24 2:25
5		Dirk Strauß SV Hildesia Diekhol	H55	38:24	0:42 3:33 38:04	8:30 4:57 38:24	9:41 1:11	11:13 1:32	13:00 1:47	14:59 1:59	19:06 4:07	22:42 3:36	23:37 0:55	28:48 5:11	30:49 2:01	33:04 2:15	35:10 2:06	37:15 2:05
6		Christian Wittenbec Turn-Klubb zu Hanr	H55	42:19	3:29 3:29 41:58	10:06 6:37 42:19	11:14 1:08	13:30 2:16	15:33 2:03	17:48 2:15	22:36 4:48	24:49 2:13	25:55 1:06	32:41 6:46	34:56 2:15	37:23 2:27	39:15 1:52	41:09 1:54
7		Michael Hesse MTK Bad Harzburg	H55	49:59	0:49 6:47 49:41	0:20 13:00 49:59												
8		Guido Gehrmann MTK Bad Harzburg	H55	56:43	0:49 3:35 56:22	0:18 15:50 56:43												
9		Thomas Görtelmeyer MTK Bad Harzburg	H55	59:10	0:56 4:19 4:19 58:31	0:21 12:31 8:12 59:10												
10		Ingo Krätz TV Jahn Wolfsburg	H55	1:17:03	1:31 12:53 12:53 1:16:40 1:11	0:39 26:18 13:25 1:17:03 0:23												
AK		Harald Friedl TuS Stemwede	H55	1:00:59	1:00:15 1:32	1:00:59 0:44												
		Olaf Hey MTK Bad Harzburg	H55	N Ang														
Bahn 5 (14)				3,7 km	45 Hm	16 P												
					1(45) 15(59)	2(47) 16(100)	3(48) Ziel	4(62)	5(63)	6(50)	7(51)	8(70)	9(52)	10(58)	11(56)	12(41)	13(57)	14(40)
1		Jule Weigert TV Jahn Wolfsburg	D18	29:51	2:14 2:14 28:34 1:25	6:35 4:21 29:35 1:01	7:09 0:34 29:51 0:16	9:28 2:19	12:06 2:38	13:19 1:13	14:57 1:38	17:17 2:20	17:54 0:37	18:50 0:56	22:53 4:03	24:11 1:18	25:48 1:37	27:09 1:21
2		Finn Ostendorff TSV Worpswede	H16	46:58	2:25 2:25 45:57	7:32 5:07 46:43	8:13 0:41 46:58	10:42 2:29	14:31 3:49	19:30 4:59	21:58 2:28	25:05 3:07	25:50 0:45	27:10 1:20	36:26 9:16	39:08 2:42	41:18 2:10	43:42 2:24
3		Marlin Fuhrmann TSV Worpswede	H16	53:09	2:15 3:58 51:57	0:46 12:01 52:51	0:15 13:53 53:09	17:11 1:52	21:07 3:56	25:33 4:26	28:07 2:34	31:11 3:04	31:52 0:41	33:14 1:22	42:37 9:23	45:10 2:33	47:21 2:11	49:53 2:32
4		Marek Schumacher - Reyershausen -	Offer	56:33	2:04 4:12 4:12 55:14	0:54 10:14 6:02 56:12 0:58	0:18 11:06 0:52 56:33 0:21	15:04 3:58	18:33 3:29	30:49 12:16	33:22 2:33	36:44 3:22	37:25 0:41	38:48 1:23	46:17 7:29	48:19 2:02	50:48 2:29	52:56 2:08

Pl	Stnr	Name	Kat	Zeit														
Bahn 5 (14)				3,7 km	45 Hm	16 P	(Forts.)											
				1(45) 15(59)	2(47) 16(100)	3(48) Ziel	4(62)	5(63)	6(50)	7(51)	8(70)	9(52)	10(58)	11(56)	12(41)	13(57)	14(40)	
5		Frieda Rosemann - Reyershausen -	Offer	56:34	4:18 4:18 55:19	10:19 6:01 56:15	11:11 0:52 56:34	15:11 4:00	18:36 3:25	31:03 12:27	33:27 2:24	36:51 3:24	37:31 0:40	38:55 1:24	46:26 7:31	48:30 2:04	50:54 2:24	53:00 2:06
6		Claudia Ostendorff TSV Worpswede	D35	57:08	2:19 3:24 55:19	0:56 8:35 56:48	0:19 9:24 57:08	14:10 4:46	17:31 3:21	19:51 2:20	22:18 2:27	25:42 3:24	28:01 2:19	32:23 4:22	46:23 14:00	48:12 1:49	50:01 1:49	53:19 3:18
7		Karen Much OLV Uslar	D35	1:00:01	2:00 4:24 58:26	1:29 13:57 59:42	0:20 14:56 1:00:01	18:57 4:01	23:05 4:08	25:52 2:47	29:21 3:29	32:18 2:57	33:31 1:13	35:10 1:39	48:26 13:16	51:01 2:35	52:49 1:48	56:14 3:25
8		Quinn Enoch Turn-Klubb zu Hanr	D35	1:00:58	2:12 3:34 59:19	1:16 16:18 1:00:35	0:19 17:11 1:00:58	21:49 4:38	26:01 4:12	28:05 2:04	31:27 3:22	34:38 3:11	35:24 0:46	37:33 2:09	50:02 12:29	52:25 2:23	54:03 1:38	56:31 2:28
9		Anke Schwertner MTV Seesen	D35	1:07:06	2:48 5:40 1:04:28	1:16 16:54 1:06:40	0:23 18:02 1:07:06	23:08 5:06	28:05 4:57	31:22 3:17	34:47 3:25	41:44 6:57	42:26 0:42	44:19 1:53	53:17 8:58	55:42 2:25	57:50 2:08	1:01:25 3:35
10		Nicole Frank SV Hildesia Diekhof	D35	1:11:03	3:03 5:16 1:08:09	2:12 13:21 1:10:33	0:26 14:43 1:11:03	19:45 5:02	25:39 5:54	31:05 5:26	34:25 3:20	40:35 6:10	42:34 1:59	44:44 2:10	57:01 12:17	59:22 2:21	1:01:46 2:24	1:05:24 3:38
11		Dorothea Kirves TG 1860 Münden	D35	1:16:26	2:45 4:12 1:13:59	2:24 16:04 1:15:53	0:30 17:21 1:16:26	23:26 6:05	29:45 6:19	32:37 2:52	36:31 3:54	41:20 4:49	42:34 1:14	45:09 2:35	58:22 13:13	1:01:04 2:42	1:05:00 3:56	1:09:51 4:51
12		Raphael Rattey TG 1860 Münden	H16	1:19:51	4:08 4:34 1:17:27	1:54 12:14 1:18:41	0:33 13:07 1:19:51	18:57 5:50	27:25 8:28	30:27 3:02	38:04 7:37	42:02 3:58	42:48 0:46	45:44 2:56	1:00:30 14:46	1:02:54 2:24	1:12:48 9:54	1:15:10 2:22
		Lola Caspari OL Team Lippe	D18	Aufg	6:00 6:00 -----	23:24 17:24 1:17:34	24:43 1:19 1:18:20	31:53 7:10	40:06 8:13	-----	-----	-----	-----	-----	-----	-----	-----	-----
AK		Johanna Schumach - Reyershausen -	D35	56:31	37:28 4:12 55:18 2:21	0:46 10:12 6:00 56:13 0:55	11:01 0:49 56:31 0:18	15:05 4:04	18:39 3:34	30:50 12:11	33:20 2:30	36:38 3:18	37:24 0:46	38:48 1:24	46:10 7:22	48:13 2:03	50:46 2:33	52:57 2:11
Bahn 6 (8)				3,0 km	50 Hm	14 P												
				1(42) Ziel	2(45)	3(54)	4(62)	5(49)	6(63)	7(52)	8(58)	9(44)	10(69)	11(41)	12(40)	13(67)	14(100)	
1		Romy Frank SV Hildesia Diekhof	D16	35:53	1:53 1:53 35:53 0:15	4:09 2:16	8:35 4:26	9:47 1:12	10:35 0:48	13:36 3:01	17:42 4:06	18:56 1:14	22:16 3:20	26:38 4:22	28:39 2:01	32:48 4:09	34:43 1:55	35:38 0:55
2		Jordan Sophie Meis OLV Uslar	D19K	40:20	1:38 1:38 40:20 0:49	3:17 1:39	8:13 4:56	9:34 1:21	10:43 1:09	13:32 2:49	18:04 4:32	19:36 1:32	21:56 2:20	29:09 7:13	31:54 2:45	36:22 4:28	38:29 2:07	39:31 1:02

Pl	Stnr	Name	Kat	Zeit														
Bahn 6 (8)				3,0 km 50 Hm	14 P	(Forts.)												
					1(42) Ziel	2(45)	3(54)	4(62)	5(49)	6(63)	7(52)	8(58)	9(44)	10(69)	11(41)	12(40)	13(67)	14(100)
3		Julia Stark MTV Seesen	D19K	41:59	1:58 1:58 41:59 0:22	3:52 1:54	9:15 5:23	10:28 1:13	11:57 1:29	15:00 3:03	20:20 5:20	22:18 1:58	24:40 2:22	29:52 5:12	32:41 2:49	37:23 4:42	40:30 3:07	41:37 1:07
4		Luis Moreton Turn-Klubb zu Hanr	H19K	42:23	1:57 1:57 42:23 0:25	3:27 1:30	10:02 6:35	11:06 1:04	12:12 1:06	15:12 3:00	21:07 5:55	22:21 1:14	25:05 2:44	31:21 6:16	33:41 2:20	37:56 4:15	40:43 2:47	41:58 1:15
5		Michael Galli SV Hildesia Diekhof	H19K	45:21	1:56 1:56 45:21 0:27	4:16 2:20	11:16 7:00	12:53 1:37	14:12 1:19	17:41 3:29	23:41 6:00	25:43 2:02	29:59 4:16	35:08 5:09	38:09 3:01	41:55 3:46	44:10 2:15	44:54 0:44
6		Anna Fenz OLV Uslar	D16	46:14	2:50 2:50 46:14 0:21	4:46 1:56	11:40 6:54	13:08 1:28	14:25 1:17	17:41 3:16	23:40 5:59	25:02 1:22	28:33 3:31	33:02 4:29	35:40 2:38	41:06 5:26	44:32 3:26	45:53 1:21
7		Svenja Raschdorf-B MTK Bad Harzburg	D19K	1:10:04	2:43 2:43 1:10:04 0:38	5:18 2:35	13:10 7:52	15:38 2:28	17:34 1:56	21:44 4:10	30:36 8:52	33:07 2:31	37:24 4:17	48:56 11:32	53:48 4:52	1:03:34 9:46	1:07:32 3:58	1:09:26 1:54
		Laura Finkenstädt OLV Uslar	D19K	Aufg	3:48 3:48 58:28 0:58	7:06 3:18	19:56 12:50	23:22 3:26	26:35 3:13	31:58 5:23	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----	57:30 25:32
Bahn 7 (15)				2,7 km 55 Hm	12 P													
					1(60)	2(63)	3(51)	4(52)	5(64)	6(53)	7(56)	8(41)	9(57)	10(40)	11(59)	12(100)	Ziel	
1		Henning Bruns MTK Bad Harzburg	H65	28:32	2:55 2:55	5:04 2:09	8:12 3:08	11:12 3:00	12:26 1:14	13:29 1:03	19:55 6:26	21:43 1:48	23:26 1:43	25:04 1:38	27:15 2:11	28:08 0:53	28:32 0:24	
2		Anke von Gaza OLV Uslar	D55	28:58	4:33 4:33	6:21 1:48	9:06 2:45	12:18 3:12	13:27 1:09	14:21 0:54	20:44 6:23	22:36 1:52	24:10 1:34	25:43 1:33	27:39 1:56	28:36 0:57	28:58 0:22	
3		Horst von Gaza OLV Uslar	H65	29:40	2:31 2:31	4:16 1:45	6:59 2:43	9:45 2:46	10:55 1:10	12:03 1:08	20:25 8:22	23:16 2:51	24:51 1:35	26:29 1:38	28:22 1:53	29:20 0:58	29:40 0:20	
4		Udo Sobczak Braunschweiger MT	H65	31:11	4:21 4:21	6:40 2:19	10:04 3:24	13:44 3:40	15:04 1:20	16:06 1:02	22:59 6:53	24:30 1:31	26:12 1:42	27:57 1:45	30:01 2:04	30:51 0:50	31:11 0:20	
5		Michael Kukis OSC Kassel	H65	31:54	3:33 3:33	5:42 2:09	9:30 3:48	13:15 3:45	14:44 1:29	16:01 1:17	22:29 6:28	24:30 2:01	27:02 2:32	29:00 1:58	30:49 1:49	31:34 0:45	31:54 0:20	
6		Andrea Finkenstädt OLV Uslar	D55	33:01	3:13 3:13	5:16 2:03	9:01 3:45	12:11 3:10	13:24 1:13	14:51 1:27	22:55 8:04	24:43 1:48	26:45 2:02	28:55 2:10	31:11 2:16	32:38 1:27	33:01 0:23	
7		Evi Drese OLV Uslar	D55	33:08	4:09 4:09	6:09 2:00	8:54 2:45	12:33 3:39	13:44 1:11	15:36 1:52	23:53 8:17	25:43 1:50	27:30 1:47	29:34 2:04	32:08 2:34	32:46 0:38	33:08 0:22	
8		Claudia Ducki-Höck MTK Bad Harzburg	D55	40:17	3:27 3:27	6:17 2:50	9:55 3:38	14:04 4:09	15:43 1:39	17:05 1:22	27:52 10:47	30:07 2:15	32:52 2:45	36:27 3:35	38:46 2:19	39:53 1:07	40:17 0:24	
9		Kerstin Krätz TV Jahn Wolfsburg	D55	42:20	6:44 6:44 36:01 *65	9:01 2:17	13:31 4:30	17:38 4:07	19:08 1:30	20:27 1:19	30:20 9:53	32:20 2:00	34:21 2:01	37:24 3:03	40:31 3:07	41:50 1:19	42:20 0:30	
10		Irene Buchberger MTV Seesen	D55	44:51	3:39 3:39	6:50 3:11	12:42 5:52	17:00 4:18	18:48 1:48	20:10 1:22	30:27 10:17	33:15 2:48	36:45 3:30	39:27 2:42	42:37 3:10	44:25 1:48	44:51 0:26	
11		Ulrike Korff SC Achmer	D55	48:47	3:55 3:55	7:04 3:09	12:14 5:10	16:00 3:46	17:46 1:46	21:08 3:22	37:27 16:19	39:13 1:46	42:41 3:28	44:33 1:52	47:27 2:54	48:25 0:58	48:47 0:22	
12		Regine Klander-Strä SV Hildesia Diekhof	D55	49:15	3:44 3:44	6:42 2:58	11:14 4:32	15:38 4:24	17:31 1:53	18:53 1:22	33:34 14:41	35:35 2:01	39:01 3:26	44:41 5:40	46:57 2:16	48:44 1:47	49:15 0:31	

Pl	Stnr	Name	Kat	Zeit																				
Bahn 7 (15)					2,7 km 55 Hm		12 P		<i>(Forts.)</i>															
					1(60)	2(63)	3(51)	4(52)	5(64)	6(53)	7(56)	8(41)	9(57)	10(40)	11(59)	12(100)	Ziel							
13		Liisa Rihko-Struckn Braunschweiger MT	D55	49:50	5:17	7:36	11:09	14:47	16:14	18:44	30:22	36:05	40:27	43:46	47:25	49:18	49:50							
					5:17	2:19	3:33	3:38	1:27	2:30	11:38	5:43	4:22	3:19	3:39	1:53	0:32							
										46:15														
14		Brigitte Dersch-Koll Ski-Club Helsa	D55	1:05:24	6:38	11:07	18:22	26:18	28:49	31:52	46:51	51:10	54:18	58:23	1:02:33	1:04:39	1:05:24							
					6:38	4:29	7:15	7:56	2:31	3:03	14:59	4:19	3:08	4:05	4:10	2:06	0:45							
					Stefanie Krebs Turn-Klubb zu Hanr	D55	Fehlst	3:28	7:58	12:31	19:01	20:46	24:44	44:15	47:05	49:42	52:07	-----	55:43	56:06				
3:28	4:30	4:33	6:30	1:45				3:58	19:31	2:50	2:37	2:25		3:36	0:23									
								54:34																

Pl	Stnr	Name	Kat	Zeit														
Bahn 9 (11)					2,9 km 80 Hm	13 P	(Forts.)											
					1(42)	2(45)	3(63)	4(70)	5(32)	6(39)	7(33)	8(35)	9(55)	10(43)	11(65)	12(40)	13(100)	Ziel
8	Paul Band	MTK Bad Harzburg	H14	49:43	6:59	8:55	10:54	21:56	23:44	25:15	28:48	33:53	35:59	39:19	44:14	45:45	49:24	49:43
					6:59	1:56	1:59	11:02	1:48	1:31	3:33	5:05	2:06	3:20	4:55	1:31	3:39	0:19
9	Samuel Rattey	TG 1860 Münden	H14	51:11	1:30	3:53	6:01	10:19	16:30	18:32	24:52	36:52	37:59	40:33	45:10	47:22	50:53	51:11
					1:30	2:23	2:08	4:18	6:11	2:02	6:20	12:00	1:07	2:34	4:37	2:12	3:31	0:18
10	Zoe Schwertner	MTV Seesen	D14	51:36	2:04	4:02	5:15	11:40	15:34	18:53	23:23	35:47	36:40	39:46	45:24	48:16	51:15	51:36
					2:04	1:58	1:13	6:25	3:54	3:19	4:30	12:24	0:53	3:06	5:38	2:52	2:59	0:21
11	Katrin Galli	SV Hildesia Diekhof	E mit	1:28:20	2:46	5:32	9:08	31:41	39:05	43:49	55:41	1:11:44	1:13:20	1:16:48	1:21:31	1:23:29	1:27:34	1:28:20
					2:46	2:46	3:36	22:33	7:24	4:44	11:52	16:03	1:36	3:28	4:43	1:58	4:05	0:46

Bahn 10 (17)			2,2 km 60 Hm	9 P												
				1(32)	2(33)	3(34)	4(35)	5(55)	6(36)	7(43)	8(38)	9(100)	Ziel			
1	Lewin Grapp	H12	19:25	2:23	4:28	9:44	11:32	12:31	13:54	14:23	17:21	19:09	19:25	15:51	*37	
	TSV Worpswede			2:23	2:05	5:16	1:48	0:59	1:23	0:29	2:58	1:48	0:16			
2	Anna Knaup	D12	20:08	2:34	4:39	7:41	9:48	10:57	12:38	13:49	17:13	19:53	20:08		15:28	
	Braunschweiger MT	H12	20:39	2:34	2:05	3:02	2:07	1:09	1:41	1:11	3:24	2:40	0:15	*37		
3	Vincent Kaiser			2:27	4:48	7:40	9:20	10:24	12:23	14:14	17:10	20:23	20:39	16:03	*37	
	MTV Seesen	D12	21:35	2:27	2:21	2:52	1:40	1:04	1:59	1:51	2:56	3:13	0:16			
4	Elina Ostendorff			2:21	4:38	8:39	10:42	11:51	13:38	14:21	18:14	21:16	21:35		16:03	
	TSV Worpswede	D12		2:21	2:17	4:01	2:03	1:09	1:47	0:43	3:53	3:02	0:19	*37		
5	Raya Frank	D12	22:40	2:54	5:11	9:21	11:31	12:54	14:53	15:40	19:24	22:22	22:40		2:46	
	SV Hildesia Diekhof	H12	24:19	2:54	2:17	4:10	2:10	1:23	1:59	0:47	3:44	2:58	0:18	19:33		
6	Noah Damerow			2:28	5:35	9:35	12:00	13:33	15:24	16:04	21:33	24:02	24:19		*31	
	TSV Worpswede	D12	24:42	2:28	3:07	4:00	2:25	1:33	1:51	0:40	5:29	2:29	0:17	*37		
7	Emma Burdukova			3:05	7:05	11:29	13:34	15:00	16:55	17:59	21:44	24:23	24:42		2:46	
	Braunschweiger MT	H12	25:03	3:05	4:00	4:24	2:05	1:26	1:55	1:04	3:45	2:39	0:19	19:33		
8	Jameson Sachs			3:44	5:47	9:39	12:14	13:50	16:07	17:53	21:44	24:47	25:03		*31	
	MTV Seesen	D12	27:36	3:44	2:03	3:52	2:35	1:36	2:17	1:46	3:51	3:03	0:16	*37		
9	Marlene Kirves			4:18	6:58	11:38	15:05	16:41	18:38	19:28	24:17	27:14	27:36		2:46	
	TG 1860 Münden	H12	28:08	4:18	2:40	4:40	3:27	1:36	1:57	0:50	4:49	2:57	0:22	*37		
10	Aatos Heikkilä			2:38	4:56	12:46	15:17	16:57	18:59	20:59	24:47	27:48	28:08		2:46	
	TSV Worpswede	D12	36:39	2:38	2:18	7:50	2:31	1:40	2:02	2:00	3:48	3:01	0:20	*37		
11	Hannah Riedel			2:20	6:44	24:18	25:50	27:25	29:38	30:17	33:45	36:12	36:39		2:46	
	OLV Uslar	H12	36:51	2:20	4:24	17:34	1:32	1:35	2:13	0:39	3:28	2:27	0:27	*37		
12	Jesper Bruns			2:07	4:26	24:19	26:21	27:38	29:30	30:35	34:22	36:31	36:51		2:46	
	MTK Bad Harzburg	H12	47:33	2:07	2:19	19:53	2:02	1:17	1:52	1:05	3:47	2:09	0:20	*37		
13	Ruslan Bessonov H			2:06	4:25	26:00	29:15	31:39	35:27	37:14	44:20	47:04	47:33		2:46	
	OLV Uslar	D12		2:06	2:19	21:35	3:15	2:24	3:48	1:47	7:06	2:44	0:29	*37		
AK	Marten Breckle	H12	Aufg	----	----	----	----	----	----	----	----	----	----		2:46	
	Bovender SV													*37		
AK	Günter Stark	H12	40:19	3:49	8:28	15:36	20:36	23:12	26:15	27:37	35:00	39:17	40:19		2:46	
	MTV Seesen			3:49	4:39	7:08	5:00	2:36	3:03	1:22	7:23	4:17	1:02	*37		
AK	Katrin Damerow	H12	41:14	4:45	8:49	16:23	21:11	24:01	27:18	28:36	35:55	40:12	41:14		2:46	
	TSV Worpswede			4:45	4:04	7:34	4:48	2:50	3:17	1:18	7:19	4:17	1:02	*37		
	Antonia Galli	D12	N Ang												2:46	
	SV Hildesia Diekhof													*37		

Bahn 11 (6)					2,2 km 50 Hm	9 P											
					1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(100)	Ziel			
1	Alina Symonova	Braunschweiger MT	D/H11	40:56	3:16	4:44	8:53	18:02	23:51	28:17	31:52	36:30	40:27	40:56			
					3:16	1:28	4:09	9:09	5:49	4:26	3:35	4:38	3:57	0:29			
2	Kamila Roskop	Braunschweiger MT	D/H11	41:07	3:26	4:23	9:14	17:55	24:01	28:07	31:54	36:26	40:34	41:07			
					3:26	0:57	4:51	8:41	6:06	4:06	3:47	4:32	4:08	0:33			
3	Lasse Pabst	OLV Uslar	D/H11	44:00	3:41	5:23	9:13	16:51	21:11	28:10	33:32	37:23	42:23	44:00			
					3:41	1:42	3:50	7:38	4:20	6:59	5:22	3:51	5:00	1:37			

Pl	Stnr	Name	Kat	Zeit																		
Bahn 11 (6)					2,2 km	50 Hm	9 P		(Forts.)													
					1(31)	2(32)	3(33)	4(34)	5(35)	6(36)	7(37)	8(38)	9(100)	Ziel								
4		Mika Raschdorf	D/H1	51:32	3:48	5:25	14:49	25:16	32:23	38:14	42:38	45:53	50:44	51:32								
		MTK Bad Harzburg			3:48	1:37	9:24	10:27	7:07	5:51	4:24	3:15	4:51	0:48								
		Robin von Gaza	E kur	Fehlst	2:09	3:08	35:35	1:10:26	1:31:29	----	2:02:42	2:05:50	2:11:36	2:13:00								
		OLV Uslar		2:09	0:59	32:27	34:51	21:03			31:13	3:08	5:46	1:24								
		Ronya Bessonova	D/H1	N Ang																		
		OLV Uslar																				
Bahn 12 (10)					3,1 km	50 Hm	16 P															
					1(42)	2(45)	3(54)	4(62)	5(49)	6(63)	7(70)	8(52)	9(58)	10(39)	11(69)	12(41)	13(57)	14(40)				
					15(67)	16(100)	Ziel															
1		Ivana Knaupova	D45	27:54	1:37	3:03	6:27	7:13	8:01	9:42	12:06	12:53	13:58	14:50	18:37	21:35	23:03	24:50				
		Braunschweiger MT			1:37	1:26	3:24	0:46	0:48	1:41	2:24	0:47	1:05	0:52	3:47	2:58	1:28	1:47				
				26:50	27:36	27:54	0:18															
2		Esther Stamer	D45	29:25	1:38	3:10	6:47	7:47	8:35	10:24	13:11	14:57	16:01	16:54	21:23	23:02	24:35	26:06				
		MTK Bad Harzburg			1:38	1:32	3:37	1:00	0:48	1:49	2:47	1:46	1:04	0:53	4:29	1:39	1:33	1:31				
				28:10	29:06	29:25																
3		Inga Löser	D45	30:07	2:04	0:56	0:19															
		Ski-Club Helsa			1:48	3:10	7:16	8:22	9:15	11:20	14:15	14:52	16:05	17:52	22:36	24:05	25:37	27:10				
				1:48	1:22	4:06	1:06	0:53	2:05	2:55	0:37	1:13	1:47	4:44	1:29	1:32	1:33					
4		Nadine Enoch	D45	36:26	28:51	29:47	30:07															
		Turn-Klubb zu Han			1:41	0:56	0:20															
				2:04	3:39	7:54	8:56	9:57	12:38	16:55	17:41	18:54	19:54	25:57	28:29	30:26	32:23					
5		Claudia Weigert	D45	47:08	2:04	1:35	4:15	1:02	1:01	2:41	4:17	0:46	1:13	1:00	6:03	2:32	1:57					
		TV Jahn Wolfsburg			34:38	36:01	36:26															
				2:15	1:23	0:25																
6		Katrin Fenz	D45	47:24	2:23	4:34	9:57	11:30	12:40	15:45	20:36	21:52	23:27	24:39	31:43	34:37	39:09	42:34				
		OLV Uslar			2:23	2:11	5:23	1:33	1:10	3:05	4:51	1:16	1:35	1:12	7:04	2:54	4:32	3:25				
				45:21	46:38	47:08																
7		Michaela Bruns	D45	47:48	2:47	1:17	0:30															
		MTK Bad Harzburg			2:11	4:15	9:35	11:43	13:05	16:19	20:53	21:45	23:18	24:22	32:53	36:22	38:51	41:50				
				2:11	2:04	5:20	2:08	1:22	3:14	4:34	0:52	1:33	1:04	8:31	3:29	2:29	2:59					
8		Melanie Schips	D45	50:26	45:39	46:58	47:24															
		OLV Uslar			3:49	1:19	0:26															
				1:47	3:50	8:55	10:37	11:36	15:03	24:24	25:18	26:50	27:49	37:38	39:59	41:52	44:04					
9		Pia Caspari	D45	53:42	1:47	2:03	5:05	1:42	0:59	3:27	9:21	0:54	1:32	0:59	9:49	2:21	1:53	2:12				
		OL Team Lippe			46:17	47:20	47:48															
				2:13	1:03	0:28																
10		Katariina Lukaczew	D45	2:21:46	2:37	4:48	10:55	12:37	14:08	17:13	22:55	24:10	25:50	27:13	35:48	38:58	41:52	45:03				
		SV Hildesia Diekhof			2:37	2:11	6:07	1:42	1:31	3:05	5:42	1:15	1:40	1:23	8:35	3:10	2:54	3:11				
				48:07	49:48	50:26																
11		Oliver Schmitt	D45	54:24	3:04	1:41	0:38															
		SV Eintracht Lützen			3:35	5:49	12:19	13:54	15:10	18:16	27:30	28:32	29:56	31:01	40:44	43:06	45:08	48:30				
				3:35	2:14	6:30	1:35	1:16	3:06	9:14	1:02	1:24	1:05	9:43	2:22	2:02	3:22					
12		Oliver Schmitt	D45	54:42	51:54	53:16	53:42															
		SV Eintracht Lützen			3:24	1:22	0:26															
				2:34	5:07	36:17	38:54	40:57	45:05	53:32	55:34	57:48	1:00:36	2:01:01	2:06:13	2:10:21	2:13:35					
13		Oliver Schmitt	D45	55:00	2:34	2:33	31:10	2:37	2:03	4:08	8:27	2:02	2:14	2:48	1:00:25	5:12	4:08	3:14				
		SV Eintracht Lützen			2:20:00	2:21:18	2:21:46															
				6:25	1:18	0:28																

[illegible]